

Programmanr. 1
15-12-2018 - 14:45

Gemengd, 4 x 100m wisselslag
2 dames, 2 heren volgorde vrij

All-in
Resultaten

| rang | vereniging | intijd | tijd | RT |
|-------|---|--|--|--|
| 1. | Noord-Veluwe 1 Erik Verholt Rianne van Rijssen | Noord-Veluwe 88 31.34 97 38.01 | 4:51.72 1:05.67 Mike van de Streek 1:23.06 Elke van Keulen | 4:42.12 95 30.16 1:08.56 01 30.57 1:04.83 |
| 2. | De IJsselmeewiën 1 Zara Govaers Frank Buiting | De IJsselmeewiën 04 34.60 90 32.97 | 4:41.81 1:13.84 Welmoed Doornbos 1:13.12 Felix Vrolijk | 4:44.30 02 33.78 1:15.65 03 28.73 1:01.69 |
| 3. | Olympia 1 *50m Nienke Verploeg Britt Biemans | Olympia 00 37.49 04 37.96 | 4:54.67 1:17.88 Jasper Meij 1:21.15 Job van Willigen | 4:49.00 01 31.53 1:11.15 02 27.57 58.82 |
| 4. | De Vrije Slag 1 Hanna van den Berg Thijs Meerfeld | De Vrije Slag 02 36.80 97 36.22 | 4:53.01 1:16.37 Rik Schipper 1:18.09 Ilse Kooij | 4:50.33 99 29.43 1:07.61 04 32.58 1:08.26 |
| 5. | De IJsselmeewiën 2 Katja Bontsema Juliette Bootsvelde | De IJsselmeewiën 03 37.42 04 42.71 | 5:01.39 1:16.74 Anne Kraai 1:33.07 Lucas Boevink | 4:54.18 01 28.98 1:04.35 03 29.02 1:00.02 |
| 6. | ZVV 1 Tamar van der Beek Vincent van Ernous | ZVV 02 36.36 98 36.25 | 5:00.43 1:15.90 Ilse Wild 1:20.48 Thomas Meijer | 4:57.46 04 35.85 1:20.27 94 28.51 1:00.81 |
| 7. | DWK 1 Bjorn Huetting Harma van der Meer | DWK 05 36.43 02 38.90 | 5:04.97 1:14.98 Marieke de Jong 1:24.67 Dave Stitselaar | 4:59.77 02 36.07 1:17.64 02 29.20 1:02.48 |
| 8. | ZV De Meer 1 Renske Meulenbeld Merel van den Heuvel | ZV De Meer 03 38.51 02 41.98 | 5:06.10 1:20.28 Richard van der Horst 1:30.21 Tim van den Heuvel | 5:06.41 97 31.59 1:08.03 04 31.47 1:07.89 |
| 9. | EZ & PC 1 Cindy Franken-Hendriks Xander Willemsen | EZ & PC 92 38.79 01 41.67 | 5:07.66 1:19.66 Joost Vilier 1:28.98 Annemarie Stellaard | 5:07.40 01 30.71 1:08.00 86 33.68 1:10.76 |
| 10. | DWV 1 Noor van den Anker Nica Fontein | DWV 02 38.65 04 42.51 | 5:25.53 1:20.42 Ivar Regelink 1:31.84 Ruben Sloot | 5:12.96 01 33.52 1:14.16 00 31.68 1:06.54 |
| 11. | ZVV 2 Stefan van der Hoeve Bloem Muijaert | ZVV 04 35.20 06 43.36 | 5:33.01 1:12.45 Renee van der Beek 1:32.53 Michiel Koele | 5:16.94 05 38.83 1:27.02 02 30.48 1:04.94 |
| AFGEM | RZC 1 | RZC | 4:59.72 | |

Programmanr. 2
15-12-2018 - 14:57

Jongens, 100m vlinderslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------|--------------|---------|-----------|----------------------|-------|---------|
| 1. | Mick van Os | De Gelenberg | 1:30.49 | 200603267 | 1:25.25 | 39.37 | 1:25.25 |
| 2. | Mex Jansen | ESCA Zwemmen | 1:31.05 | 200602129 | 1:27.60 | 40.73 | 1:27.60 |
| 3. | Tim Bongers | RZC | 1:31.43 | 200600075 | 1:28.93 *100m | 41.20 | 1:28.93 |

Programmanr. 5
15-12-2018 - 14:59

Jongens, 100m vlinderslag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|----------------------|------------------|---------|-----------|----------------------|-------|---------|
| 1. | Wesley Grotenbreg | ESCA Zwemmen | 1:11.39 | 200303495 | 1:05.10 | 30.02 | 1:05.10 |
| 2. | Ronis van Everdingen | De Vrije Slag | 1:11.92 | 200300043 | 1:10.38 | 32.22 | 1:10.38 |
| 3. | Angelo Rou | De Rijn | 1:14.94 | 200300027 | 1:13.02 | 32.75 | 1:13.02 |
| 4. | Lucas Boevink | De IJsselmeewiën | 1:13.14 | 200302411 | 1:17.83 | 34.24 | 1:17.83 |
| 5. | Felix Vrolijk | De IJsselmeewiën | 1:16.64 | 200301865 | 1:38.51 *100m | 44.69 | 1:38.51 |
| AFGEM | Sven Hansma | De Vrije Slag | 1:17.42 | 200300471 | | | |

Programmanr. 6
15-12-2018 - 15:01

Heren, 100m vlinderslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|------------------|------------------|---------|-----------|----------------|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Dante Hendriks | De Berkelduikers | 1:10.50 | 200200403 | 1:11.27 | 32.97 | 1:11.27 |
| 2. | Bas Scholten | Octopus | 1:17.06 | 200201171 | 1:15.10 | 34.86 | 1:15.10 |
| 3. | Victor Willemsse | De Ward | 1:16.67 | 200201315 | 1:15.64 | 32.55 | 1:15.64 |
| 4. | Max Vlijm | Nunspeet | 1:17.40 | 200201937 | 1:18.39 | 35.05 | 1:18.39 |
| AFGEM | Jurjen Gobas | Aquapoldro | 1:17.19 | 200204081 | | | |

Jeugd 2

| | | | | | | | |
|----|------------------|--------------|---------|-----------|----------------|-------|---------|
| 1. | Mathijs van Dijk | De Ward | 1:06.61 | 200102437 | 1:06.47 | 30.40 | 1:06.47 |
| 2. | Kick Moors | Wijchen | 1:08.71 | 200103959 | 1:08.74 | 30.09 | 1:08.74 |
| 3. | Edwin Versprille | Noord-Veluwe | 1:13.03 | 200100059 | 1:13.17 | 32.79 | 1:13.17 |
| 4. | Ivar Regelink | DWV | 1:13.92 | 200102707 | 1:13.25 | 33.13 | 1:13.25 |
| 5. | Wilco Stijf | NDD | 1:14.57 | 200103043 | 1:14.43 | 32.45 | 1:14.43 |
| 6. | Jasper Meij | Olympia | 1:10.73 | 200103397 | 1:19.32 | 34.66 | 1:19.32 |

Senioren

| | | | | | | | |
|-------|-----------------------|--------------------|---------|-----------|----------------|-------|---------|
| 1. | Martijn Velders | TZC Vahalis | 1:04.01 | 199502619 | 1:04.70 | 30.13 | 1:04.70 |
| 2. | Hans Stoffers | Z&PC Triton Putten | 1:05.49 | 199604027 | 1:05.06 | 29.75 | 1:05.06 |
| 3. | Marcel van Winssen | De Gelenberg | 1:05.59 | 197101477 | 1:05.40 | 29.96 | 1:05.40 |
| 4. | Vincent van 't Hof | Aquapoldro | 1:07.49 | 199803001 | 1:07.25 | 30.78 | 1:07.25 |
| 5. | Richard van der Horst | ZV De Meer | 1:06.94 | 199700179 | 1:08.11 | 31.58 | 1:08.11 |
| 6. | Roel van der Kruijs | De Gelenberg | 1:09.55 | 198501491 | 1:09.22 | 32.24 | 1:09.22 |
| 7. | Rik Schipper | De Vrije Slag | 1:09.72 | 199901121 | 1:16.46 | 32.14 | 1:16.46 |
| 8. | Mike van de Streek | Noord-Veluwe | 1:07.76 | 199500577 | 1:18.33 | 34.96 | 1:18.33 |
| AFGEM | Jeroen Velders | TZC Vahalis | 1:06.15 | 199602037 | | | |

Programmanr. 7
15-12-2018 - 15:06

Meisjes, 100m vrije slag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-----------------------|------------------|---------|-----------|---------------------|-------|---------|
| 1. | Femke Lamberts | De Gelenberg | 1:23.20 | 200703068 | 1:15.48 | 35.07 | 1:15.48 |
| 2. | Esmee Nieuwenhuis | Schuurman BZC | 1:23.93 | 200701444 | 1:17.39 | 38.52 | 1:17.39 |
| 3. | A. Hovsepian Sinerdy | ESCA Zwemmen | 1:25.94 | 200702012 | 1:19.24 | 38.10 | 1:19.24 |
| 4. | Cedi van der Beek | ZVV | 1:23.81 | 200702418 | 1:19.48 | 37.04 | 1:19.48 |
| 5. | Dominique Bredenhof | Octopus | 1:25.79 | 200700322 | 1:20.52 | 38.47 | 1:20.52 |
| 6. | Marlies Jansen | Natare | 1:22.56 | 200701904 | 1:21.70 *50m | 40.24 | 1:21.70 |
| 7. | Danique van de Werken | SG Bommelerwaard | 1:24.67 | 200701672 | 1:22.17 | 37.39 | 1:22.17 |
| 8. | Marijn van Gessel | ESCA Zwemmen | 1:24.50 | 200703272 | 1:23.91 *50m | 40.13 | 1:23.91 |
| 9. | Ezra Doornwaard | Noord-Veluwe | 1:23.79 | 200700914 | 1:24.09 | 39.70 | 1:24.09 |
| 10. | Frederieke Straver | SG Bommelerwaard | 1:26.08 | 200700804 | 1:24.15 | 40.00 | 1:24.15 |
| 11. | Lotte Buiting | NDD | 1:24.02 | 200702752 | 1:24.82 | 38.91 | 1:24.82 |
| 12. | Mandy Siebelink | ESCA Zwemmen | 1:24.48 | 200700582 | 1:24.92 | 40.38 | 1:24.92 |

Programmanr. 8
15-12-2018 - 15:10

Meisjes, 100m vrije slag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------|-------------------------|---------|-----------|---------------------|-------|---------|
| 1. | Yanou Vaessen | DWK | 1:16.87 | 200603666 | 1:11.18 | 34.48 | 1:11.18 |
| 2. | Monique van Hulst | De Gelenberg | 1:16.90 | 200600628 | 1:13.03 | 34.67 | 1:13.03 |
| 3. | Doutsen Doornbos | De IJsselmeewiën | 1:16.32 | 200602610 | 1:13.07 | 35.08 | 1:13.07 |
| 4. | Sacha Lagendijk | Olympia | 1:18.14 | 200602492 | 1:13.57 | 34.74 | 1:13.57 |
| 5. | Britt Kok | Zuiderzeezwemmers | 1:16.18 | 200601538 | 1:13.75 | 35.00 | 1:13.75 |
| 6. | Anna Kamphuis | Z&PC Triton Putten | 1:16.99 | 200600334 | 1:13.84 | 35.24 | 1:13.84 |
| 7. | Britt van de Pol | De Gelenberg | 1:17.73 | 200603570 | 1:14.22 *50m | 34.57 | 1:14.22 |
| 8. | Alyssa Heuvelink | Groenlose Zwemverenigin | 1:16.13 | 200600500 | 1:15.46 | 35.76 | 1:15.46 |
| 9. | Maureen Vens | RZC | 1:17.18 | 200601956 | 1:15.72 | 36.97 | 1:15.72 |
| 10. | Naomi Rooijens | De Rijn | 1:15.50 | 200601362 | 1:16.30 | 35.54 | 1:16.30 |
| 11. | Ami Pham | ESCA Zwemmen | 1:16.65 | 200601924 | 1:17.44 | 36.93 | 1:17.44 |

Programmanr. 8, Meisjes, 100m vrije slag, Junioren 2

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------|------------------|---------|-----------|----------------|-------|---------|
| 12. | Ilse Dadema | De Berkelduikers | 1:17.92 | 200601790 | 1:17.45 | 36.93 | 1:17.45 |

Programmanr. 9

15-12-2018 - 15:14

Meisjes, 100m vrije slag

Junioren 3

Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------|-------------------|---------|-----------|---------------------|-------|---------|
| 1. | Suzanne Vesseur | Zuiderzeezwemmers | 1:10.29 | 200500740 | 1:07.52 *50m | 32.46 | 1:07.52 |
| 2. | Ilse Boevink | De IJsselmeewuven | 1:10.77 | 200501604 | 1:07.71 | 32.85 | 1:07.71 |
| 3. | Isa Keijzers | NDD | 1:10.06 | 200502044 | 1:09.20 *50m | 32.96 | 1:09.20 |
| 4. | Mette Etmans | Batavia Swim | 1:09.28 | 200500848 | 1:09.65 | 33.04 | 1:09.65 |
| 5. | Zuzanna Kowalczyk | SG Bommelerwaard | 1:12.39 | 200503860 | 1:10.44 | 33.57 | 1:10.44 |
| 6. | Hester Moene | De Rijn | 1:10.12 | 200501878 | 1:10.88 | 33.18 | 1:10.88 |
| 7. | Meike Kegel | PFC Rheden | 1:11.46 | 200500554 | 1:10.97 | 33.80 | 1:10.97 |
| 8. | Delphine van Putten | TZC Vahalis | 1:10.86 | 200501588 | 1:12.19 | 32.41 | 1:12.19 |
| 9. | Hanna Minderaa | De Vrije Slag | 1:13.02 | 200500406 | 1:12.31 | 34.41 | 1:12.31 |
| 10. | Yira Esmeijer | NDD | 1:12.48 | 200503058 | 1:12.91 | 34.80 | 1:12.91 |
| 11. | Aniek Heinen | De IJsselmeewuven | 1:12.04 | 200503636 | 1:13.86 | 34.74 | 1:13.86 |
| 12. | Danee Sandifort | EZ & PC | 1:12.87 | 200501768 | 1:14.63 | 35.73 | 1:14.63 |

Programmanr. 10

15-12-2018 - 15:18

Dames, 100m vrije slag

Jeugd 1 en ouder

Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|-----------------------|-------------------------|---------|-----------|---------------------|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Sterre Naves | WWV Winterswijk | 1:07.81 | 200403446 | 1:06.20 | 31.76 | 1:06.20 |
| 2. | Tess Panjer | Neptunus | 1:09.21 | 200403060 | 1:08.19 | 32.74 | 1:08.19 |
| 3. | Angéline van Kessel | SG Bommelerwaard | 1:07.26 | 200400126 | 1:08.19 | 31.99 | 1:08.19 |
| 4. | Vivian Gravemaker | De Rijn | 1:09.48 | 200400058 | 1:08.36 *50m | 32.37 | 1:08.36 |
| 5. | Ilse Kooij | De Vrije Slag | 1:07.80 | 200401226 | 1:08.43 | 32.81 | 1:08.43 |
| 6. | Myrthe van der Knijff | De Vrije Slag | 1:10.30 | 200402056 | 1:08.74 | 32.98 | 1:08.74 |
| 7. | Nienke Wentink | NDD | 1:08.58 | 200403414 | 1:08.83 | 31.77 | 1:08.83 |
| 8. | Melissa Frisart | De Rijn | 1:08.01 | 200400982 | 1:09.04 | 32.64 | 1:09.04 |
| 9. | Iris Althoff | Groenlose Zwemverenigin | 1:09.75 | 200404676 | 1:09.56 | 33.77 | 1:09.56 |
| 10. | Lynn Brummelman | De Berkelduikers | 1:08.37 | 200400612 | 1:09.63 | 33.48 | 1:09.63 |
| 11. | Juliette Bootsveld | De IJsselmeewuven | 1:10.12 | 200401270 | 1:10.65 | 33.72 | 1:10.65 |
| 12. | Maud Rietman | De Berkelduikers | 1:09.92 | 200402256 | 1:12.12 | 34.67 | 1:12.12 |

Jeugd 2

| | | | | | | | |
|-----|------------------------|-------------------|---------|-----------|---------------------|-------|---------|
| 1. | Ymke Vermeulen | Olympia | 1:07.58 | 200303688 | 1:06.34 | 31.76 | 1:06.34 |
| 2. | Fleur Brinkman | De Berkelduikers | 1:09.31 | 200303134 | 1:08.43 | 32.96 | 1:08.43 |
| 3. | Emma Klein Heerenbrink | De Berkelduikers | 1:08.76 | 200301030 | 1:08.65 | 33.01 | 1:08.65 |
| 4. | Annemiek Huijsmans | De Rijn | 1:08.48 | 200300028 | 1:08.67 | 33.26 | 1:08.67 |
| 5. | Julia Vrolijk | De IJsselmeewuven | 1:08.36 | 200302330 | 1:09.08 | 32.71 | 1:09.08 |
| 6. | Renske Meulenbeld | ZV De Meer | 1:07.74 | 200300980 | 1:09.55 | 33.05 | 1:09.55 |
| 7. | Chimene Gommans | Olympia | 1:10.35 | 200304396 | 1:09.85 | 33.42 | 1:09.85 |
| 8. | Esmee Wilcke | ZV Overbetuwe | 1:09.61 | 200302540 | 1:09.91 | 32.03 | 1:09.91 |
| 9. | Mare Heite | De IJsselmeewuven | 1:09.65 | 200302986 | 1:09.99 *50m | 32.90 | 1:09.99 |
| 10. | Sanne Meijer | De Ward | 1:09.72 | 200304752 | 1:10.36 | 32.87 | 1:10.36 |
| 11. | Lisanne van Elst | De Rijn | 1:09.52 | 200301964 | 1:10.98 | 34.16 | 1:10.98 |
| 12. | Daphne van Rees | Aquapoldro | 1:10.30 | 200301766 | 1:11.66 | 34.44 | 1:11.66 |

Senioren

| | | | | | | | |
|----|------------------------|-----------------|---------|-----------|----------------|-------|---------|
| 1. | Mylène Veldhuis | Aquapoldro | 1:03.75 | 199902708 | 1:03.86 | 30.86 | 1:03.86 |
| 2. | Eva Kattouw | De Ward | 1:03.72 | 199407168 | 1:04.07 | 30.38 | 1:04.07 |
| 3. | Catalina Valencia | De Rijn | 1:03.86 | 200105536 | 1:04.28 | 30.61 | 1:04.28 |
| 4. | Ellen ter Stege | RZC | 1:06.26 | 199900604 | 1:05.44 | 31.67 | 1:05.44 |
| 5. | Cindy Franken-Hendriks | EZ & PC | 1:04.83 | 199207672 | 1:05.69 | 31.36 | 1:05.69 |
| 6. | Elisah Velgersdijk | Aquapoldro | 1:04.30 | 200102436 | 1:05.88 | 31.11 | 1:05.88 |
| 7. | Veerle Strik | De Gelenberg | 1:06.20 | 200201834 | 1:06.11 | 31.36 | 1:06.11 |
| 8. | Renée Duenk | WWV Winterswijk | 1:06.08 | 200201368 | 1:06.15 | 32.00 | 1:06.15 |

Programmanr. 10, Dames, 100m vrije slag, Senioren

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|-----------------|---------|-----------|----------------|-------|---------|
| 9. | Sanne Arendsen | NDD | 1:05.95 | 200103544 | 1:07.23 | 32.81 | 1:07.23 |
| 10. | Merel van den Heuvel | ZV De Meer | 1:05.92 | 200201784 | 1:07.59 | 32.44 | 1:07.59 |
| 11. | Anne Gijsbers | WWV Winterswijk | 1:05.49 | 200201994 | 1:08.96 | 33.05 | 1:08.96 |
| NG | Anika Kilian | Olympia | 1:04.68 | 200100166 | | | |

Programmanr. 11
15-12-2018 - 15:29

Jongens, 50m schoolslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|---------------------|------------------|--------|-----------|--------------|
| 1. | Kjetil van Gasteren | Olympia | 45.36 | 200600405 | 43.12 |
| 2. | Mick van Os | De Gelenberg | 44.75 | 200603267 | 43.74 |
| 3. | Tim Bongers | RZC | 45.89 | 200600075 | 44.24 |
| 4. | Oscar Vrolijk | De IJsselmeeuwen | 47.00 | 200600917 | 46.63 |

Programmanr. 12
15-12-2018 - 15:30

Jongens, 50m schoolslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|--------------------|-------------|--------|-----------|--------------|
| 1. | Joost Brugmans | RZC | 41.67 | 200500391 | 39.27 |
| 2. | Rick Hermans | Wijchen | 41.30 | 200501793 | 39.35 |
| 3. | Daniël Steenbergen | RZC | 42.23 | 200502715 | 39.95 |
| 4. | Thijs Berkhout | TZC Vahalis | 40.95 | 200500035 | 41.30 |

Programmanr. 13
15-12-2018 - 15:31

Jongens, 50m schoolslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|----------------------|---------------|--------|-----------|--------------|
| 1. | Job Verbruggen | De Gelenberg | 38.97 | 200403779 | 37.13 |
| 2. | Tim van den Heuvel | ZV De Meer | 37.36 | 200400825 | 38.88 |
| 3. | Stefan van der Hoeve | ZVV | 39.24 | 200402979 | 39.07 |
| 4. | Abram Korevaar | Noord-Veluwe | 40.32 | 200401459 | 39.17 |
| 5. | Dries Mostert | De Vrije Slag | 38.96 | 200400995 | 39.50 |
| 6. | Lars Wissink | RZC | 39.58 | 200403613 | 40.33 |

Programmanr. 14
15-12-2018 - 15:33

Jongens, 50m schoolslag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|----------------------|------------------|--------|-----------|--------------|
| 1. | Ronis van Everdingen | De Vrije Slag | 36.43 | 200300043 | 35.80 |
| 2. | Albert Bolink | De Berkelduikers | 35.87 | 200302175 | 35.84 |
| 3. | Christopher Scheffer | De IJsselmeeuwen | 37.45 | 200303185 | 36.30 |
| 4. | Koen Bak | ESCA Zwemmen | 38.41 | 200300101 | 37.84 |
| 5. | Jur van Hunen | Aquapoldro | 39.31 | 200300703 | 38.09 |
| 6. | Niels Dieker | ZVV | 39.26 | 200301219 | 38.63 |
| 7. | Henrik van der Maas | SG Bommelerwaard | 38.69 | 200304131 | 38.65 |
| 8. | Angelo Rou | De Rijn | 38.24 | 200300027 | 38.92 |
| 9. | Floris van Vulpen | ZV De Meer | 39.45 | 200301943 | 39.04 |
| 10. | Vincent de Jong | TZC Vahalis | 39.80 | 200301465 | 39.36 |
| 11. | Felix Vrolijk | De IJsselmeeuwen | 39.43 | 200301865 | 40.43 |
| AFGEM | Sven Hansma | De Vrije Slag | 39.24 | 200300471 | |

Programmanr. 15
15-12-2018 - 15:35

Heren, 50m schoolslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|-----------------|---------------------|--------------------|--------|-----------|--------------|----|
| Jeugd 1 | | | | | | |
| 1. | Max Vlijm | Nunspeet | 36.76 | 200201937 | 37.15 | |
| 2. | Luke Jansen | De Rijn | 36.45 | 200200247 | 37.19 | |
| 3. | Victor Willemsse | De Ward | 36.12 | 200201315 | 37.87 | |
| 4. | Bas Scholten | Octopus | 37.21 | 200201171 | 37.98 | |
| 5. | Lars van de Kamp | Nunspeet | 37.46 | 200201153 | 38.09 | |
| 6. | Dante Hendriks | De Berkelduikers | 37.89 | 200200403 | 38.80 | |
| 7. | Jurjen Gobas | Aquapoldro | 38.61 | 200204081 | 39.45 | |
| Jeugd 2 | | | | | | |
| 1. | Lesley Smits | Zuiderzeezwemmers | 36.59 | 200105227 | 34.49 | |
| 2. | Wilco Stijf | NDD | 35.46 | 200103043 | 35.47 | |
| 3. | Kick Moors | Wijchen | 36.29 | 200103959 | 36.01 | |
| 4. | Jasper Meij | Olympia | 38.00 | 200103397 | 36.55 | |
| 5. | Joost Vilier | EZ & PC | 36.99 | 200102813 | 37.19 | |
| AFGEM | Thijs Marskamp | RZC | 38.28 | 200101491 | | |
| Senioren | | | | | | |
| 1. | Vincent van 't Hof | Aquapoldro | 34.88 | 199803001 | 33.72 | |
| 2. | Mattias Meijers | RZC | 34.19 | 200001975 | 33.78 | |
| 3. | Tim de Vrugt | ESCA Zwemmen | 34.51 | 199306719 | 34.17 | |
| 4. | Hans Stoffers | Z&PC Triton Putten | 34.54 | 199604027 | 34.51 | |
| 5. | Roel van der Kruijs | De Gelenberg | 35.01 | 198501491 | 35.16 | |
| 6. | Vincent van Emous | ZVV | 35.79 | 199802783 | 35.48 | |
| 7. | Thomas Meijer | ZVV | 35.88 | 199402321 | 35.54 | |
| 8. | Arjen Wagemaker | De Woelwaters | 36.11 | 199805059 | 35.65 | |
| 9. | Thijs Meerveld | De Vrije Slag | 36.95 | 199702249 | 36.57 | |
| 10. | Nick de Vries | WWV Winterswijk | 37.71 | 200003813 | 37.28 | |
| NG.ZA | Bartho Visser | Z&PC Triton Putten | 36.70 | 200005595 | | |
| NG.ZA | Matthijs Risseeuw | De IJsselmeeuwen | 36.34 | 200003737 | | |
| AFGEM | Martijn Schilder | De Vrije Slag | 36.64 | 199305979 | | |

Programmanr. 16
15-12-2018 - 15:40

Meisjes, 50m rugslag

Juniores 1
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|-----------------------|-------------------|--------|-----------|--------------|----|
| 1. | Nilou Vriesema | De Hokseberg | 41.38 | 200703216 | 37.52 | |
| 2. | Didi Pham | ESCA Zwemmen | 41.66 | 200700744 | 40.78 | |
| 3. | Joyce Vlijm | Nunspeet | 43.92 | 200700262 | 41.01 | |
| 4. | Celeste Verhoef | De Vrije Slag | 42.04 | 200701892 | 41.58 | |
| 5. | Kimberley Olieman | Zuiderzeezwemmers | 43.25 | 200700484 | 41.67 | |
| 6. | Esmee Nieuwenhuis | Schuurman BZC | 42.79 | 200701444 | 41.80 | |
| 7. | Dominique Bredenhof | Octopus | 42.85 | 200700322 | 42.88 | |
| 8. | Danique van de Werken | SG Bommelerwaard | 42.92 | 200701672 | 43.44 | |
| 9. | Lotte Buiting | NDD | 44.34 | 200702752 | 46.38 | |
| 10. | Marlies Jansen | Natare | 44.38 | 200701904 | 47.94 | |
| 11. | Matahari Natal | Wijchen | 42.02 | 200703574 | 48.11 | |
| DIS | Femke Lamberts | De Gelenberg | 42.34 | 200703068 | | |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Programmanr. 17
15-12-2018 - 15:43

Meisjes, 50m rugslag

Juniores 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|--------------------------|--------------------------|--------|-----------|--------------|
| 1. | Femke Bolink | De Berkelduikers | 38.69 | 200602058 | 35.99 |
| 2. | Monique van Hulst | De Gelenberg | 38.18 | 200600628 | 37.11 |
| 3. | Britt Meisner | Octopus | 39.04 | 200600658 | 37.12 |
| 4. | Anna Kamphuis | Z&PC Triton Putten | 39.01 | 200600334 | 37.41 |
| 5. | Esmee van Arkel | TZC Vahalis | 39.34 | 200600110 | 37.71 |
| 6. | Bloem Muijlaert | ZVV | 38.57 | 200602754 | 38.57 |
| 7. | Naomi Rooijens | De Rijn | 39.22 | 200601362 | 38.61 |
| 8. | Doutsen Doornbos | De IJsselmeewuven | 39.25 | 200602610 | 38.78 |
| 9. | Yanou Vaessen | DWK | 39.88 | 200603666 | 38.92 |
| 10. | Senna Levering | DWK | 38.75 | 200603892 | 39.04 |
| 11. | Alyssa Heuvelink *50m | Groenlose Zwemvereniging | 39.75 | 200600500 | 39.47 |
| 12. | Sterre Karmiggelt | De Berkelduikers | 39.42 | 200601786 | 40.38 |

Programmanr. 18
15-12-2018 - 15:45

Meisjes, 50m rugslag

Juniores 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|---------------------|--------------------------|--------|-----------|--------------|
| 1. | Zuzanna Kowalczyk | SG Bommelerwaard | 37.16 | 200503860 | 35.84 |
| 2. | Isa Keijzers | NDD | 37.14 | 200502044 | 36.64 |
| 3. | Ilse Boevink | De IJsselmeewuven | 37.50 | 200501604 | 36.65 |
| 4. | Bridet Hulshof | Groenlose Zwemvereniging | 37.40 | 200503306 | 36.82 |
| 5. | Delphine van Putten | TZC Vahalis | 38.62 | 200501588 | 36.97 |
| 6. | Azra Guler | NDD | 38.79 | 200503054 | 37.22 |
| 7. | Pien Ooijman | De Berkelduikers | 39.16 | 200504500 | 38.13 |
| 8. | Hanna Minderaa | De Vrije Slag | 39.14 | 200500406 | 38.45 |
| 9. | Danee Sandifort | EZ & PC | 38.54 | 200501768 | 39.09 |
| 10. | Meike Kegel | PFC Rheden | 38.47 | 200500554 | 39.15 |
| 11. | Yira Esmeijer | NDD | 38.92 | 200503058 | 39.50 |
| DIS | Mette Etmans | Batavia Swim | 38.40 | 200500848 | |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Programmanr. 19
15-12-2018 - 15:48

Dames, 50m rugslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|----------------|---------------------|--------------------------|--------|-----------|--------------|
| Jeugd 1 | | | | | |
| 1. | Amber Jacobs | NDD | 34.33 | 200403412 | 33.02 |
| 2. | Eline van Kempen | De Ward | 35.23 | 200402124 | 35.15 |
| 3. | Anniek Takken | De Ward | 35.59 | 200401768 | 35.48 |
| 4. | Manou Blokhorst | Groenlose Zwemvereniging | 34.69 | 200402554 | 35.66 |
| 5. | Ilse Wild | ZVV | 35.33 | 200401812 | 35.90 |
| 6. | Tess Panjer *50m | Neptunus | 36.03 | 200403060 | 36.08 |
| 7. | Nienke Wentink | NDD | 36.77 | 200403414 | 36.31 |
| 8. | Vivian Gravemaker | De Rijn | 36.15 | 200400058 | 36.43 |
| 9. | Nica Fontein | DWV | 36.02 | 200402624 | 36.54 |
| 10. | Juliette Bootsveld | De IJsselmeewuven | 36.64 | 200401270 | 37.43 |
| 11. | Dione Buitenhuis | Aquapoldro | 36.97 | 200404132 | 37.80 |
| 12. | Demi de Vries | Groenlose Zwemvereniging | 36.81 | 200404674 | 38.15 |

Programmanr. 19, Dames, 50m rugslag

Jeugd 2

| | | | | | |
|-----|------------------------|------------------|-------|-----------|--------------|
| 1. | Juline van Meeteren | ZV De Meer | 35.16 | 200300406 | 34.09 |
| 2. | Katja Bontsema | De IJsselmeeuwen | 35.15 | 200301962 | 35.68 |
| 3. | Annemiek Huijsmans | De Rijn | 35.77 | 200300028 | 35.76 |
| 4. | Ymke Vermeulen | Olympia | 35.71 | 200303688 | 36.20 |
| 5. | Daphne van Rees | Aquapoldro | 35.81 | 200301766 | 36.40 |
| 6. | Esmee Wilcke | ZV Overbetuwe | 38.32 | 200302540 | 37.71 |
| 7. | Manon Bultman | De Hokseberg | 38.18 | 200304214 | 37.77 |
| 8. | Emma Klein Heerenbrink | De Berkelduikers | 37.84 | 200301030 | 37.85 |
| 9. | Julia Vrolijk | De IJsselmeeuwen | 37.42 | 200302330 | 38.13 |
| | Renske Meulenbeld | ZV De Meer | 36.50 | 200300980 | 38.13 |
| 11. | Chimene Gommans | Olympia | 38.21 | 200304396 | 38.23 |
| 12. | Sanne Meijer | De Ward | 38.06 | 200304752 | 38.43 |

Senioren

| | | | | | |
|-----|----------------------|------------------|-------|-----------|--------------|
| 1. | Harma van der Meer | DWK | 34.43 | 200200714 | 34.10 |
| 2. | Lizanne Lamens | De Gelenberg | 34.56 | 199402844 | 34.37 |
| 3. | Britt Hoogstede | De Rijn | 34.61 | 200200416 | 34.39 |
| 4. | Ellen ter Stege | RZC | 34.10 | 199900604 | 34.41 |
| 5. | Veerle Strik | De Gelenberg | 34.75 | 200201834 | 34.58 |
| 6. | Sanne Arendsen | NDD | 34.66 | 200103544 | 34.62 |
| 7. | Sanne Domensino | De Gelenberg | 35.42 | 199903708 | 35.31 |
| 8. | Tamar van der Beek | ZVV | 35.37 | 200203614 | 35.39 |
| 9. | Welmoed Doornbos | De IJsselmeeuwen | 34.76 | 200203352 | 35.61 |
| | <i>*50m</i> | | | | |
| 10. | Elisah Velgersdijk | Aquapoldro | 34.05 | 200102436 | 35.66 |
| 11. | Merel van den Heuvel | ZV De Meer | 34.52 | 200201784 | 35.77 |
| 12. | Anne Gijsbers | WWV Winterswijk | 34.99 | 200201994 | 40.13 |

Programmanr. 20
15-12-2018 - 15:55

Jongens, 4 x 100m vrije slag

Junioren
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|----------------------|------------------|----------------|--------------------------------|
| 1. | De IJsselmeeuwen 1 | De IJsselmeeuwen | 4:45.46 | |
| | Splinter Doornbos | 04 31.95 | 1:07.04 | Lucas Boevink 03 30.44 1:04.26 |
| | Christopher Scheffer | 03 36.43 | 1:16.88 | Felix Vrolijk 03 36.41 1:17.28 |

Programmanr. 21
15-12-2018 - 16:00

Meisjes, 4 x 100m wisselslag

Junioren
Resultaten

| rang | vereniging | intijd | tijd | RT |
|-------|----------------------------------|------------------|----------------|-------------------------------------|
| 1. | De IJsselmeeuwen 1 | De IJsselmeeuwen | 5:25.41 | |
| | Doutsen Doornbos | 06 40.74 | 1:22.13 | Ilse Boevink 05 38.46 1:24.11 |
| | Aniek Heinen | 05 39.06 | 1:25.73 | Cedella Vermeer 06 34.82 1:13.44 |
| 2. | Octopus 1 | Octopus | 5:45.10 | |
| | Dominique Bredenhof | 07 44.81 | 1:31.74 | Kim Westerink 05 35.00 1:17.73 |
| | Britt Meisner | 06 38.68 | 1:26.40 | Solène Kamp 05 33.99 1:12.71 |
| 3. | NDD 1 | NDD | 5:38.12 | |
| | <i>*50m, *100m, *150m, *300m</i> | | | |
| | Isa Keijzers | 05 40.52 | 1:21.76 | Azra Guler 05 38.10 1:26.30 |
| | Lianne Jansen | 05 45.38 | 1:37.62 | Yira Esmeijer 05 34.50 1:12.44 |
| 4. | ZVV 1 | ZVV | 6:05.46 | |
| | Cedi van der Beek | 07 44.20 | 1:31.12 | Christel Manuela 06 41.94 1:33.51 |
| | Bloem Muijlaert | 06 44.09 | 1:33.74 | Renee van der Beek 05 35.10 1:12.40 |
| 5. | De Gelenberg 1 | De Gelenberg | 6:02.85 | <i>*50m</i> |
| | Britt van de Pol | 06 42.35 | 1:27.86 | Monique van Hulst 06 39.58 1:29.91 |
| | Louise Hoppenreijns | 05 43.23 | 1:35.79 | Femke Lamberts 07 36.80 1:17.70 |
| NG.ZA | ESCA Zwemmen 1 | ESCA Zwemmen | 6:04.29 | |

Programmanr. 22
15-12-2018 - 16:27

Jongens, 50m vrije slag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|------------------|------------------|--------|-----------|--------------|
| 1. | Wessel Jansen | WWV Winterswijk | 35.62 | 200603579 | 31.66 |
| 2. | Arjan Kuijt | Wijchen | 35.84 | 200600907 | 33.07 |
| 3. | Ryan Bleumink | De Berkelduikers | 35.37 | 200601257 | 33.17 |
| 4. | Toine van Dijken | De Woelwaters | 37.45 | 200603465 | 34.11 |
| 5. | Kai Brinkman | De Berkelduikers | 37.11 | 200602123 | 35.43 |
| 6. | Jorn ten Dam | De IJsselmeeuwen | 38.06 | 200601805 | 36.37 |
| AFGEM | Max Donselaar | RZC | 36.28 | 200600945 | |

Programmanr. 23
15-12-2018 - 16:28

Jongens, 50m vrije slag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|---------------------|--------------------------|--------|-----------|--------------|
| 1. | David van Laarhoven | ZVV | 32.64 | 200501979 | 30.57 |
| 2. | Daniël Steenbergen | RZC | 32.58 | 200502715 | 31.42 |
| 3. | Ruben Beldman | De Hokseberg | 33.38 | 200503575 | 31.69 |
| 4. | Sven Heideman | Natare | 33.86 | 200503457 | 32.08 |
| 5. | Niels Doppenberg | Zuiderzeezwemmers | 34.98 | 200502149 | 34.08 |
| 6. | Pim Reinders | Groenlose Zwemvereniging | 35.12 | 200501455 | 35.37 |

Programmanr. 24
15-12-2018 - 16:29

Jongens, 50m vrije slag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|--------------------|------------------|--------|-----------|--------------|
| 1. | Splinter Doornbos | De IJsselmeeuwen | 29.48 | 200402255 | 28.87 |
| 2. | Dries Mostert | De Vrije Slag | 29.53 | 200400995 | 29.09 |
| 3. | Luc McCarthy | ZV Overbetuwe | 30.53 | 200401469 | 29.27 |
| 4. | Abram Korevaar | Noord-Veluwe | 31.01 | 200401459 | 29.30 |
| 5. | Jorim Hebbink | De Berkelduikers | 29.84 | 200401957 | 29.32 |
| 6. | Luuk Hoentjen | De Berkelduikers | 30.81 | 200402901 | 29.80 |
| 7. | Bowy Stroet | De Gendten | 31.03 | 200403491 | 30.01 |
| 8. | Justin van Arkel | TZC Vahalis | 31.04 | 200400161 | 30.10 |
| 9. | Lean Piek | Natare | 30.25 | 200402115 | 30.27 |
| 10. | Job Verbruggen | De Gelenberg | 31.72 | 200403779 | 30.48 |
| 11. | Tim van den Heuvel | ZV De Meer | 31.44 | 200400825 | 30.59 |
| 12. | Luuk Jansen | Natare | 31.32 | 200402111 | 31.35 |
| AFGEM | Sanjee Sivaguru | De IJsselmeeuwen | 31.34 | 200402983 | |
| AFGEM | Wesley Peters | ZVW'74 | 30.42 | 200403119 | |

Programmanr. 25
15-12-2018 - 16:32

Jongens, 50m vrije slag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|---------------------|------------------|--------|-----------|--------------|
| 1. | Lucas Boevink | De IJsselmeeuwen | 27.65 | 200302411 | 27.20 |
| 2. | Albert Bolink | De Berkelduikers | 27.58 | 200302175 | 27.42 |
| 3. | Felix Vrolijk | De IJsselmeeuwen | 27.63 | 200301865 | 27.54 |
| 4. | Bram van Norel | RZC | 28.07 | 200301133 | 27.55 |
| 5. | Remco van Krieken | SG Bommelerwaard | 29.82 | 200300325 | 28.42 |
| 6. | Niels Calès | Aquapoldro | 27.73 | 200304475 | 28.54 |
| 7. | Jur van Hunen | Aquapoldro | 28.94 | 200300703 | 29.10 |
| 8. | Angelo Rou | De Rijn | 28.57 | 200300027 | 29.23 |
| 9. | Koen Bak | ESCA Zwemmen | 29.80 | 200300101 | 29.70 |
| | Vincent de Jong | TZC Vahalis | 29.91 | 200301465 | 29.70 |
| 11. | Henrik van der Maas | SG Bommelerwaard | 30.24 | 200304131 | 29.91 |
| 12. | Sam Pollmann | ZV Overbetuwe | 30.20 | 200303081 | 30.02 |
| AFGEM | Lars van Hofwegen | De Rijn | 29.04 | 200301877 | |
| AFGEM | Sven Hansma | De Vrije Slag | 28.38 | 200300471 | |

Programmanr. 26
15-12-2018 - 16:34

Heren, 50m vrije slag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|----------------|--------------------|---------------|--------|-----------|--------------|
| Jeugd 1 | | | | | |
| 1. | Thomas van Boven | Noord-Veluwe | 27.44 | 200203293 | 27.03 |
| 2. | Max Vlijm | Nunspeet | 28.85 | 200201937 | 28.52 |
| 3. | Jurjen Gobas | Aquapoldro | 28.88 | 200204081 | 28.53 |
| 4. | Luuk van den Broek | De Gelenberg | 28.87 | 200202717 | 28.59 |
| 5. | Michiel Koele | ZVV | 30.63 | 200202551 | 28.62 |
| 6. | Bas Scholten | Octopus | 28.56 | 200201171 | 28.74 |
| 7. | Thijs de Geus | Olympia | 29.50 | 200200349 | 28.97 |
| 8. | Dave Stitselaar | DWK | 29.10 | 200202219 | 29.29 |
| 9. | Tu Pham | De Vrije Slag | 30.70 | 200203247 | 29.37 |
| 10. | Danny Rekers | Nunspeet | 30.15 | 200201459 | 29.49 |
| 11. | Luke Jansen | De Rijn | 29.02 | 200200247 | 29.85 |
| 12. | Pieter Janssen | De Gelenberg | 30.17 | 200201201 | 29.92 |

Jeugd 2

| | | | | | |
|-----|--------------------|------------------|-------|-----------|--------------|
| 1. | Mathijs van Dijk | De Ward | 27.00 | 200102437 | 26.59 |
| 2. | Sjoerd Nijhuis | NDD | 27.08 | 200103675 | 26.74 |
| 3. | Joost Vilier | EZ & PC | 27.26 | 200102813 | 26.77 |
| 4. | Clemenx Koch | RZC | 27.63 | 200103929 | 26.85 |
| 5. | Wilco Stijf | NDD | 27.00 | 200103043 | 27.11 |
| 6. | Kick Moors | Wijchen | 27.31 | 200103959 | 27.25 |
| 7. | Ivar Regelink | DWV | 27.76 | 200102707 | 27.45 |
| 8. | Sander van Kessel | Schuurman BZC | 28.97 | 200104193 | 28.10 |
| 9. | Jasper Meij | Olympia | 28.27 | 200103397 | 28.25 |
| 10. | Gerben den Breejen | SG Bommelerwaard | 28.74 | 200100601 | 28.73 |
| 11. | Edwin Versprille | Noord-Veluwe | 28.60 | 200100059 | 28.78 |
| 12. | Youri Jansen | Batavia Swim | 29.00 | 200105259 | 28.92 |

Senioren

| | | | | | |
|-----|--------------------|-------------------|-------|-----------|--------------|
| 1. | Freek van Willigen | Olympia | 25.95 | 200000543 | 25.32 |
| 2. | Erik Verholt | Noord-Veluwe | 26.02 | 198803543 | 25.45 |
| 3. | Marcel van Winssen | De Gelenberg | 26.26 | 197101477 | 26.08 |
| 4. | Vincent van 't Hof | Aquapoldro | 26.50 | 199803001 | 26.13 |
| 5. | Johan Krakou | De Rijn | 26.11 | 199101311 | 26.14 |
| 6. | Rik Schipper | De Vrije Slag | 26.17 | 199901121 | 26.17 |
| 7. | Remco Haijink | De Berkelduikers | 26.68 | 200002791 | 26.24 |
| | Frank Buiting | De IJsselmeewuven | 26.45 | 199000493 | 26.24 |
| 9. | Tim de Vrugt | ESCA Zwemmen | 26.20 | 199306719 | 26.46 |
| 10. | Joost Schepers | De Rijn | 26.26 | 199901017 | 26.74 |
| 11. | Matthijs Risseeuw | De IJsselmeewuven | 26.66 | 200003737 | 27.03 |
| 12. | Mike van de Streek | Noord-Veluwe | 26.67 | 199500577 | 27.04 |

Programmanr. 27
15-12-2018 - 16:41

Meisjes, 100m schoolslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-----------------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Jente Koren | NDD | 1:41.83 | 200703560 | 1:36.60 | 45.80 | 1:36.60 |
| 2. | Danique van de Werken | SG Bommelerwaard | 1:43.28 | 200701672 | 1:36.65 | 45.80 | 1:36.65 |
| 3. | Kimberley Olieman | Zuiderzeezwemmers | 1:40.67 | 200700484 | 1:37.58 | 46.82 | 1:37.58 |
| 4. | Nilou Vriesema | De Hokseberg | 1:43.77 | 200703216 | 1:40.20 | 46.73 | 1:40.20 |
| 5. | Cedi van der Beek | ZVV | 1:44.42 | 200702418 | 1:47.23 | 51.28 | 1:47.23 |
| DIS | Elise van der Wielen | Olympia | 1:44.67 | 200700346 | | | |

SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.

Programmanr. 28
15-12-2018 - 16:43

Meisjes, 100m schoolslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------|------------------|-------------------|----------------------|----|-------|---------|
| 1. | Britt Meisner | Octopus | 1:35.72 200600658 | 1:28.37 | | 41.60 | 1:28.37 |
| 2. | Senna Levering | DWK | 1:36.93 200603892 | 1:30.12 | | 42.83 | 1:30.12 |
| 3. | Femke Bolink | De Berkelduikers | 1:33.19 200602058 | 1:30.17 | | 43.12 | 1:30.17 |
| 4. | Iris de Schrijver | De Ward | 1:35.51 200600536 | 1:30.89 | | 42.77 | 1:30.89 |
| 5. | Ami Pham | ESCA Zwemmen | 1:37.81 200601924 | 1:36.79 *100m | | 45.86 | 1:36.79 |
| 6. | Sterre Karmiggelt | De Berkelduikers | 1:38.17 200601786 | 1:42.38 | | 47.74 | 1:42.38 |

Programmanr. 29
15-12-2018 - 16:45

Meisjes, 100m schoolslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------|------------------|-------------------|----------------|----|-------|---------|
| 1. | Larissa de Vos | ZVV | 1:29.71 200502728 | 1:25.85 | | 40.74 | 1:25.85 |
| 2. | Aniek Heinen | De IJsselmeewiën | 1:25.69 200503636 | 1:27.38 | | 40.03 | 1:27.38 |
| 3. | Azra Guler | NDD | 1:29.35 200503054 | 1:28.74 | | 41.08 | 1:28.74 |
| 4. | Julia Visser | De Rijn | 1:31.80 200500388 | 1:29.36 | | 41.43 | 1:29.36 |
| 5. | Hester Moene | De Rijn | 1:29.32 200501878 | 1:31.06 | | 42.20 | 1:31.06 |
| 6. | Amber Scheffer | De IJsselmeewiën | 1:31.92 200502716 | 1:36.53 | | 44.56 | 1:36.53 |

Programmanr. 30
15-12-2018 - 16:47

Dames, 100m schoolslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|-----------------------|-------------------------|-------------------|----------------|----|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Vivian Gravemaker | De Rijn | 1:29.21 200400058 | 1:26.32 | | 41.06 | 1:26.32 |
| 2. | Sterre Naves | WWV Winterswijk | 1:26.17 200403446 | 1:26.86 | | 40.33 | 1:26.86 |
| 3. | Amber Westerink | Octopus | 1:26.71 200401078 | 1:28.09 | | 40.64 | 1:28.09 |
| 4. | Myrthe van der Knijff | De Vrije Slag | 1:30.24 200402056 | 1:28.84 | | 41.79 | 1:28.84 |
| 5. | D. Groot Roessink | De Berkelduikers | 1:32.77 200402258 | 1:30.45 | | 42.34 | 1:30.45 |
| 6. | Manou Blokhorst | Groenlose Zwemverenigin | 1:30.97 200402554 | 1:30.84 | | 43.13 | 1:30.84 |
| 7. | Eva Berning | Wijchen | 1:32.10 200403356 | 1:30.85 | | 41.18 | 1:30.85 |
| 8. | Lonneke Gieteling | De Berkelduikers | 1:33.23 200402558 | 1:31.72 | | 43.59 | 1:31.72 |
| 9. | Pleun Regelink | DWV | 1:33.01 200401014 | 1:32.54 | | 42.77 | 1:32.54 |
| 10. | Zara Govaers | De IJsselmeewiën | 1:32.89 200401272 | 1:38.25 | | 44.32 | 1:38.25 |
| AFGEM | Demi de Vries | Groenlose Zwemverenigin | 1:32.69 200404674 | | | | |
| AFGEM | Lieve van der Werff | NDD | 1:32.66 200404436 | | | | |

Jeugd 2

| | | | | | | | |
|-----|------------------------|------------------|-------------------|----------------|--|-------|---------|
| 1. | Annemiek Huijsmans | De Rijn | 1:26.93 200300028 | 1:27.32 | | 41.13 | 1:27.32 |
| 2. | Leonie Veldhuis | Aquapoldro | 1:31.77 200301768 | 1:30.23 | | 43.63 | 1:30.23 |
| 3. | Fleur Brinkman | De Berkelduikers | 1:29.92 200303134 | 1:30.41 | | 42.46 | 1:30.41 |
| 4. | Lisanne van Elst | De Rijn | 1:29.43 200301964 | 1:30.65 | | 42.90 | 1:30.65 |
| 5. | Naomi van Arkel | TZC Vahalis | 1:32.09 200300942 | 1:30.81 | | 42.32 | 1:30.81 |
| 6. | Julia Vrolijk | De IJsselmeewiën | 1:31.02 200302330 | 1:31.57 | | 43.33 | 1:31.57 |
| 7. | Aniek van der Meij | Nunspeet | 1:34.58 200305052 | 1:32.38 | | 42.74 | 1:32.38 |
| 8. | Emma Klein Heerenbrink | De Berkelduikers | 1:34.41 200301030 | 1:34.75 | | 44.60 | 1:34.75 |
| 9. | Kajsa Hakvoort | Schuurman BZC | 1:30.84 200302896 | 1:35.12 | | 43.68 | 1:35.12 |
| 10. | Mare Heite | De IJsselmeewiën | 1:35.48 200302986 | 1:38.50 | | 46.88 | 1:38.50 |

Senioren

| | | | | | | | |
|----|--------------------|------------------|-------------------|----------------|--|-------|---------|
| 1. | Nicky Biemans | Olympia | 1:23.28 200101616 | 1:22.08 | | 38.25 | 1:22.08 |
| 2. | Marleen Snapper | DWK | 1:24.75 199805214 | 1:23.64 | | 38.74 | 1:23.64 |
| 3. | Ellen ter Stege | RZC | 1:23.68 199900604 | 1:25.11 | | 40.39 | 1:25.11 |
| 4. | Harma van der Meer | DWK | 1:24.11 200200714 | 1:25.27 | | 40.12 | 1:25.27 |
| 5. | Danitscha Werter | WWV Winterswijk | 1:23.64 199804958 | 1:26.26 | | 40.67 | 1:26.26 |
| 6. | Sanne Arendsen | NDD | 1:23.76 200103544 | 1:26.92 | | 40.85 | 1:26.92 |
| 7. | Welmoed Doornbos | De IJsselmeewiën | 1:25.52 200203352 | 1:27.37 | | 40.32 | 1:27.37 |
| 8. | Eva Kattouw | De Ward | 1:25.81 199407168 | 1:28.34 | | 40.60 | 1:28.34 |
| 9. | Anne Gijsbers | WWV Winterswijk | 1:26.62 200201994 | 1:29.19 | | 41.52 | 1:29.19 |

Programmanr. 30, Dames, 100m schoolslag, Senioren

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|--------------|------------|---------|-----------|----|-----|------|
| NG | Anika Kilian | Olympia | 1:23.28 | 200100166 | | | |

Programmanr. 31
15-12-2018 - 16:58

Jongens, 100m rugslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------------------------|----------------------------------|--------------------|------------------------|----------------|-------|---------|
| 1. | Kjetil van Gasteren | Olympia | 1:26.36 | 200600405 | 1:22.00 | 40.22 | 1:22.00 |
| 2. | Lars Haytink | De Berkelduikers | 1:24.65 | 200601815 | 1:22.28 | 40.24 | 1:22.28 |
| 3. | Mex Jansen *50m | ESCA Zwemmen | 1:26.01 | 200602129 | 1:23.10 | 41.34 | 1:23.10 |
| 4. | Ryan Bleumink AFGEM Jeroen Hoogers | De Berkelduikers Batavia Swim | 1:26.08 1:25.39 | 200601257 200600629 | 1:25.72 | 41.34 | 1:25.72 |

Programmanr. 32
15-12-2018 - 17:00

Jongens, 100m rugslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|------------------------|-------------|---------|-----------|----------------|-------|---------|
| 1. | Mees Peters *50m | De Ward | 1:18.35 | 200501895 | 1:15.03 | 36.65 | 1:15.03 |
| 2. | Bjorn Hueting | DWK | 1:16.89 | 200502829 | 1:15.25 | 36.33 | 1:15.25 |
| 3. | Thijs Berkhout *50m | TZC Vahalis | 1:19.47 | 200500035 | 1:20.46 | 38.81 | 1:20.46 |

Programmanr. 33
15-12-2018 - 17:02

Jongens, 100m rugslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|------------|---------|-----------|----------------|-------|---------|
| 1. | Stefan van der Hoeve | ZVV | 1:12.42 | 200402979 | 1:12.95 | 34.41 | 1:12.95 |

Programmanr. 34
15-12-2018 - 17:04

Jongens, 100m rugslag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Ronis van Everdingen | De Vrije Slag | 1:11.06 | 200300043 | 1:09.14 | 33.65 | 1:09.14 |
| 2. | Wesley Grotenbreg | ESCA Zwemmen | 1:10.92 | 200303495 | 1:09.76 | 33.33 | 1:09.76 |
| 3. | Jur van Hunen *50m | Aquapoldro | 1:11.21 | 200300703 | 1:10.15 | 34.40 | 1:10.15 |
| 4. | Albert Bolink | De Berkelduikers | 1:11.49 | 200302175 | 1:10.85 | 34.82 | 1:10.85 |
| 5. | Bram van Norel | RZC | 1:12.98 | 200301133 | 1:13.88 | 35.65 | 1:13.88 |
| 6. | Floris van Vulpen | ZV De Meer | 1:12.07 | 200301943 | 1:16.47 | 36.69 | 1:16.47 |

Programmanr. 35
15-12-2018 - 17:06

Heren, 100m rugslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|------|------------|--------|------|----|-----|------|
|------|------|------------|--------|------|----|-----|------|

Programmanr. 35, Heren, 100m rugslag

Jeugd 1

| | | | | | | | |
|----|------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Lars van de Kamp | Nunspeet | 1:09.37 | 200201153 | 1:09.56 | 33.69 | 1:09.56 |
| 2. | Bas Scholten | Octopus | 1:08.53 | 200201171 | 1:10.75 | 35.04 | 1:10.75 |
| 3. | Dante Hendriks | De Berkelduikers | 1:10.32 | 200200403 | 1:10.91 | 35.49 | 1:10.91 |
| 4. | Thomas van Boven | Noord-Veluwe | 1:10.36 | 200203293 | 1:11.03 | 34.68 | 1:11.03 |
| 5. | Max Vlijm | Nunspeet | 1:11.17 | 200201937 | 1:11.77 | 34.58 | 1:11.77 |
| | *50m | | | | | | |
| 6. | Job van Willigen | Olympia | 1:11.18 | 200200681 | 1:12.00 | 34.94 | 1:12.00 |

Jeugd 2

| | | | | | | | |
|-----|--|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Lesley Smits | Zuiderzeezwemmers | 1:12.45 | 200105227 | 1:08.83 | 33.44 | 1:08.83 |
| 2. | Clemenz Koch | RZC | 1:09.68 | 200103929 | 1:09.17 | 33.57 | 1:09.17 |
| 3. | Wilco Stijf | NDD | 1:10.86 | 200103043 | 1:11.99 | 34.10 | 1:11.99 |
| | *50m | | | | | | |
| 4. | Kick Moors | Wijchen | 1:12.49 | 200103959 | 1:13.36 | 35.36 | 1:13.36 |
| 5. | Jasper Meij | Olympia | 1:10.16 | 200103397 | 1:13.62 | 35.82 | 1:13.62 |
| DIS | Sjoerd Nijhuis | NDD | 1:13.87 | 200103675 | | | |
| | <i>RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel., 75m</i> | | | | | | |

Senioren

| | | | | | | | |
|----|--------------------|---------------|---------|-----------|----------------|-------|---------|
| 1. | Johan Krakou | De Rijn | 1:06.26 | 199101311 | 1:07.02 | 32.39 | 1:07.02 |
| 2. | Martijn Velders | TZC Vahalis | 1:05.59 | 199502619 | 1:07.06 | 32.51 | 1:07.06 |
| 3. | Freek van Willigen | Olympia | 1:07.80 | 200000543 | 1:07.32 | 33.36 | 1:07.32 |
| 4. | Vincent van Emous | ZVV | 1:05.25 | 199802783 | 1:07.79 | 32.27 | 1:07.79 |
| 5. | Thijs Meerveld | De Vrije Slag | 1:07.54 | 199702249 | 1:08.66 | 33.15 | 1:08.66 |
| 6. | Joost Schepers | De Rijn | 1:07.78 | 199901017 | 1:15.01 | 35.62 | 1:15.01 |

Programmanr. 36
15-12-2018 - 17:11

Meisjes, 50m vlinderslag

Juniores 1
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|--|------------------|--------|-----------|--------------|----|
| 1. | Didi Pham | ESCA Zwemmen | 43.08 | 200700744 | 41.59 | |
| 2. | Joyce Vlijm | Nunspeet | 42.84 | 200700262 | 42.38 | |
| 3. | Celeste Verhoef | De Vrije Slag | 42.53 | 200701892 | 42.96 | |
| 4. | Dominique Bredenhof | Octopus | 43.19 | 200700322 | 43.22 | |
| 5. | Frederieke Straver | SG Bommelerwaard | 43.09 | 200700804 | 44.26 | |
| DIS | Nilou Vriesema | De Hokseberg | 41.51 | 200703216 | | |
| | <i>VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.</i> | | | | | |

Programmanr. 37
15-12-2018 - 17:12

Meisjes, 50m vlinderslag

Juniores 2
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|---------------------|--------------------------|--------|-----------|--------------|----|
| 1. | Doutsen Doornbos | De IJsselmeewuven | 38.16 | 200602610 | 36.48 | |
| 2. | Kyra van Veenhuizen | Z&PC Triton Putten | 39.48 | 200601032 | 37.08 | |
| 3. | Monique van Hulst | De Gelenberg | 38.26 | 200600628 | 37.11 | |
| 4. | Bloem Muijlaert | ZVV | 39.77 | 200602754 | 37.90 | |
| 5. | Shania Frederik | Batavia Swim | 39.95 | 200604386 | 37.94 | |
| 6. | Femke Bolink | De Berkelduikers | 39.82 | 200602058 | 38.52 | |
| 7. | Alyssa Heuvelink | Groenlose Zwemvereniging | 38.64 | 200600500 | 38.60 | |
| 8. | Ami Pham | ESCA Zwemmen | 40.00 | 200601924 | 39.56 | |
| | *50m | | | | | |
| 9. | Imke Temmink | De Berkelduikers | 39.84 | 200601668 | 40.45 | |
| 10. | Christel Manuela | ZVV | 39.05 | 200602154 | 40.66 | |
| 11. | Sterre Karmiggelt | De Berkelduikers | 39.15 | 200601786 | 40.80 | |
| 12. | Maureen Vens | RZC | 39.90 | 200601956 | 41.13 | |

Programmanr. 38
15-12-2018 - 17:15

Meisjes, 50m vlinderslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|----------------------|--------------------------|--------|-----------|--------------|----|
| 1. | Julia Visser | De Rijn | 35.51 | 200500388 | 34.18 | |
| 2. | Hester Moene | De Rijn | 36.72 | 200501878 | 35.37 | |
| 3. | Ilse Boevink | De IJsselmeewen | 35.39 | 200501604 | 35.48 | |
| 4. | Zuzanna Kowalczyk | SG Bommelerwaard | 38.10 | 200503860 | 35.87 | |
| 5. | Hanna Minderaa | De Vrije Slag | 35.32 | 200500406 | 36.02 | |
| 6. | Azra Guler | NDD | 36.45 | 200503054 | 36.81 | |
| 7. | Meike Kegel | PFC Rheden | 37.91 | 200500554 | 37.15 | |
| 8. | Sabine Uytdewilligen | ESCA Zwemmen | 36.91 | 200502654 | 37.28 | |
| 9. | Suzanne Vesseur | Zuiderzeezwemmers | 38.29 | 200500740 | 37.55 | |
| 10. | Isa Keijzers | NDD | 36.91 | 200502044 | 37.84 | |
| 11. | Camila Valencia | De Rijn | 36.53 | 200501882 | 39.04 | |
| 12. | Bridet Hulshof | Groenlose Zwemvereniging | 38.55 | 200503306 | 39.51 | |

Programmanr. 39
15-12-2018 - 17:17

Dames, 50m vlinderslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|----------------|--------------------|--------------------------|--------|-----------|--------------|------|
| Jeugd 1 | | | | | | |
| 1. | Britt Biemans | Olympia | 34.59 | 200400080 | 32.58 | |
| 2. | Zara Govaers | De IJsselmeewen | 33.65 | 200401272 | 33.86 | |
| 3. | Rose Lether | ESCA Zwemmen | 34.45 | 200403330 | 34.08 | |
| 4. | Ilse Wild | ZVV | 34.08 | 200401812 | 34.43 | |
| 5. | Nica Fontein | DWV | 35.49 | 200402624 | 34.71 | |
| 6. | Manou Blokhorst | Groenlose Zwemvereniging | 34.64 | 200402554 | 34.76 | |
| 7. | Nienke Wentink | NDD | 34.45 | 200403414 | 34.90 | |
| 8. | Ilse Kooij | De Vrije Slag | 34.76 | 200401226 | 34.92 | |
| 9. | Melissa Frisart | De Rijn | 35.04 | 200400982 | 34.95 | |
| 10. | Juliette Bootsveld | De IJsselmeewen | 34.67 | 200401270 | 35.20 | |
| 11. | Sanne Jager | NDD | 35.34 | 200404438 | 36.20 | *50m |
| 12. | Demi de Vries | Groenlose Zwemvereniging | 35.37 | 200404674 | 36.22 | |
| AFGEM | Nora Dorsthorst | ZVV | 33.82 | 200400874 | | |

Jeugd 2

| | | | | | | |
|-----|---------------------|------------------|-------|-----------|--------------|--|
| 1. | Esmee Wilcke | ZV Overbetuwe | 34.77 | 200302540 | 35.32 | |
| 2. | Annemiek Huijsmans | De Rijn | 36.93 | 200300028 | 35.34 | |
| 3. | Ymke Vermeulen | Olympia | 36.18 | 200303688 | 35.45 | |
| 4. | Chimene Gommans | Olympia | 35.30 | 200304396 | 35.48 | |
| 5. | Julia Vrolijk | De IJsselmeewen | 35.81 | 200302330 | 35.67 | |
| 6. | Isa Scholten | Octopus | 38.09 | 200300596 | 36.40 | |
| 7. | Juline van Meeteren | ZV De Meer | 36.09 | 200300406 | 36.59 | |
| 8. | Lisa Rinders | De Berkelduikers | 37.13 | 200301532 | 36.61 | |
| 9. | Lisanne van Elst | De Rijn | 37.76 | 200301964 | 36.71 | |
| 10. | Mare Heite | De IJsselmeewen | 35.37 | 200302986 | 37.35 | |
| 11. | Leonie Veldhuis | Aquapoldro | 37.57 | 200301768 | 37.47 | |
| 12. | Aniek van der Meij | Nunspeet | 37.35 | 200305052 | 38.32 | |

Senioren

| | | | | | | |
|-------|--------------------|------------------|-------|-----------|--------------|--|
| 1. | Veerle Strik | De Gelenberg | 33.21 | 200201834 | 32.13 | |
| 2. | Zoë Ulkeman | De Berkelduikers | 33.82 | 200200682 | 32.61 | |
| 3. | Arine van Holland | De Vrije Slag | 33.54 | 198701768 | 32.66 | |
| 4. | Marieke de Jong | DWK | 33.72 | 200200390 | 32.97 | |
| 5. | Mylène Veldhuis | Aquapoldro | 33.18 | 199902708 | 33.32 | |
| 6. | Nicky Biemans | Olympia | 33.70 | 200101616 | 33.54 | |
| 7. | Danitscha Werter | WWV Winterswijk | 33.28 | 199804958 | 33.62 | |
| 8. | Ellen ter Stege | RZC | 33.48 | 199900604 | 33.81 | |
| 9. | Harma van der Meer | DWK | 33.18 | 200200714 | 34.43 | |
| 10. | Eva Kattouw | De Ward | 33.19 | 199407168 | 34.46 | |
| 11. | Nicole Seegers | NDD | 34.06 | 200203526 | 34.56 | |
| 12. | Nienke Verploeg | Olympia | 33.82 | 200000438 | 34.66 | |
| AFGEM | Susan Melchers | De Gelenberg | 33.96 | 199603334 | | |

Programmanr. 40
15-12-2018 - 17:35

Heren, 200m wisselslag

Jeugd 1 en ouder
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|---------------------|------------------|-------------------|----------------|----|-------|---------|---------|---------|
| Jeugd 1 | | | | | | | | |
| 1. Dante Hendriks | De Berkelduikers | 2:35.74 200200403 | 2:35.49 | | 33.39 | 1:13.28 | 2:00.34 | 2:35.49 |
| 2. Bas Scholten | Octopus | 2:46.40 200201171 | 2:38.70 | | 37.64 | 1:15.86 | 2:02.73 | 2:38.70 |
| 3. Victor Willemse | De Ward | 2:39.19 200201315 | 2:38.82 | | 33.25 | 1:14.99 | 2:03.52 | 2:38.82 |
| 4. Max Vlijm | Nunspeet | 2:39.46 200201937 | 2:40.20 | | 36.74 | 1:18.56 | 2:05.33 | 2:40.20 |
| 5. Pieter Janssen | De Gelenberg | 2:44.74 200201201 | 2:48.51 | | 39.37 | 1:22.47 | 2:11.57 | 2:48.51 |
| 6. Thomas van Boven | Noord-Veluwe | 2:37.75 200203293 | 2:48.56 | | 34.01 | 1:17.05 | 2:08.73 | 2:48.56 |

Jeugd 2

| | | | | | | | | |
|-------------------|------------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1. Anne Kraai | De IJsselmeeuwen | 2:27.94 200104311 | 2:26.15 | | 32.80 | 1:08.69 | 1:52.55 | 2:26.15 |
| 2. Joost Vilier | EZ & PC | 2:31.58 200102813 | 2:30.59 | | 31.40 | 1:14.10 | 1:58.07 | 2:30.59 |
| 3. Lesley Smits | Zuiderzeewemmers | 2:37.33 200105227 | 2:33.32 | | 31.92 | 1:11.43 | 1:58.56 | 2:33.32 |
| 4. Clemenz Koch | RZC | 2:37.30 200103929 | 2:35.33 | | 32.83 | 1:11.11 | 1:59.15 | 2:35.33 |
| 5. Sjoerd Nijhuis | NDD | 2:38.66 200103675 | 2:39.74 | | 34.32 | 1:14.26 | 2:02.26 | 2:39.74 |
| 6. Wilco Stijf | NDD | 2:34.52 200103043 | 2:42.41 | | 34.44 | 1:16.31 | 2:04.03 | 2:42.41 |
| AFGEM Kick Moors | Wijchen | 2:36.38 200103959 | | | | | | |

Senioren

| | | | | | | | | |
|-------------------------|--------------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1. Roel van der Kruijs | De Gelenberg | 2:27.89 198501491 | 2:28.32 | | 32.28 | 1:11.15 | 1:54.66 | 2:28.32 |
| 2. Remco Haijntink | De Berkelduikers | 2:29.30 200002791 | 2:30.10 | | 31.22 | 1:07.99 | 1:54.92 | 2:30.10 |
| 3. Hans Stoffers | Z&PC Triton Putten | 2:31.42 199604027 | 2:31.44 | | 31.15 | 1:11.48 | 1:56.87 | 2:31.44 |
| 4. Rik Schipper *50m | De Vrije Slag | 2:33.05 199901121 | 2:33.16 | | 30.90 | 1:09.96 | 1:58.74 | 2:33.16 |
| 5. Thijs Meerveld | De Vrije Slag | 2:29.15 199702249 | 2:33.27 | | 33.84 | 1:12.94 | 1:59.15 | 2:33.27 |
| 6. Thomas Meijer | ZVV | 2:29.34 199402321 | 2:35.50 | | 33.57 | 1:16.19 | 1:59.56 | 2:35.50 |

Programmanr. 41
15-12-2018 - 17:45

Jongens, 200m wisselslag

Junioren
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|--------------------|-------------|-------------------|----------------|----|-------|---------|---------|---------|
| Junioren 2 | | | | | | | | |
| 1. Bjorn Hueting | DWK | 3:00.37 200502829 | 2:47.32 | | 38.35 | 1:20.39 | 2:09.53 | 2:47.32 |
| 2. Sofyan El fhim | Wijchen | 2:51.94 200502131 | 2:50.83 | | 37.50 | 1:17.62 | 2:11.75 | 2:50.83 |
| 3. Cassian Janssen | RZC | 2:54.13 200500331 | 2:51.53 | | 37.72 | 1:22.58 | 2:14.25 | 2:51.53 |
| 4. Thijs Berkhout | TZC Vahalis | 2:59.08 200500035 | 2:57.65 | | 38.84 | 1:22.47 | 2:13.90 | 2:57.65 |
| 5. Joost Brugmans | RZC | 2:56.97 200500391 | 2:57.78 | | 41.41 | 1:28.85 | 2:20.78 | 2:57.78 |

Junioren 3

| | | | | | | | | |
|---------------------|------------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1. Dries Mostert | De Vrije Slag | 2:44.74 200400995 | 2:41.25 | | 35.40 | 1:20.46 | 2:07.31 | 2:41.25 |
| 2. Luuk Hoentjen | De Berkelduikers | 2:47.83 200402901 | 2:42.04 | | 36.97 | 1:18.13 | 2:05.92 | 2:42.04 |
| 3. Abram Korevaar | Noord-Veluwe | 2:46.13 200401459 | 2:43.57 | | 35.52 | 1:17.39 | 2:06.45 | 2:43.57 |
| 4. Jorim Hebbink | De Berkelduikers | 2:53.93 200401957 | 2:51.04 | | 38.37 | 1:21.53 | 2:14.68 | 2:51.04 |
| 5. Splinter Doorbos | De IJsselmeeuwen | 2:51.83 200402255 | 2:52.21 | | 35.70 | 1:22.20 | 2:16.14 | 2:52.21 |

Programmanr. 42
15-12-2018 - 17:55

Dames, 4 x 100m vrije slag

All-in
Resultaten

| rang | vereniging | intijd | tijd | RT |
|-------|---|---------|----------------|----|
| 1. | De IJsselmeeuwen <i>*250m</i> | 4:24.04 | 4:25.87 | |
| | Aniek Garritsen 95 30.02 1:03.16 Mare Heite 03 32.98 1:09.99 Julia Vrolijk 03 32.80 1:09.33 Welmoed Doornbos 02 30.31 1:03.39 | | | |
| 2. | WWV Winterswijk Danitscha Werter 98 33.42 1:09.75 Renée Duenk 02 31.08 1:05.45 Sterre Naves 04 31.11 1:05.40 Anne Gijsbers 02 31.39 1:07.33 | 4:26.07 | 4:27.93 | |
| 3. | Olympia 1 Nienke Verploeg 00 32.35 1:08.09 Ymke Vermeulen 03 31.83 1:06.26 Chimene Gommans 03 33.40 1:10.32 Britt Biemans 04 31.21 1:04.92 | 4:38.04 | 4:29.59 | |
| 4. | Aquapoldro 1 Elisah Velgersdijk 01 31.70 1:07.54 Leonie Veldhuis 03 32.85 1:09.72 Daphne van Rees 03 34.59 1:12.58 Mylène Veldhuis 99 31.29 1:04.36 | 4:28.74 | 4:34.20 | |
| 5. | NDD 1 <i>*150m</i> Sanne Arendsen 01 33.50 1:09.24 Fleur Arendsen 02 32.78 1:09.04 Nikki Esmeijer 02 32.73 1:10.88 Mirte Bruins 03 31.39 1:05.40 | 4:28.27 | 4:34.56 | |
| 6. | De Gelenberg 1 <i>*150m</i> Sanne Domensino 99 32.41 1:06.70 Lizanne Lamens 94 31.28 1:07.08 Louise Hoppenrejs 05 36.13 1:15.11 Veerle Strik 02 30.92 1:06.18 | 4:35.14 | 4:35.07 | |
| 7. | DWK 1 Mieke de Jong 02 34.06 1:11.41 Marleen Snapper 98 30.99 1:05.66 Jade Hazeleger 04 33.48 1:12.54 Harma van der Meer 02 32.57 1:08.56 | 4:41.20 | 4:38.17 | |
| 8. | De Berkelduikers 1 Lisa Rinders 03 33.16 1:10.27 Emma Klein Heerenbrink 03 33.04 1:09.36 Fleur Brinkman 03 33.68 1:09.88 Maud Rietman 04 33.87 1:10.01 | 4:39.09 | 4:39.52 | |
| 9. | NDD 2 Nicole Seegers 02 34.57 1:11.39 Sanne Jager 04 35.50 1:16.33 Milena Keurentjes 04 34.39 1:15.35 Nienke Wentink 04 32.52 1:09.82 | 4:41.98 | 4:52.89 | |
| 10. | ESCA Zwemmen 1 <i>*50m, *250m</i> Hannah Elting 04 33.34 1:11.19 Fenna Robbers 01 37.31 1:18.82 Rose Lether 04 34.40 1:11.65 Cheyenne Verburgt 99 34.48 1:11.77 | 4:38.72 | 4:53.43 | |
| 11. | De IJsselmeeuwen 2 <i>*50m</i> Simone Zandink 04 36.86 1:21.26 Ilse Boevink 05 33.57 1:10.09 Frederique Bootsvelt 01 33.46 1:13.14 Juliette Bootsvelt 04 34.39 1:12.90 | 4:53.41 | 4:57.39 | |
| DIS | De Vrije Slag 1 <i>EA - Te vroeg overgenomen., *4e zwemmer</i> Myrthe van der Knijff 04 33.68 1:11.45 Ilse Kooij 04 33.68 1:12.07 Hanna van den Berg 02 33.22 1:10.43 Arine van Holland 87 | 4:36.64 | | |
| AFGEM | EZ & PC 1 | EZ & PC | 4:40.65 | |
| AFGEM | Octopus 2 | Octopus | 4:44.90 | |

Programmanr. 43
15-12-2018 - 18:06

Heren, 4 x 100m wisselslag

All-in
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|------------|--------|------|----|
|------|------------|--------|------|----|

Programmanr. 43, Heren, 4 x 100m wisselslag

| | | | |
|----------------------------|-------------------|---------|--------------------|
| 1. De Vrije Slag 1 *50m | De Vrije Slag | 4:44.09 | 4:41.35 |
| Ronis van Everdingen | 03 35.09 | 1:11.72 | Rik Schipper |
| Dries Mostert | 04 38.70 | 1:21.94 | Thijs Meerveld |
| | | | 99 30.43 1:08.82 |
| | | | 97 28.73 58.87 |
| 2. De IJsselmeewiwen 1 | De IJsselmeewiwen | 4:33.84 | 4:42.11 |
| Niek Bouman | 86 35.53 | 1:15.65 | Anne Kraai |
| Frank Buiting | 90 34.17 | 1:15.41 | Robin Ross |
| | | | 01 29.78 1:06.48 |
| | | | 01 30.86 1:04.57 |
| 3. ZVV 1 | ZVV | 4:50.30 | 4:52.23 |
| Stefan van der Hoeve | 04 35.72 | 1:13.39 | Vincent van Emous |
| Niels Dieker | 03 39.22 | 1:24.52 | Thomas Meijer |
| | | | 98 31.95 1:12.37 |
| | | | 94 30.27 1:01.95 |
| 4. Aquapoldro 1 | Aquapoldro | 4:46.66 | 4:54.52 |
| Jur van Hunen | 03 35.19 | 1:14.26 | Vincent van 't Hof |
| Jurjen Gobas | 02 40.03 | 1:25.46 | Niels Calès |
| | | | 98 30.66 1:07.49 |
| | | | 03 30.01 1:07.31 |
| 5. De IJsselmeewiwen 2 | De IJsselmeewiwen | 5:05.78 | 4:59.87 |
| Lucas Boevink | 03 36.26 | 1:15.37 | Felix Vrolijk |
| Christopher Scheffer | 03 38.77 | 1:23.52 | Splinter Doombos |
| | | | 03 34.46 1:16.18 |
| | | | 04 31.91 1:04.80 |

Programmanr. 44
16-12-2018 - 14:45

Gemengd, 4 x 100m vrije slag
2 dames, 2 heren volgorde vrij

All-in
Resultaten

| rang | vereniging | intijd | tijd | RT |
|--------------------------------|-------------------|---------|-----------------------|------------------|
| 1. De IJsselmeewiwen 1 | De IJsselmeewiwen | 4:07.85 | 4:06.48 | |
| Welmoed Doombos | 02 31.01 | 1:04.36 | Friso Ron | 01 27.86 59.04 |
| Aniek Garritsen | 95 30.67 | 1:04.30 | Frank Buiting | 90 27.05 58.78 |
| 2. De IJsselmeewiwen 2 | De IJsselmeewiwen | 4:18.93 | 4:18.21 | |
| Mare Heite | 03 33.93 | 1:09.64 | Julia Vrolijk | 03 32.31 1:08.18 |
| Felix Vrolijk | 03 28.45 | 1:01.23 | Lucas Boevink | 03 28.77 59.16 |
| 3. Aquapoldro 1 | Aquapoldro | 4:14.06 | 4:18.30 | |
| Jurrian Buitenhuis | 99 28.65 | 1:00.47 | Daphne van Rees | 03 34.45 1:12.31 |
| Mylène Veldhuis | 99 31.06 | 1:04.62 | Delano Weijn | 00 29.00 1:00.90 |
| 4. De Berkelduikers 1 *150m | De Berkelduikers | 4:21.23 | 4:20.61 | |
| Marlieke Scholten | 97 31.58 | 1:05.88 | Dante Hendriks | 02 29.01 1:01.18 |
| Emma Klein Heerenbrink | 03 32.57 | 1:09.07 | Luuk Hoentjen | 04 31.31 1:04.48 |
| 5. ZVV 1 *50m | ZVV | 4:23.08 | 4:21.09 | |
| Marjan Rikken | 92 34.13 | 1:11.82 | Thomas Meijer | 94 28.86 59.81 |
| Tamar van der Beek | 02 31.69 | 1:07.51 | Vincent van Emous | 98 28.41 1:01.95 |
| 6. ZV De Meer 1 *250m | ZV De Meer | 4:23.92 | 4:24.72 | |
| Eline van Gemert | 95 31.28 | 1:07.14 | Tim van den Heuvel | 04 31.94 1:08.34 |
| Merel van den Heuvel | 02 31.86 | 1:08.43 | Richard van der Horst | 97 29.38 1:00.81 |
| 7. EZ & PC 1 | EZ & PC | 4:24.81 | 4:25.15 | |
| Joost Vilier | 01 28.17 | 59.23 | Esmee van Dijk | 99 33.64 1:10.67 |
| Cindy Franken-Hendriks | 92 30.62 | 1:05.33 | Xander Willemsen | 01 33.80 1:09.92 |
| 8. De Vrije Slag 1 *50m | De Vrije Slag | 4:33.87 | 4:28.48 | |
| Rutger van der Knijff | 06 34.39 | 1:11.57 | Hanna van den Berg | 02 33.05 1:10.12 |
| Arine van Holland | 87 31.28 | 1:07.21 | Thijs Meerveld | 97 28.34 59.58 |
| AFGEM Octopus 1 | Octopus | 4:18.54 | | |
| AFGEM RZC 1 | RZC | 4:33.31 | | |

Programmanr. 45
16-12-2018 - 14:55

Meisjes, 100m vlinderslag

Juniores 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------|------------|---------|-----------|----------------|-------|---------|
| 1. | Jente Koren | NDD | 1:36.10 | 200703560 | 1:31.77 | 41.58 | 1:31.77 |

Programmanr. 46
16-12-2018 - 14:57

Meisjes, 100m vlinderslag

Juniores 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Doutsen Doornbos | De IJsselmeewuven | 1:30.51 | 200602610 | 1:24.35 | 39.74 | 1:24.35 |
| 2. | Kim van der Stege | Octopus | 1:27.17 | 200600004 | 1:28.16 | 40.19 | 1:28.16 |
| 3. | Britt Kok | Zuiderzeezwemmers | 1:28.85 | 200601538 | 1:29.75 | 40.59 | 1:29.75 |

Programmanr. 47
16-12-2018 - 14:59

Meisjes, 100m vlinderslag

Juniores 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Azra Guler | NDD | 1:26.13 | 200503054 | 1:23.32 | 37.71 | 1:23.32 |
| 2. | Hanna Minderaa | De Vrije Slag | 1:22.46 | 200500406 | 1:23.50 | 38.14 | 1:23.50 |
| 3. | Ilse Boevink | De IJsselmeewuven | 1:24.24 | 200501604 | 1:24.45 | 38.44 | 1:24.45 |
| 4. | Suzet van Gijtenbeek | De Berkelduikers | 1:28.16 | 200501086 | 1:28.39 | 40.83 | 1:28.39 |
| 5. | Sabine Uytdewilligen | ESCA Zwemmen | 1:26.93 | 200502654 | 1:29.60 | 39.26 | 1:29.60 |
| 6. | Camila Valencia | De Rijn | 1:26.57 | 200501882 | 1:35.00 | 40.51 | 1:35.00 |

*50m

Programmanr. 48
16-12-2018 - 15:02

Dames, 100m vlinderslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|---------------------|-------------------------|---------|-----------|----------------|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Ilse Wild | ZVV | 1:21.41 | 200401812 | 1:20.04 | 36.86 | 1:20.04 |
| 2. | Nienke Wentink | NDD | 1:19.51 | 200403414 | 1:20.06 | 36.14 | 1:20.06 |
| 3. | Melissa Frisart | De Rijn | 1:21.42 | 200400982 | 1:20.62 | 36.17 | 1:20.62 |
| 4. | Manou Blokhorst | Groenlose Zwemverenigin | 1:22.69 | 200402554 | 1:20.76 | 38.58 | 1:20.76 |
| 5. | Lynn Brummelman | De Berkelduikers | 1:23.90 | 200400612 | 1:22.30 | 37.47 | 1:22.30 |
| 6. | Vivian Gravemaker | De Rijn | 1:24.95 | 200400058 | 1:22.40 | 36.56 | 1:22.40 |
| 7. | Manon Vermeulen | Olympia | 1:27.14 | 200402572 | 1:23.06 | 38.34 | 1:23.06 |
| 8. | Juliette Bootsvelde | De IJsselmeewuven | 1:24.33 | 200401270 | 1:25.03 | 37.25 | 1:25.03 |
| 9. | Vera van Breda | Olympia | 1:27.29 | 200400090 | 1:27.74 | 39.00 | 1:27.74 |
| 10. | Sanne Jager | NDD | 1:27.40 | 200404438 | 1:29.27 | 38.54 | 1:29.27 |
| 11. | Anniek Takken | De Ward | 1:27.94 | 200401768 | 1:30.50 | 39.71 | 1:30.50 |
| DIS | Raisa Schasfoort | ZV De Meer | 1:20.52 | 200400294 | | | |

AF - De aangegeven afstand niet uitgezwommen.

AFGEM Demi de Vries Groenlose Zwemverenigin 1:24.33 200404674

Jeugd 2

| | | | | | | | |
|-------|------------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Lisanne van Elst | De Rijn | 1:19.38 | 200301964 | 1:20.04 | 37.15 | 1:20.04 |
| 2. | Lisa Rinders | De Berkelduikers | 1:26.89 | 200301532 | 1:23.28 | 37.88 | 1:23.28 |
| 3. | Leonie Veldhuis | Aquapoldro | 1:26.84 | 200301768 | 1:23.51 | 38.18 | 1:23.51 |
| 4. | Mare Heite | De IJsselmeewuven | 1:20.46 | 200302986 | 1:30.59 | 39.94 | 1:30.59 |
| AFGEM | Chimene Gommans | Olympia | 1:21.84 | 200304396 | | | |

Programmanr. 48, Dames, 100m vlinderslag

Senioren

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Bregje in 't Veld | SG Bommelerwaard | 1:17.13 | 200000978 | 1:13.18 | 33.27 | 1:13.18 |
| 2. | Zoë Ulkeman | De Berkelduikers | 1:16.76 | 200200682 | 1:13.75 | 33.96 | 1:13.75 |
| 3. | Noor van den Anker | DWV | 1:15.89 | 200203372 | 1:15.06 | 33.90 | 1:15.06 |
| 4. | Britt Hoogstede | De Rijn | 1:16.35 | 200200416 | 1:15.67 | 34.02 | 1:15.67 |
| 5. | Chantal van der Horst | ZV De Meer | 1:16.21 | 199400616 | 1:16.92 | 35.52 | 1:16.92 |
| 6. | Nicky Biemans | Olympia | 1:19.95 | 200101616 | 1:17.22 | 35.35 | 1:17.22 |
| 7. | Danitscha Werter | WWV Winterswijk | 1:16.97 | 199804958 | 1:17.59 | 35.48 | 1:17.59 |
| 8. | Cheyenne Verburgt | ESCA Zwemmen | 1:15.94 | 199901496 | 1:17.87 | 34.51 | 1:17.87 |
| 9. | Tamar van der Beek | ZVV | 1:21.22 | 200203614 | 1:19.01 | 35.80 | 1:19.01 |
| 10. | Lizanne Lamens | De Gelenberg | 1:18.78 | 199402844 | 1:19.07 | 35.65 | 1:19.07 |
| 11. | Nicole Seegers | NDD | 1:19.50 | 200203526 | 1:21.76 | 36.53 | 1:21.76 |
| 12. | Anne Rüwen | Aquapoldro | 1:20.27 | 200104914 | 1:21.98 | 38.42 | 1:21.98 |
| 13. | Isa Verwaal | De Rijn | 1:20.32 | 199800978 | 1:22.09 | 36.43 | 1:22.09 |
| NG | Anne Gijsbers | WWV Winterswijk | 1:14.75 | 200201994 | | | |

Programmanr. 49
16-12-2018 - 15:12

Jongens, 100m vrije slag

Juniores 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Wessel Meeuwenberg | De Rijn | 1:14.83 | 200600607 | 1:11.17 | 34.53 | 1:11.17 |
| 2. | Rutger van der Knijff *50m | De Vrije Slag | 1:15.54 | 200600541 | 1:11.55 | 35.54 | 1:11.55 |
| 3. | Léon van Grevenbroek | De Ward | 1:14.94 | 200601323 | 1:12.53 | 34.72 | 1:12.53 |
| 4. | Jeroen Hoogers | Batavia Swim | 1:17.32 | 200600629 | 1:13.15 | 36.00 | 1:13.15 |
| 5. | Oscar Vrolijk | De IJsselmeewiwen | 1:16.13 | 200600917 | 1:14.25 | 35.05 | 1:14.25 |
| 6. | Leon Blok | Schuurman BZC | 1:17.41 | 200603163 | 1:17.39 | 36.56 | 1:17.39 |

Programmanr. 50
16-12-2018 - 15:13

Jongens, 100m vrije slag

Juniores 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------------|---------------|---------|-----------|----------------|-------|---------|
| 1. | David van Laarhoven | ZVV | 1:12.22 | 200501979 | 1:07.96 | 31.84 | 1:07.96 |
| 2. | Sofyan El fhim | Wijchen | 1:11.08 | 200502131 | 1:08.37 | 32.38 | 1:08.37 |
| 3. | Cassian Janssen | RZC | 1:11.02 | 200500331 | 1:08.84 | 31.80 | 1:08.84 |
| 4. | Joran Mulderije *50m | Schuurman BZC | 1:12.84 | 200500917 | 1:12.18 | 32.58 | 1:12.18 |

Programmanr. 51
16-12-2018 - 15:15

Jongens, 100m vrije slag

Juniores 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---|----------------------|--------------------|------------------------|----------------|-------|---------|
| 1. | Splinter Doornbos | De IJsselmeewiwen | 1:06.70 | 200402255 | 1:02.90 | 30.37 | 1:02.90 |
| 2. | D. van Grevenbroek | De Ward | 1:06.04 | 200401449 | 1:03.07 | 29.32 | 1:03.07 |
| 3. | Luuk Hoentjen | De Berkelduikers | 1:07.07 | 200402901 | 1:04.42 | 31.57 | 1:04.42 |
| 4. | Abram Korevaar | Noord-Veluwe | 1:05.70 | 200401459 | 1:04.52 | 30.26 | 1:04.52 |
| 5. | Jorim Hebbink | De Berkelduikers | 1:07.06 | 200401957 | 1:05.93 | 31.50 | 1:05.93 |
| 6. | Luc McCarthy | ZV Overbetuwe | 1:10.06 | 200401469 | 1:06.16 | 31.75 | 1:06.16 |
| 7. | Justin van Arkel | TZC Vahalis | 1:07.11 | 200400161 | 1:06.61 | 31.85 | 1:06.61 |
| 8. | Bowy Stroet | De Gendten | 1:11.15 | 200403491 | 1:07.36 | 31.75 | 1:07.36 |
| 9. | Luuk Jansen | Natare | 1:07.74 | 200402111 | 1:07.50 | 32.15 | 1:07.50 |
| 10. | Tim van den Heuvel *50m | ZV De Meer | 1:08.49 | 200400825 | 1:08.84 | 32.63 | 1:08.84 |
| 11. | Marijn van der Burgt AFGEM Wesley Peters | PFC Rheden ZVW'74 | 1:10.02 1:08.32 | 200403257 200403119 | 1:10.48 | 33.26 | 1:10.48 |

Programmanr. 52
16-12-2018 - 15:19

Jongens, 100m vrije slag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|---------------------|--------------------|---------|-----------|----------------|-------|---------|
| 1. | Lucas Boevink | De IJsselmeeuwen | 1:03.13 | 200302411 | 59.39 | 29.18 | 59.39 |
| 2. | Albert Bolink | De Berkelduikers | 1:00.31 | 200302175 | 1:00.35 | 28.11 | 1:00.35 |
| 3. | Huub Gijsbertsen | Z&PC Triton Putten | 1:01.39 | 200303095 | 1:00.36 | 28.45 | 1:00.36 |
| 4. | Felix Vrolijk | De IJsselmeeuwen | 1:01.47 | 200301865 | 1:00.46 | 28.73 | 1:00.46 |
| 5. | Bram van Norel | RZC | 1:00.23 | 200301133 | 1:01.35 | 28.29 | 1:01.35 |
| 6. | Pascal Mulder | Nunspeet | 1:00.23 | 200301109 | 1:02.60 | 28.34 | 1:02.60 |
| 7. | Remco van Krieken | SG Bommelerwaard | 1:05.73 | 200300325 | 1:03.18 | 30.52 | 1:03.18 |
| 8. | Niels Calès | Aquapoldro | 1:03.54 | 200304475 | 1:03.46 | 29.66 | 1:03.46 |
| 9. | Jur van Hunen | Aquapoldro | 1:04.27 | 200300703 | 1:04.30 | 30.86 | 1:04.30 |
| 10. | Henrik van der Maas | SG Bommelerwaard | 1:06.84 | 200304131 | 1:05.19 | 30.85 | 1:05.19 |
| 11. | Jochem Maas | TZC Vahalis | 1:07.53 | 200303709 | 1:05.77 | 31.68 | 1:05.77 |
| 12. | Toby Uebersezig | Olympia | 1:07.80 | 200304391 | 1:06.98 | 31.71 | 1:06.98 |
| | <i>*50m</i> | | | | | | |
| AFGEM | Lars van Hofwegen | De Rijn | 1:05.16 | 200301877 | | | |

Programmanr. 53
16-12-2018 - 15:22

Heren, 100m vrije slag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|--------------------|------------------|---------|-----------|----------------|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Dante Hendriks | De Berkelduikers | 1:00.08 | 200200403 | 59.74 | 28.30 | 59.74 |
| 2. | Bas Scholten | Octopus | 1:02.12 | 200201171 | 1:00.67 | 29.05 | 1:00.67 |
| 3. | Max Vlijm | Nunspeet | 1:01.72 | 200201937 | 1:03.00 | 30.35 | 1:03.00 |
| 4. | Luuk van den Broek | De Gelenberg | 1:04.19 | 200202717 | 1:04.33 | 31.00 | 1:04.33 |
| 5. | Thijs de Geus | Olympia | 1:06.71 | 200200349 | 1:04.70 | 30.88 | 1:04.70 |
| 6. | Michiel Koele | ZVV | 1:04.24 | 200202551 | 1:04.80 | 30.72 | 1:04.80 |
| 7. | Daan Piek | Natare | 1:04.22 | 200203783 | 1:04.86 | 30.45 | 1:04.86 |
| 8. | Dave Stitselaar | DWK | 1:05.32 | 200202219 | 1:04.97 | 30.63 | 1:04.97 |
| 9. | Pieter Janssen | De Gelenberg | 1:07.08 | 200201201 | 1:05.10 | 31.30 | 1:05.10 |
| 10. | Danny Rekers | Nunspeet | 1:07.54 | 200201459 | 1:07.72 | 31.14 | 1:07.72 |
| 11. | Luke Jansen | De Rijn | 1:07.38 | 200200247 | 1:07.77 | 31.52 | 1:07.77 |
| AFGEM | Thomas van Boven | Noord-Veluwe | 1:03.16 | 200203293 | | | |
| AFGEM | Jurjen Gobas | Aquapoldro | 1:03.19 | 200204081 | | | |

Jeugd 2

| | | | | | | | |
|-------|------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Sjoerd Nijhuis | NDD | 1:02.29 | 200103675 | 59.59 | 28.71 | 59.59 |
| | <i>*50m</i> | | | | | | |
| 2. | Sander Burgers | NDD | 1:00.79 | 200103671 | 1:01.73 | 29.44 | 1:01.73 |
| 3. | Youri Jansen | Batavia Swim | 1:03.91 | 200105259 | 1:03.20 | 30.65 | 1:03.20 |
| 4. | Mees Vosbeek | Aquapoldro | 1:04.94 | 200104711 | 1:04.67 | 30.77 | 1:04.67 |
| 5. | Robin Ross | De IJsselmeeuwen | 1:05.87 | 200102357 | 1:05.22 | 31.13 | 1:05.22 |
| 6. | Declan Drost | De Hokseberg | 1:06.80 | 200100203 | 1:06.09 | 32.05 | 1:06.09 |
| 7. | Luuk Eijkelkamp | NDD | 1:06.55 | 200104361 | 1:06.29 | 32.07 | 1:06.29 |
| 8. | Teun Vermolen | TZC Vahalis | 1:06.72 | 200104293 | 1:06.32 | 31.60 | 1:06.32 |
| 9. | Bart Giezeman | Aquapoldro | 1:06.60 | 200104713 | 1:06.49 | 31.45 | 1:06.49 |
| AFGEM | Edwin Versprille | Noord-Veluwe | 1:06.28 | 200100059 | | | |
| AFGEM | Maurits Heetkamp | Groenlose Zwemverenigin | 1:03.42 | 200105163 | | | |

Senioren

| | | | | | | | |
|----|-----------------------|--------------------|---------|-----------|----------------|-------|---------|
| 1. | Tim de Vrugt | ESCA Zwemmen | 58.53 | 199306719 | 57.78 | 27.14 | 57.78 |
| 2. | Johan Krakou | De Rijn | 58.10 | 199101311 | 57.95 | 27.26 | 57.95 |
| 3. | Jochem Hallie | Octopus | 59.00 | 200000009 | 58.25 | 28.00 | 58.25 |
| 4. | Thijs Meerveld | De Vrije Slag | 59.79 | 199702249 | 58.87 | 28.79 | 58.87 |
| 5. | Hans Stoffers | Z&PC Triton Putten | 58.41 | 199604027 | 59.30 | 28.02 | 59.30 |
| | <i>*50m</i> | | | | | | |
| 6. | Matthijs Risseeuw | De IJsselmeeuwen | 59.23 | 200003737 | 59.41 | 28.05 | 59.41 |
| 7. | Thomas Meijer | ZVV | 1:01.92 | 199402321 | 1:00.94 | 29.47 | 1:00.94 |
| 8. | Richard van der Horst | ZV De Meer | 1:00.18 | 199700179 | 1:01.20 | 29.57 | 1:01.20 |
| 9. | Frank Versprille | Noord-Veluwe | 1:01.76 | 199901073 | 1:01.42 | 29.04 | 1:01.42 |

Programmanr. 53, Heren, 100m vrije slag, Senioren

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|--------------------|--------------------|---------|-----------|----------------|-------|---------|
| 10. | Jurrian Buitenhuis | Aquapoldro | 1:00.57 | 199901967 | 1:02.30 | 30.17 | 1:02.30 |
| 11. | Delano Weijn | Aquapoldro | 59.44 | 200003965 | 1:02.50 | 30.14 | 1:02.50 |
| 12. | Vincent van Emous | ZVV | 1:01.11 | 199802783 | 1:03.22 | 29.37 | 1:03.22 |
| 13. | Bartho Visser | Z&PC Triton Putten | 1:03.27 | 200005595 | 1:03.67 | 30.36 | 1:03.67 |
| 14. | Rinze Waninge | Nunspeet | 1:02.99 | 199800021 | 1:03.91 | 30.55 | 1:03.91 |
| 15. | Mattias Meijers | RZC | 1:05.64 | 200001975 | 1:04.10 | 30.59 | 1:04.10 |
| AFGEM | Mike van de Streek | Noord-Veluwe | 58.93 | 199500577 | | | |
| NG | Joost Schepers | De Rijn | 59.05 | 199901017 | | | |

Programmanr. 54
16-12-2018 - 15:33

Meisjes, 50m schoolslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|-----------------------|-------------------|--------|-----------|-------------------|
| 1. | Kimberley Olieman | Zuiderzeezwimmers | 46.61 | 200700484 | 44.13 |
| 2. | Nilou Vriesema | De Hokseberg | 47.58 | 200703216 | 44.39 |
| 3. | Danique van de Werken | SG Bommelerwaard | 46.42 | 200701672 | 45.54 |
| 4. | Nynke van Leeuwen | De Berkelduikers | 49.42 | 200701272 | 45.73 |
| 5. | Feline Piek | ESCA Zwemmen | 47.89 | 200701322 | 46.03 *50m |
| 6. | Femke Lamberts | De Gelenberg | 49.91 | 200703068 | 46.06 |
| 7. | Elise van der Wielen | Olympia | 47.97 | 200700346 | 46.60 |
| 8. | Cedi van der Beek | ZVV | 49.36 | 200702418 | 47.00 |
| 9. | Fajah Meijers | Nunspeet | 49.36 | 200701942 | 47.02 |
| 10. | Marijn van Gessel | ESCA Zwemmen | 48.07 | 200703272 | 47.04 |
| 11. | Ilse ten Broek | PFC Rheden | 48.50 | 200701378 | 47.78 |
| 12. | Lotte Buiting | NDD | 48.91 | 200702752 | 49.57 |

Programmanr. 55
16-12-2018 - 15:35

Meisjes, 50m schoolslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|-------------------|--------------------|--------|-----------|--------------|
| 1. | Senna Levering | DWK | 42.14 | 200603892 | 40.37 |
| 2. | Iris de Schrijver | De Ward | 43.78 | 200600536 | 41.88 |
| 3. | Femke Bolink | De Berkelduikers | 43.47 | 200602058 | 42.07 |
| 4. | Bloem Muijlaert | ZVV | 43.25 | 200602754 | 42.08 |
| 5. | Britt van de Pol | De Gelenberg | 43.32 | 200603570 | 42.20 |
| 6. | Imke Temmink | De Berkelduikers | 45.60 | 200601668 | 42.38 |
| 7. | Monique van Hulst | De Gelenberg | 44.20 | 200600628 | 42.50 |
| 8. | Kim van der Stege | Octopus | 42.90 | 200600004 | 42.92 |
| 9. | Ami Pham | ESCA Zwemmen | 44.97 | 200601924 | 43.76 |
| 10. | Anna Kamphuis | Z&PC Triton Putten | 45.78 | 200600334 | 44.14 |
| 11. | Sterre Karmiggelt | De Berkelduikers | 45.42 | 200601786 | 46.06 |
| 12. | Lisette Schutten | Schuurman BZC | 46.64 | 200604040 | 46.55 |

Programmanr. 56
16-12-2018 - 15:38

Meisjes, 50m schoolslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|---------------------|--------------------------|--------|-----------|--------------|
| 1. | Delphine van Putten | TZC Vahalis | 41.16 | 200501588 | 39.25 |
| 2. | Azra Guler | NDD | 40.86 | 200503054 | 39.64 |
| 3. | Louise Hoppenreijns | De Gelenberg | 42.35 | 200500152 | 41.67 |
| 4. | Zita de Bruin | RZC | 41.63 | 200500542 | 42.32 |
| 5. | Amber Scheffer | De IJsselmeewiën | 42.29 | 200502716 | 42.68 |
| 6. | Meia Stam | DWK | 44.25 | 200504408 | 43.17 |
| | Hanna Minderaa | De Vrije Slag | 43.06 | 200500406 | 43.17 |
| 8. | Yira Esmeijer | NDD | 43.28 | 200503058 | 43.28 |
| 9. | Isa Keijzers | NDD | 43.15 | 200502044 | 43.43 |
| 10. | Lianne Jansen | NDD | 44.40 | 200504522 | 43.80 |
| 11. | Suzanne Vesseur | Zuiderzeezwimmers | 44.64 | 200500740 | 44.02 |
| 12. | Camila Valencia | De Rijn | 41.94 | 200501882 | 45.44 |
| AFGEM | Bridet Hulshof | Groenlose Zwemvereniging | 43.34 | 200503306 | |

Programmanr. 57
16-12-2018 - 15:41

Dames, 50m schoolslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|----------------|--------------------------|--------------------------|--------|-----------|--------------|----|
| Jeugd 1 | | | | | | |
| 1. | Britt Biemans | Olympia | 39.05 | 200400080 | 36.65 | |
| 2. | Amber Westerink | Octopus | 39.77 | 200401078 | 38.88 | |
| 3. | Amber Jacobs | NDD | 38.95 | 200403412 | 39.09 | |
| 4. | Vivian Gravemaker | De Rijn | 41.09 | 200400058 | 39.23 | |
| 5. | Milena Keurentjes | NDD | 41.99 | 200404434 | 40.11 | |
| 6. | Myrthe van der Knijff | De Vrije Slag | 40.74 | 200402056 | 40.36 | |
| 7. | Iris Althoff | Groenlose Zwemvereniging | 41.62 | 200404676 | 40.90 | |
| 8. | Lonneke Gieteling | De Berkelduikers | 41.69 | 200402558 | 41.30 | |
| 9. | Eva Berning | Wijchen | 41.34 | 200403356 | 41.44 | |
| 10. | Dominique Groot Roessink | De Berkelduikers | 41.56 | 200402258 | 41.96 | |
| 11. | Manou Blokhorst | Groenlose Zwemvereniging | 41.43 | 200402554 | 42.08 | |
| 12. | Maud Tempel | NDD | 42.72 | 200402136 | 42.66 | |

Jeugd 2

| | | | | | | |
|-----|------------------------|------------------|-------|-----------|--------------|--|
| 1. | Fleur Brinkman | De Berkelduikers | 41.44 | 200303134 | 40.29 | |
| 2. | Sanne Landman | EZ & PC | 41.13 | 200304762 | 41.15 | |
| 3. | Julia Vrolijk | De IJsselmeewiën | 41.91 | 200302330 | 41.27 | |
| 4. | Lisanne van Elst | De Rijn | 41.82 | 200301964 | 41.75 | |
| 5. | Anouk van Beugen | ZV Overbetuwe | 42.54 | 200303586 | 41.99 | |
| 6. | Aniek van der Meij | Nunspeet | 42.50 | 200305052 | 42.06 | |
| 7. | Kajsa Hakvoort | Schuurman BZC | 42.54 | 200302896 | 42.37 | |
| 8. | Chimene Gommans | Olympia | 42.71 | 200304396 | 42.63 | |
| 9. | Emma Klein Heerenbrink | De Berkelduikers | 42.79 | 200301030 | 43.06 | |
| 10. | Naomi van Arkel | TZC Vahalis | 42.62 | 200300942 | 43.08 | |
| 11. | Juline van Meeteren | ZV De Meer | 44.46 | 200300406 | 43.38 | |
| 12. | Isabel Koenders | ZV Overbetuwe | 42.20 | 200303470 | 43.77 | |

Senioren

| | | | | | | |
|-------|------------------------|-------------------|-------|-----------|--------------|--|
| 1. | Nicky Biemans | Olympia | 38.17 | 200101616 | 38.05 | |
| 2. | Ellen ter Stege | RZC | 38.43 | 199900604 | 38.16 | |
| 3. | Marleen Snapper | DWK | 39.47 | 199805214 | 38.35 | |
| 4. | Veerle Strik | De Gelenberg | 39.48 | 200201834 | 38.44 | |
| 5. | Marlieke Scholten | De Berkelduikers | 38.91 | 199700708 | 39.43 | |
| 6. | Danitscha Werter | WWV Winterswijk | 39.01 | 199804958 | 39.51 | |
| 7. | Welmoed Doornbos | De IJsselmeewiën | 39.45 | 200203352 | 39.63 | |
| 8. | Annemarie ten Have | Zuiderzeezwemmers | 39.59 | 199802662 | 40.46 | |
| 9. | Britt van Ommeren | TZC Vahalis | 39.52 | 200002198 | 40.49 | |
| 10. | Cindy Franken-Hendriks | EZ & PC | 40.38 | 199207672 | 40.86 | |
| 11. | Nicole Seegers | NDD | 39.67 | 200203526 | 41.95 | |
| AFGEM | Eva Kattouw | De Ward | 39.16 | 199407168 | | |
| NG | Anne Gijsbers | WWV Winterswijk | 39.15 | 200201994 | | |

Programmanr. 58
16-12-2018 - 15:49

Jongens, 50m rugslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|-----------------------|------------------|--------|-----------|--------------|------|
| 1. | Mats van der Rijst | ZV Overbetuwe | 39.30 | 200602053 | 36.80 | |
| 2. | Lars Haytink | De Berkelduikers | 39.59 | 200601815 | 37.09 | |
| 3. | Léon van Grevenbroek | De Ward | 40.68 | 200601323 | 38.43 | |
| 4. | Jeroen Hoogers | Batavia Swim | 39.52 | 200600629 | 38.48 | |
| 5. | Ryan Bleumink | De Berkelduikers | 39.48 | 200601257 | 38.97 | *50m |
| 6. | Rutger van der Knijff | De Vrije Slag | 41.07 | 200600541 | 40.78 | |

Programmanr. 59
16-12-2018 - 15:50

Jongens, 50m rugslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|----------------|------------------|--------|-----------|--------------|
| 1. | Melle Arfman | De Berkelduikers | 35.64 | 200501885 | 34.66 |
| 2. | Twan van Engen | De Ward | 35.51 | 200500581 | 35.06 |
| DIS | Joost Brugmans | RZC | 36.37 | 200500391 | |

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Programmanr. 60
16-12-2018 - 15:51

Jongens, 50m rugslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|---------------------------|------------------|--------|-----------|--------------|
| 1. | Stefan van der Hoeve | ZVV | 33.20 | 200402979 | 32.97 |
| 2. | Dominique van Grevenbroek | De Ward | 33.46 | 200401449 | 34.39 |
| 3. | Luuk Hoentjen | De Berkelduikers | 34.79 | 200402901 | 35.39 |

Programmanr. 61
16-12-2018 - 15:53

Jongens, 50m rugslag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|----------------------|--------------------|--------|-----------|--------------|
| 1. | Ronis van Everdingen | De Vrije Slag | 33.43 | 200300043 | 31.92 |
| 2. | Jur van Hunen | Aquapoldro | 33.69 | 200300703 | 32.12 |
| 3. | Lucas Boevink | De IJsselmeeuwen | 32.98 | 200302411 | 32.46 |
| 4. | Wesley Grotenbreg | ESCA Zwemmen | 32.52 | 200303495 | 32.61 |
| 5. | Bram van Norel | RZC | 34.17 | 200301133 | 33.41 |
| 6. | Vincent de Jong | TZC Vahalis | 34.58 | 200301465 | 33.43 |
| 7. | Albert Bolink | De Berkelduikers | 32.87 | 200302175 | 33.84 |
| 8. | Remco van Krieken | SG Bommelerwaard | 32.81 | 200300325 | 33.93 |
| 9. | Niels Calès | Aquapoldro | 34.63 | 200304475 | 34.66 |
| 10. | Huib Gijsbertsen | Z&PC Triton Putten | 33.77 | 200303095 | 35.59 |
| 11. | Pascal Mulder | Nunspeet | 34.02 | 200301109 | 35.65 |
| 12. | Felix Vrolijk | De IJsselmeeuwen | 34.58 | 200301865 | 37.43 |
| AFGEM | Lars van Hofwegen | De Rijn | 33.58 | 200301877 | |

Programmanr. 62
16-12-2018 - 15:55

Heren, 50m rugslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|----------------|------------------|------------------|--------|-----------|--------------|
| Jeugd 1 | | | | | |
| 1. | Lars van de Kamp | Nunspeet | 32.94 | 200201153 | 31.57 |
| 2. | Bas Scholten | Octopus | 31.63 | 200201171 | 31.77 |
| 3. | Thijs de Geus | Olympia | 33.29 | 200200349 | 32.44 |
| 4. | Max Vlijm | Nunspeet | 32.65 | 200201937 | 33.19 |
| 5. | Dante Hendriks | De Berkelduikers | 32.41 | 200200403 | 33.33 |
| AFGEM | Thomas van Boven | Noord-Veluwe | 31.89 | 200203293 | |

Jeugd 2

| | | | | | |
|-------|------------------|-------------------|-------|-----------|--------------|
| 1. | Rick Theunissen | Wijchen | 31.37 | 200101257 | 30.81 |
| 2. | Lesley Smits | Zuiderzeezwemmers | 32.40 | 200105227 | 31.70 |
| 3. | Friso Ron | De IJsselmeeuwen | 33.02 | 200102631 | 33.07 |
| 4. | Wilco Stijf | NDD | 32.45 | 200103043 | 33.09 |
| 5. | Sjoerd Nijhuis | NDD | 32.89 | 200103675 | 33.17 |
| 6. | Sander Burgers | NDD | 33.90 | 200103671 | 35.90 |
| AFGEM | Edwin Versprille | Noord-Veluwe | 33.88 | 200100059 | |

Programmanr. 62, Heren, 50m rugslag

Senioren

| | | | | | |
|-------|--------------------|--------------------|-------|-----------|-------------------|
| 1. | Jochem Hallie | Octopus | 30.25 | 200000009 | 30.08 |
| 2. | Remco Haijink | De Berkelduikers | 31.28 | 200002791 | 30.25 |
| 3. | Vincent van Emous | ZVV | 30.54 | 199802783 | 30.85 |
| 4. | Thijs Meerveld | De Vrije Slag | 31.11 | 199702249 | 31.10 |
| 5. | Johan Krakou | De Rijn | 30.39 | 199101311 | 31.22 |
| 6. | Arjen Wagemaker | De Woelwaters | 33.11 | 199805059 | 32.29 |
| 7. | Delano Weijn | Aquapoldro | 31.41 | 200003965 | 32.71 |
| 8. | Rik Schipper | De Vrije Slag | 32.42 | 199901121 | 32.84 |
| 9. | Hans Stoffers | Z&PC Triton Putten | 32.46 | 199604027 | 33.15 |
| 10. | Jurrian Buitenhuis | Aquapoldro | 32.92 | 199901967 | 33.18 |
| 11. | Rinze Waninge | Nunspeet | 31.89 | 199800021 | 33.57 |
| 12. | Mattias Meijers | RZC | 32.76 | 200001975 | 33.69 *50m |
| AFGEM | Nick Alink | Olympia | 30.97 | 199500273 | |
| NG | Joost Schepers | De Rijn | 31.17 | 199901017 | |

Programmanr. 63
16-12-2018 - 16:00

Meisjes, 4 x 100m vrije slag

Junioren
Resultaten

| rang | vereniging | intijd | tijd | RT |
|-------|--|-----------------------------|----------------|---------|
| 1. | NDD 1 | 4:48.61 | 4:47.25 | |
| | Isa Keijzers 05 34.07 | 1:09.86 Yira Esmeijer | 05 34.52 | 1:12.30 |
| | Lianne Jansen 05 36.20 | 1:18.06 Azra Guler | 05 30.91 | 1:07.03 |
| 2. | De IJsselmeewiën 1 *250m | 4:53.14 | 4:50.36 | |
| | Cedella Vermeer 06 35.91 | 1:14.57 Aniek Heinen | 05 34.81 | 1:12.37 |
| | Doutsen Doombos 06 35.64 | 1:14.39 Ilse Boevink | 05 32.25 | 1:09.03 |
| 3. | Olympia 1 | 5:09.66 | 5:13.04 | |
| | Elise van der Wielen 07 | Sacha Lagendijk | 06 | |
| | Femke Vermeulen 06 | Milou Lagendijk | 06 | |
| DIS | De Gelenberg 1 EA - Te vroeg overgenomen., 4e zwemmer | 5:12.28 | | |
| | Femke Lamberts 07 35.80 | 1:16.15 Louise Hoppenreijis | 05 35.63 | 1:13.89 |
| | Britt van de Pol 06 35.63 | 1:15.67 Monique van Hulst | 06 | |
| AFGEM | ESCA Zwemmen 1 | ESCA Zwemmen | 5:21.15 | |

Programmanr. 64
16-12-2018 - 16:06

Jongens, 4 x 100m wisselslag

Junioren
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|-------------------------------|--------------------------|----------------|---------|
| 1. | De IJsselmeewiën 1 | 5:04.13 | 5:03.23 | |
| | Lucas Boevink 03 35.45 | 1:15.05 Felix Vrolijk | 03 36.31 | 1:15.66 |
| | Christopher Scheffer 03 39.63 | 1:25.84 Splinter Doombos | 04 32.22 | 1:06.68 |

Programmanr. 65
16-12-2018 - 16:31

Meisjes, 50m vrije slag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|-------|----------------------|--------------------------|--------|-----------|-------------------|
| 1. | Britt Hopman | ZVV | 39.53 | 200702688 | 36.17 |
| 2. | Indy Groot Roessink | De Berkelduikers | 42.22 | 200702348 | 36.67 |
| 3. | Marijn van Gessel | ESCA Zwemmen | 38.74 | 200703272 | 36.97 |
| 4. | Robyn Hoekert | De Woelwaters | 38.36 | 200703294 | 37.26 |
| 5. | Ilse ten Broek | PFC Rheden | 39.06 | 200701378 | 37.27 *50m |
| 6. | Mandy Siebelink | ESCA Zwemmen | 39.67 | 200700582 | 37.39 |
| 7. | Meike Helmers | Schuurman BZC | 41.13 | 200702896 | 38.43 |
| 8. | Mette Althoff | Groenlose Zwemvereniging | 39.88 | 200702540 | 38.78 |
| 9. | Dide Kuiper | EZ & PC | 41.50 | 200703214 | 39.04 |
| 10. | Elise van der Wielen | Olympia | 39.23 | 200700346 | 39.25 |
| 11. | Fleur Vrugink | WWV Winterswijk | 41.79 | 200701724 | 39.33 |
| 12. | Nienke Hopmans | RZC | 40.43 | 200703396 | 39.60 |
| AFGEM | Rowena Beurs | ZVW'74 | 38.27 | 200701484 | |

Programmanr. 66
16-12-2018 - 16:34

Meisjes, 50m vrije slag

Juniores 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|---------------------|------------------|--------|-----------|--------------|
| 1. | Merith Janssen | RZC | 34.68 | 200600106 | 32.66 |
| 2. | Milou Lagendijk | Olympia | 34.83 | 200602494 | 32.86 |
| 3. | Sacha Lagendijk | Olympia | 35.01 | 200602492 | 33.14 |
| 4. | Ilse Dadema | De Berkelduikers | 35.15 | 200601790 | 33.80 |
| 5. | Naomi Rooijens | De Rijn | 34.73 | 200601362 | 34.12 |
| 6. | Femke Vermeulen | Olympia | 35.88 | 200602292 | 34.27 |
| 7. | Shania Frederik | Batavia Swim | 36.51 | 200604386 | 34.99 |
| 8. | Imke Temmink | De Berkelduikers | 36.34 | 200601668 | 35.05 |
| 9. | Jasmijn van Leussen | NDD | 36.23 | 200603710 | 35.81 |
| 10. | Sterre Karmiggelt | De Berkelduikers | 36.38 | 200601786 | 36.08 |
| NG | Janouk Bakker | EZZ | 36.51 | 200602048 | |

Programmanr. 67
16-12-2018 - 16:36

Meisjes, 50m vrije slag

Juniores 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|----------------------|--------------------------|--------|-----------|--------------|
| 1. | Renee van der Beek | ZVV | 33.53 | 200501820 | 32.57 |
| 2. | Sabine Uytdewilligen | ESCA Zwemmen | 33.11 | 200502654 | 32.58 |
| 3. | Suzet van Gijtenbeek | De Berkelduikers | 33.65 | 200501086 | 32.76 |
| 4. | Hanna Minderaa | De Vrije Slag | 33.37 | 200500406 | 32.92 |
| 5. | Noor Polman | De Ward | 33.10 | 200501248 | 33.02 |
| 6. | Yira Esmeijer | NDD | 32.51 | 200503058 | 33.14 |
| 7. | Solène Kamp | Octopus | 34.27 | 200501632 | 33.15 |
| 8. | Louise Hoppenreijts | De Gelenberg | 33.41 | 200500152 | 33.72 |
| 9. | Merel van Gelder | De Hokseberg | 34.13 | 200501480 | 34.11 |
| 10. | Roos Lammertink | De Berkelduikers | 34.90 | 200502406 | 34.24 |
| 11. | Bridet Hulshof | Groenlose Zwemvereniging | 34.04 | 200503306 | 34.39 |
| 12. | Zita de Bruin | RZC | 34.52 | 200500542 | 35.95 |

Programmanr. 68
16-12-2018 - 16:39

Dames, 50m vrije slag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|----------------|-----------------------|------------------|--------|-----------|--------------|
| Jeugd 1 | | | | | |
| 1. | Britt Biemans | Olympia | 31.20 | 200400080 | 29.95 |
| 2. | Vivian Gravemaker | De Rijn | 31.57 | 200400058 | 30.22 |
| 3. | Tess Panjer | Neptunus | 31.71 | 200403060 | 30.96 |
| 4. | Vera van Breda | Olympia | 32.08 | 200400090 | 31.22 |
| 5. | Juliette Bootsveld | De IJsselmeewiën | 31.64 | 200401270 | 31.30 |
| 6. | Maud Rietman | De Berkelduikers | 31.58 | 200402256 | 31.39 |
| 7. | Myrthe van der Knijff | De Vrije Slag | 31.93 | 200402056 | 31.56 |
| 8. | Melissa Frisart | De Rijn | 31.87 | 200400982 | 32.01 |
| | Amber Westerink | Octopus | 32.16 | 200401078 | 32.01 |
| 10. | Esmée Groothuismink | De Hokseberg | 32.08 | 200400150 | 32.86 |
| 11. | Sanne Jager | NDD | 31.90 | 200404438 | 33.77 |
| NG.ZA | Lieve van der Werff | NDD | 31.83 | 200404436 | |

Jeugd 2

| | | | | | |
|-----|------------------------|------------------|-------|-----------|--------------|
| 1. | Emma Klein Heerenbrink | De Berkelduikers | 31.89 | 200301030 | 31.36 |
| 2. | Chimene Gommans | Olympia | 31.76 | 200304396 | 31.62 |
| 3. | Leonie Veldhuis | Aquapoldro | 32.50 | 200301768 | 32.05 |
| 4. | Isa Scholten | Octopus | 32.43 | 200300596 | 32.07 |
| 5. | Sanne Landman | EZ & PC | 31.63 | 200304762 | 32.24 |
| 6. | Mare Heite | De IJsselmeewiën | 31.62 | 200302986 | 32.31 |
| 7. | Lisanne van Elst | De Rijn | 32.36 | 200301964 | 32.39 |
| 8. | Kajsa Hakvoort | Schuurman BZC | 32.51 | 200302896 | 32.42 |
| 9. | Lisa Rinders | De Berkelduikers | 32.02 | 200301532 | 32.56 |
| 10. | Daphne van Rees | Aquapoldro | 32.43 | 200301766 | 32.83 |
| 11. | Aniek van der Meij | Nunspeet | 32.04 | 200305052 | 32.84 |
| 12. | Anouk van Beugen | ZV Overbetuwe | 33.02 | 200303586 | 33.74 |

Programmanr. 68, Dames, 50m vrije slag

Senioren

| | | | | | |
|-----|------------------------|-------------------|-------|-----------|--------------|
| 1. | Aniek Garritsen | De IJsselmeeuwen | 28.83 | 199504290 | 28.81 |
| 2. | Kim van Krieken | SG Bommelerwaard | 29.53 | 200100848 | 29.02 |
| 3. | Welmoed Doornbos | De IJsselmeeuwen | 29.00 | 200203352 | 29.39 |
| 4. | Mylène Veldhuis | Aquapoldro | 29.31 | 199902708 | 29.54 |
| 5. | Cindy Franken-Hendriks | EZ & PC | 29.40 | 199207672 | 29.76 |
| 6. | Eline van Gemert | ZV De Meer | 29.35 | 199505458 | 29.85 |
| 7. | Mandy Snelder | NDD | 29.82 | 199901796 | 30.03 |
| 8. | Marlieke Scholten | De Berkelduikers | 29.82 | 199700708 | 30.09 |
| 9. | Britt Hoogstede | De Rijn | 29.83 | 200200416 | 30.21 |
| 10. | Sanne Arendsen | NDD | 29.75 | 200103544 | 30.44 |
| 11. | Annemarie ten Have | Zuiderzeezwemmers | 29.76 | 199802662 | 30.67 |
| NG | Anne Gijsbers | WWW Winterswijk | 29.88 | 200201994 | |

Programmanr. 69
16-12-2018 - 16:46

Jongens, 100m schoolslag

Juniores 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------|--------------|---------|-----------|----------------|-------|---------|
| 1. | Mex Jansen | ESCA Zwemmen | 1:37.69 | 200602129 | 1:32.77 | 44.25 | 1:32.77 |
| 2. | Kjetil van Gasteren | Olympia | 1:38.13 | 200600405 | 1:33.38 | 44.69 | 1:33.38 |

Programmanr. 70
16-12-2018 - 16:48

Jongens, 100m schoolslag

Juniores 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Rick Hermans | Wijchen | 1:31.90 | 200501793 | 1:25.99 | 40.33 | 1:25.99 |
| 2. | Wouter Soek | Schuurman BZC | 1:31.16 | 200503571 | 1:26.30 | 40.75 | 1:26.30 |
| 3. | Kiran de Wit | De Ward | 1:30.43 | 200500583 | 1:26.56 | 40.36 | 1:26.56 |
| 4. | Joost Brugmans | RZC | 1:29.57 | 200500391 | 1:27.13 | 41.57 | 1:27.13 |
| DIS | Melle Arfman | De Berkelduikers | 1:32.74 | 200501885 | | | |

SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.

Programmanr. 71
16-12-2018 - 16:50

Jongens, 100m schoolslag

Juniores 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Job Verbruggen | De Gelenberg | 1:25.27 | 200403779 | 1:23.70 | 39.54 | 1:23.70 |
| 2. | D. van Grevenbroek | De Ward | 1:26.73 | 200401449 | 1:24.09 | 39.41 | 1:24.09 |
| 3. | Stefan van der Hoeve | ZVV | 1:25.41 | 200402979 | 1:25.21 | 40.51 | 1:25.21 |
| 4. | Lars Wissink | RZC | 1:26.80 | 200403613 | 1:26.29 | 39.27 | 1:26.29 |
| 5. | Luuk Hoentjen | De Berkelduikers | 1:25.74 | 200402901 | 1:26.36 | 41.21 | 1:26.36 |
| 6. | Justin van Arkel | TZC Vahalis | 1:29.13 | 200400161 | 1:29.27 | 41.83 | 1:29.27 |

Programmanr. 72
16-12-2018 - 16:52

Jongens, 100m schoolslag

Juniores 4
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Bram van Norel | RZC | 1:17.65 | 200301133 | 1:18.55 | 36.66 | 1:18.55 |
| 2. | Ronis van Everdingen | De Vrije Slag | 1:19.35 | 200300043 | 1:18.56 | 36.83 | 1:18.56 |
| 3. | Albert Bolink | De Berkelduikers | 1:18.95 | 200302175 | 1:18.77 | 36.52 | 1:18.77 |
| 4. | Lucas Boevink | De IJsselmeeuwen | 1:26.80 | 200302411 | 1:23.79 | 39.47 | 1:23.79 |
| 5. | Henrik van der Maas | SG Bommelerwaard | 1:24.63 | 200304131 | 1:24.05 | 39.04 | 1:24.05 |

Programmanr. 73
16-12-2018 - 16:54

Heren, 100m schoolslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|------------------|------------------|---------|-----------|----------------|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Bas Scholten | Octopus | 1:20.75 | 200201171 | 1:18.19 | 37.85 | 1:18.19 |
| 2. | Max Vlijm | Nunspeet | 1:24.00 | 200201937 | 1:22.98 | 38.66 | 1:22.98 |
| 3. | Victor Willemse | De Ward | 1:21.82 | 200201315 | 1:23.50 | 38.27 | 1:23.50 |
| 4. | Danny Rekers | Nunspeet | 1:25.89 | 200201459 | 1:24.48 | 38.71 | 1:24.48 |
| 5. | Lars van de Kamp | Nunspeet | 1:23.76 | 200201153 | 1:24.83 | 39.55 | 1:24.83 |
| 6. | Dante Hendriks | De Berkelduikers | 1:21.56 | 200200403 | 1:24.86 | 39.71 | 1:24.86 |

Jeugd 2

| | | | | | | | |
|-------|-----------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Anne Kraai | De IJsselmeewiwen | 1:21.84 | 200104311 | 1:15.78 | 35.07 | 1:15.78 |
| 2. | Kick Moors | Wijchen | 1:19.10 | 200103959 | 1:17.09 | 35.92 | 1:17.09 |
| 3. | Lesley Smits | Zuiderzeezwemmers | 1:20.17 | 200105227 | 1:18.65 | 36.25 | 1:18.65 |
| 4. | Wilco Stijf | NDD | 1:19.82 | 200103043 | 1:19.90 | 36.90 | 1:19.90 |
| 5. | Friso Ron | De IJsselmeewiwen | 1:20.09 | 200102631 | 1:21.38 | 37.53 | 1:21.38 |
| 6. | Rick Theunissen | Wijchen | 1:18.51 | 200101257 | 1:21.84 | 38.06 | 1:21.84 |
| AFGEM | Joost Vilier | EZ & PC | 1:20.28 | 200102813 | | | |

Senioren

| | | | | | | | |
|----|-------------------|--------------------|---------|-----------|----------------|-------|---------|
| 1. | Hans Stoffers | Z&PC Triton Putten | 1:17.04 | 199604027 | 1:15.65 | 35.28 | 1:15.65 |
| 2. | Tim de Vrugt | ESCA Zwemmen | 1:17.97 | 199306719 | 1:15.76 | 35.02 | 1:15.76 |
| 3. | Jochem Hallie | Octopus | 1:17.16 | 200000009 | 1:16.30 | 35.88 | 1:16.30 |
| 4. | Matthijs Risseeuw | De IJsselmeewiwen | 1:19.58 | 200003737 | 1:17.30 | 36.66 | 1:17.30 |
| 5. | Thijs Meerveld | De Vrije Slag | 1:19.41 | 199702249 | 1:18.97 | 37.21 | 1:18.97 |
| 6. | Rinze Waninga | Nunspeet | 1:19.16 | 199800021 | 1:21.10 | 37.64 | 1:21.10 |

Programmanr. 74
16-12-2018 - 17:00

Meisjes, 100m rugslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------|--------------|---------|-----------|----------------|-------|---------|
| 1. | Jente Koren | NDD | 1:29.41 | 200703560 | 1:25.62 | 42.56 | 1:25.62 |
| 2. | Fajah Meijers | Nunspeet | 1:28.83 | 200701942 | 1:26.54 | 42.03 | 1:26.54 |
| 3. | Dominique Bredenhof | Octopus | 1:32.62 | 200700322 | 1:28.17 | 43.10 | 1:28.17 |
| 4. | Inge Ruisch | De Ward | 1:31.58 | 200700184 | 1:28.54 | 41.98 | 1:28.54 |
| 5. | Didi Pham | ESCA Zwemmen | 1:32.55 | 200700744 | 1:29.12 | 43.49 | 1:29.12 |
| 6. | Femke Lamberts | De Gelenberg | 1:29.08 | 200703068 | 1:29.74 | 42.52 | 1:29.74 |
| | <i>*50m</i> | | | | | | |

Programmanr. 75
16-12-2018 - 17:02

Meisjes, 100m rugslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|-------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Doutsen Doornbos | De IJsselmeewiwen | 1:22.71 | 200602610 | 1:21.37 | 40.75 | 1:21.37 |
| 2. | Anna Kamphuis | Z&PC Triton Putten | 1:22.71 | 200600334 | 1:21.95 | 40.54 | 1:21.95 |
| 3. | Alyssa Heuvelink | Groenlose Zwemverenigin | 1:24.50 | 200600500 | 1:23.03 | 40.68 | 1:23.03 |
| 4. | Yanou Vaessen | DWK | 1:26.13 | 200603666 | 1:23.47 | 40.97 | 1:23.47 |
| | <i>*50m</i> | | | | | | |
| 5. | Naomi Rooijens | De Rijn | 1:25.08 | 200601362 | 1:24.30 | 41.80 | 1:24.30 |
| 6. | Sterre Karmiggelt | De Berkelduikers | 1:24.41 | 200601786 | 1:25.62 | 42.20 | 1:25.62 |

Programmanr. 76
16-12-2018 - 17:04

Meisjes, 100m rugslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Zuzanna Kowalczyk | SG Bommelerwaard | 1:20.31 | 200503860 | 1:16.93 | 37.05 | 1:16.93 |
| 2. | Isa Keijzers | NDD | 1:20.16 | 200502044 | 1:19.59 | 39.95 | 1:19.59 |
| 3. | Delphine van Putten | TZC Vahalis | 1:20.74 | 200501588 | 1:19.66 | 38.15 | 1:19.66 |
| 4. | Azra Guler | NDD | 1:20.55 | 200503054 | 1:20.51 | 39.13 | 1:20.51 |
| 5. | Bridet Hulshof | Groenlose Zwemverenigin | 1:22.59 | 200503306 | 1:24.08 | 40.87 | 1:24.08 |
| | <i>*50m</i> | | | | | | |
| 6. | Renee van der Beek | ZVV | 1:22.64 | 200501820 | 1:27.74 | 42.89 | 1:27.74 |

Programmanr. 77
16-12-2018 - 17:06

Dames, 100m rugslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------|-----------------------|-------------------------|---------|-----------|----------------|-------|---------|
| Jeugd 1 | | | | | | | |
| 1. | Amber Jacobs | NDD | 1:14.88 | 200403412 | 1:13.51 | 36.21 | 1:13.51 |
| 2. | Anniek Takken | De Ward | 1:15.80 | 200401768 | 1:15.16 | 36.48 | 1:15.16 |
| 3. | Eline van Kempen | De Ward | 1:15.67 | 200402124 | 1:15.77 | 36.48 | 1:15.77 |
| 4. | Ilse Wild | ZVV | 1:19.36 | 200401812 | 1:17.20 | 38.42 | 1:17.20 |
| 5. | Vivian Gravemaker | De Rijn | 1:17.37 | 200400058 | 1:17.46 | 37.69 | 1:17.46 |
| | <i>*50m</i> | | | | | | |
| 6. | Manou Blokhorst | Groenlose Zwemverenigin | 1:17.63 | 200402554 | 1:18.56 | 38.73 | 1:18.56 |
| | <i>*50m</i> | | | | | | |
| 7. | Alex Tromp | ESCA Zwemmen | 1:20.70 | 200404358 | 1:19.94 | 38.26 | 1:19.94 |
| 8. | Myrthe van der Knijff | De Vrije Slag | 1:20.14 | 200402056 | 1:20.61 | 38.42 | 1:20.61 |
| | <i>*50m</i> | | | | | | |
| 9. | Nienke Wentink | NDD | 1:19.99 | 200403414 | 1:20.99 | 39.44 | 1:20.99 |
| 10. | Juliette Bootsveld | De IJsselmeewiën | 1:18.88 | 200401270 | 1:21.80 | 39.19 | 1:21.80 |

Jeugd 2

| | | | | | | | |
|-----|------------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Mirte Bruins | NDD | 1:15.44 | 200301792 | 1:15.10 | 36.03 | 1:15.10 |
| 2. | Katja Bontsema | De IJsselmeewiën | 1:15.73 | 200301962 | 1:17.43 | 37.84 | 1:17.43 |
| | <i>*50m</i> | | | | | | |
| 3. | Sanne Landman | EZ & PC | 1:18.00 | 200304762 | 1:18.80 | 38.17 | 1:18.80 |
| 4. | Daphne van Rees | Aquapoldro | 1:18.44 | 200301766 | 1:20.54 | 39.66 | 1:20.54 |
| 5. | Emma Klein Heerenbrink | De Berkelduikers | 1:20.23 | 200301030 | 1:21.50 | 40.13 | 1:21.50 |
| 6. | Leonie Veldhuis | Aquapoldro | 1:20.47 | 200301768 | 1:21.89 | 40.45 | 1:21.89 |
| 7. | Esmee Wilcke | ZV Overbetuwe | 1:21.78 | 200302540 | 1:22.74 | 39.12 | 1:22.74 |
| 8. | Julia Vrolijk | De IJsselmeewiën | 1:22.33 | 200302330 | 1:23.56 | 40.65 | 1:23.56 |
| 9. | Lisanne van Elst | De Rijn | 1:21.49 | 200301964 | 1:24.22 | 41.09 | 1:24.22 |
| 10. | Chimene Gommans | Olympia | 1:23.26 | 200304396 | 1:24.46 | 40.56 | 1:24.46 |
| | <i>*50m</i> | | | | | | |

Senioren

| | | | | | | | |
|-------|--------------------|-------------------|---------|-----------|----------------|-------|---------|
| 1. | Arine van Holland | De Vrije Slag | 1:16.81 | 198701768 | 1:12.40 | 34.53 | 1:12.40 |
| 2. | Lizanne Lamens | De Gelenberg | 1:12.67 | 199402844 | 1:13.69 | 35.16 | 1:13.69 |
| 3. | Ellen ter Stege | RZC | 1:15.53 | 199900604 | 1:15.01 | 36.27 | 1:15.01 |
| 4. | Sanne Arendsen | NDD | 1:14.00 | 200103544 | 1:15.18 | 36.54 | 1:15.18 |
| 5. | Annemarie ten Have | Zuiderzeezwemmers | 1:14.38 | 199802662 | 1:15.35 | 36.23 | 1:15.35 |
| 6. | Britt Hoogstede | De Rijn | 1:14.13 | 200200416 | 1:15.85 | 36.86 | 1:15.85 |
| 7. | Sanne Domensino | De Gelenberg | 1:15.28 | 199903708 | 1:16.28 | 37.23 | 1:16.28 |
| | <i>*50m</i> | | | | | | |
| 8. | Hanna van den Berg | De Vrije Slag | 1:16.08 | 200202654 | 1:16.41 | 36.83 | 1:16.41 |
| 9. | Fleur Arendsen | NDD | 1:12.86 | 200202270 | 1:18.78 | 37.46 | 1:18.78 |
| | <i>*50m</i> | | | | | | |
| 10. | Welmoed Doornbos | De IJsselmeewiën | 1:15.93 | 200203352 | 1:25.09 | 40.27 | 1:25.09 |
| AFGEM | Matou Zwemmer | De Rijn | 1:16.70 | 199803672 | | | |
| AFGEM | Eva Kattouw | De Ward | 1:14.86 | 199407168 | | | |

Programmanr. 78
16-12-2018 - 17:16

Jongens, 50m vlinderslag

Junioren 1
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|-----------------------|---------------|--------|-----------|--------------|------|
| 1. | Tim Bongers | RZC | 40.19 | 200600075 | 37.73 | |
| 2. | Arjan Kuijt | Wijchen | 40.70 | 200600907 | 38.07 | |
| 3. | Rutger van der Knijff | De Vrije Slag | 42.37 | 200600541 | 40.74 | |
| 4. | Jeroen Hoogers | Batavia Swim | 42.03 | 200600629 | 41.02 | |
| 5. | Damian van 't Hof | Noord-Veluwe | 41.47 | 200602327 | 41.41 | |
| 6. | Kjetil van Gasteren | Olympia | 42.57 | 200600405 | 44.13 | *50m |

Programmanr. 79
16-12-2018 - 17:17

Jongens, 50m vlinderslag

Junioren 2
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|-----------------|------------|--------|-----------|--------------|----|
| 1. | Cassian Janssen | RZC | 36.70 | 200500331 | 34.92 | |
| 2. | Sofyan El fhim | Wijchen | 37.58 | 200502131 | 35.50 | |
| 3. | Kiran de Wit | De Ward | 36.59 | 200500583 | 36.49 | |
| 4. | Twan van Engen | De Ward | 36.91 | 200500581 | 36.73 | |

Programmanr. 80
16-12-2018 - 17:19

Jongens, 50m vlinderslag

Junioren 3
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|---------------------------|------------------|--------|-----------|--------------|----|
| 1. | Splinter Doornbos | De IJsselmeewiën | 33.39 | 200402255 | 33.35 | |
| 2. | Dominique van Grevenbroek | De Ward | 35.34 | 200401449 | 33.95 | |
| 3. | Jorim Hebbink | De Berkelduikers | 34.80 | 200401957 | 34.10 | |
| 4. | Justin van Arkel | TZC Vahalis | 34.29 | 200400161 | 34.11 | |
| 5. | Abram Korevaar | Noord-Veluwe | 35.18 | 200401459 | 34.56 | |

Programmanr. 81
16-12-2018 - 17:20

Jongens, 50m vlinderslag

Junioren 4
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------|----------------------|--------------------|--------|-----------|--------------|------|
| 1. | Ronis van Everdingen | De Vrije Slag | 31.68 | 200300043 | 30.84 | |
| 2. | Huib Gijsbertsen | Z&PC Triton Putten | 31.91 | 200303095 | 31.56 | |
| | Remco van Krieken | SG Bommelerwaard | 32.27 | 200300325 | 31.56 | |
| 4. | Bram van Norel | RZC | 32.58 | 200301133 | 32.31 | |
| 5. | Niels Calès | Aquapoldro | 32.51 | 200304475 | 32.70 | |
| 6. | Jur van Hunen | Aquapoldro | 33.67 | 200300703 | 32.72 | *50m |

Programmanr. 82
16-12-2018 - 17:21

Heren, 50m vlinderslag

Jeugd 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|---|--------------------|--------------|--------|-----------|--------------|------|
| Jeugd 1 | | | | | | |
| 1. | Victor Willemse | De Ward | 31.39 | 200201315 | 32.57 | |
| 2. | Bas Scholten | Octopus | 33.75 | 200201171 | 32.69 | |
| 3. | Michiel Koele | ZVV | 32.62 | 200202551 | 33.12 | |
| 4. | Max Vlijm | Nunspeet | 31.33 | 200201937 | 33.56 | |
| 5. | Dave Stitselaar | DWK | 34.97 | 200202219 | 33.57 | *50m |
| 6. | Thijs de Geus | Olympia | 34.12 | 200200349 | 33.95 | |
| 7. | Luuk van den Broek | De Gelenberg | 33.68 | 200202717 | 33.97 | |
| 8. | Daan Piek | Natare | 34.34 | 200203783 | 34.21 | |
| 9. | Luke Jansen | De Rijn | 33.03 | 200200247 | 34.25 | |
| DIS | Lars van de Kamp | Nunspeet | 34.70 | 200201153 | | |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| NG | Jurjen Gobas | Aquapoldro | 31.98 | 200204081 | | |

Programmanr. 82, Heren, 50m vlinderslag

Jeugd 2

| | | | | | |
|-------|------------------|--------------------------|-------|-----------|--------------|
| 1. | Sander Burgers | NDD | 30.61 | 200103671 | 30.32 |
| 2. | Lesley Smits | Zuiderzeezwemmers | 31.66 | 200105227 | 30.47 |
| 3. | Sjoerd Nijhuis | NDD | 34.41 | 200103675 | 32.00 |
| 4. | Bart Giezeman | Aquapoldro | 32.02 | 200104713 | 32.50 |
| 5. | Mees Vosbeek | Aquapoldro | 32.23 | 200104711 | 32.68 |
| 6. | Youri Jansen | Batavia Swim | 34.12 | 200105259 | 32.81 |
| 7. | Teun Vermolen | TZC Vahalis | 33.84 | 200104293 | 33.51 |
| 8. | Declan Drost | De Hokseberg | 33.79 | 200100203 | 35.29 |
| AFGEM | Edwin Versprille | Noord-Veluwe | 33.26 | 200100059 | |
| AFGEM | Maurits Heetkamp | Groenlose Zwemvereniging | 33.54 | 200105163 | |

Senioren

| | | | | | |
|-------|-----------------------|--------------------|-------|-----------|-------------------|
| 1. | Remco Haijink | De Berkelduikers | 29.35 | 200002791 | 28.54 |
| 2. | Rik Schipper | De Vrije Slag | 29.32 | 199901121 | 28.69 |
| 3. | Frank Buiting | De IJsselmeewuven | 29.88 | 199000493 | 30.01 |
| 4. | Jochem Hallie | Octopus | 30.66 | 200000009 | 30.02 |
| 5. | Thomas Meijer | ZVV | 30.73 | 199402321 | 30.06 |
| 6. | Thijs Meerveld | De Vrije Slag | 30.23 | 199702249 | 30.21 *50m |
| 7. | Arjen Wagemaker | De Woelwaters | 32.42 | 199805059 | 30.25 |
| 8. | Vincent van Emous | ZVV | 31.32 | 199802783 | 30.69 |
| 9. | Delano Weijn | Aquapoldro | 30.05 | 200003965 | 30.75 |
| 10. | Jurrian Buitenhuis | Aquapoldro | 30.95 | 199901967 | 30.88 |
| 11. | Richard van der Horst | ZV De Meer | 31.17 | 199700179 | 31.12 |
| 12. | Nick de Vries | WWV Winterswijk | 32.18 | 200003813 | 31.89 |
| 13. | Bartho Visser | Z&PC Triton Putten | 32.70 | 200005595 | 32.45 |
| 14. | Mattias Meijers | RZC | 31.77 | 200001975 | 32.94 |
| NG.ZA | Matthijs Risseeuw | De IJsselmeewuven | 32.11 | 200003737 | |
| AFGEM | Mike van de Streek | Noord-Veluwe | 28.99 | 199500577 | |
| NG | Joost Schepers | De Rijn | 29.29 | 199901017 | |

Programmanr. 83
16-12-2018 - 17:38

Dames, 200m wisselslag

Jeugd 1 en ouder
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m | |
|----------------|---------------------|----------------------|---------|-----------|----------------------|-------|---------|---------|---------|
| Jeugd 1 | | | | | | | | | |
| 1. | Vivian Gravemaker | De Rijn | 2:45.60 | 200400058 | 2:42.77 | 37.13 | 1:19.33 | 2:06.37 | 2:42.77 |
| 2. | Manou Blokhorst | Groenlose Zwemvereni | 2:47.12 | 200402554 | 2:43.81 | 35.29 | 1:17.60 | 2:07.73 | 2:43.81 |
| 3. | Eline van Kempen | De Ward | 2:53.21 | 200402124 | 2:49.99 | 42.01 | 1:24.26 | 2:12.71 | 2:49.99 |
| 4. | Melissa Frisart | De Rijn | 2:54.06 | 200400982 | 2:50.46 | 37.05 | 1:23.06 | 2:10.38 | 2:50.46 |
| 5. | Anniek Takken | De Ward | 2:55.27 | 200401768 | 2:50.77 | 39.42 | 1:20.15 | 2:15.38 | 2:50.77 |
| 6. | Maud Tempel | NDD | 2:51.04 | 200402136 | 2:52.92 | 33.35 | 1:14.98 | 2:11.66 | 2:52.92 |
| 7. | Lynn Brummelman | De Berkelduikers | 2:54.72 | 200400612 | 2:54.62 | 38.67 | 1:22.41 | 2:15.91 | 2:54.62 |
| 8. | Nienke Wentink | NDD | 2:55.78 | 200403414 | 3:01.90 | 37.81 | 1:22.85 | 2:21.19 | 3:01.90 |
| Jeugd 2 | | | | | | | | | |
| 1. | Juline van Meeteren | ZV De Meer | 2:48.26 | 200300406 | 2:46.78 | 37.97 | 1:18.04 | 2:09.18 | 2:46.78 |
| 2. | Lisanne van Elst | De Rijn | 2:50.05 | 200301964 | 2:50.59 | 37.11 | 1:22.24 | 2:10.65 | 2:50.59 |
| 3. | Julia Vrolijk | De IJsselmeewuven | 2:48.65 | 200302330 | 2:50.89 *200m | 36.45 | 1:19.38 | 2:11.32 | 2:50.89 |
| <i>*150m</i> | | | | | | | | | |
| 4. | Leonie Veldhuis | Aquapoldro | 2:50.27 | 200301768 | 2:53.05 | 39.67 | 1:23.13 | 2:14.84 | 2:53.05 |
| 5. | Sanne Landman | EZ & PC | 2:53.39 | 200304762 | 2:59.92 | 36.64 | 1:20.76 | 2:15.48 | 2:59.92 |
| 6. | Aniek van der Meij | Nunspeet | 3:02.04 | 200305052 | 3:01.42 | 39.13 | 1:25.04 | 2:20.17 | 3:01.42 |
| <i>*50m</i> | | | | | | | | | |
| 7. | Esmee Wilcke | ZV Overbetuwe | 3:00.64 | 200302540 | 3:01.87 | 36.77 | 1:22.20 | 2:18.78 | 3:01.87 |
| NG.ZA | Mare Heite | De IJsselmeewuven | 2:53.25 | 200302986 | | | | | |

Programmanr. 83, Dames, 200m wisselslag

Senioren

| | | | | | | | | |
|--|------------------|---------|-----------|--------------------|-------|---------|---------|---------|
| 1. Aniek Garritsen | De IJsselmeeuwen | 2:42.42 | 199504290 | 2:41.46 | 31.66 | 1:12.70 | 2:03.38 | 2:41.46 |
| 2. Nicky Biemans | Olympia | 2:44.21 | 200101616 | 2:43.01 | 35.44 | 1:19.61 | 2:05.04 | 2:43.01 |
| | | | | <i>*50m, *150m</i> | | | | |
| 3. Welmoed Doornbos | De IJsselmeeuwen | 2:40.74 | 200203352 | 2:44.34 | 35.18 | 1:18.43 | 2:08.66 | 2:44.34 |
| 4. Marlieke Scholten | De Berkelduikers | 2:41.67 | 199700708 | 2:45.02 | 35.94 | 1:18.27 | 2:06.93 | 2:45.02 |
| 5. Ellen ter Stege | RZC | 2:42.61 | 199900604 | 2:45.81 | 36.33 | 1:18.77 | 2:07.14 | 2:45.81 |
| 6. Bregje in 't Veld | SG Bommelerwaard | 2:46.51 | 200000978 | 2:51.05 | 32.84 | 1:14.93 | 2:09.90 | 2:51.05 |
| 7. Sanne Arendsen | NDD | 2:44.62 | 200103544 | 3:00.35 | 42.80 | 1:27.40 | 2:19.25 | 3:00.35 |
| DIS Zoë Ulkeman | De Berkelduikers | 2:43.99 | 200200682 | | | | | |
| <i>VP - Met handen over elkaar keerpunt of eindpunt aangetikt.</i> | | | | | | | | |

Programmanr. 84
16-12-2018 - 17:52

Meisjes, 200m wisselslag

Junioren
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|--|------------------|---------|-----------|--------------------------|-------|---------|---------|---------|
| Junioren 1 | | | | | | | | |
| 1. Nynke van Leeuwen | De Berkelduikers | 3:19.09 | 200701272 | 3:06.11 | 41.44 | 1:30.39 | 2:26.04 | 3:06.11 |
| 2. Feline Piek | ESCA Zwemmen | 3:24.37 | 200701322 | 3:11.38 | 44.18 | 1:30.33 | 2:26.75 | 3:11.38 |
| | | | | <i>*100m, *150m</i> | | | | |
| 3. Fajah Meijers | Nunspeet | 3:19.48 | 200701942 | 3:14.80 | 44.65 | 1:31.35 | 2:30.26 | 3:14.80 |
| | | | | <i>*50m, *150m</i> | | | | |
| 4. Inge Ruisch | De Ward | 3:20.20 | 200700184 | 3:16.40 | 43.01 | 1:31.49 | 2:31.67 | 3:16.40 |
| | | | | <i>*100m</i> | | | | |
| 5. Joyce Vlijm | Nunspeet | 3:20.21 | 200700262 | 3:18.03 | 46.95 | 1:34.11 | 2:36.30 | 3:18.03 |
| 6. Frederieke Straver | SG Bommelerwaard | 3:24.48 | 200700804 | 3:24.45 | 46.67 | 1:40.17 | 2:37.86 | 3:24.45 |
| | | | | <i>*50m, *100m, 150m</i> | | | | |
| Junioren 2 | | | | | | | | |
| 1. Christel Manuela | ZVV | 2:59.48 | 200602154 | 2:55.53 | 40.46 | 1:23.64 | 2:16.12 | 2:55.53 |
| 2. Monique van Hulst | De Gelenberg | 3:02.87 | 200600628 | 2:55.76 | 38.97 | 1:24.35 | 2:16.83 | 2:55.76 |
| 3. Bloem Muijlaert | ZVV | 3:04.72 | 200602754 | 2:57.91 | 40.20 | 1:27.50 | 2:17.88 | 2:57.91 |
| | | | | <i>*50m, *100m</i> | | | | |
| 4. Doutsen Doornbos | De IJsselmeeuwen | 3:06.11 | 200602610 | 3:03.09 | 42.96 | 1:28.89 | 2:23.13 | 3:03.09 |
| | | | | <i>*50m</i> | | | | |
| 5. Ami Pham | ESCA Zwemmen | 3:04.70 | 200601924 | 3:03.57 | 39.86 | 1:26.07 | 2:21.28 | 3:03.57 |
| DIS Naomi Rooijens | De Rijn | 3:02.24 | 200601362 | | | | | |
| <i>VI - Met één hand keer- en/of eindpunt aangetikt.</i> | | | | | | | | |
| Junioren 3 | | | | | | | | |
| 1. Ilse Boevink | De IJsselmeeuwen | 2:57.30 | 200501604 | 2:54.10 | 37.23 | 1:21.32 | 2:14.96 | 2:54.10 |
| 2. Hanna Minderaa | De Vrije Slag | 2:58.30 | 200500406 | 2:54.18 | 38.33 | 1:25.44 | 2:15.29 | 2:54.18 |
| | | | | <i>*50m, *100m, 150m</i> | | | | |
| 3. Azra Guler | NDD | 2:54.14 | 200503054 | 2:54.95 | 37.50 | 1:21.48 | 2:12.50 | 2:54.95 |
| 4. Suzanne Vesseur | Zuiderzeewemmers | 2:57.67 | 200500740 | 2:55.66 | 37.91 | 1:24.82 | 2:16.74 | 2:55.66 |
| 5. Isa Keijzers | NDD | 2:56.72 | 200502044 | 3:06.12 | 42.73 | 1:28.50 | 2:23.44 | 3:06.12 |
| 6. Camila Valencia | De Rijn | 2:56.08 | 200501882 | 3:06.91 | 40.16 | 1:32.63 | 2:28.72 | 3:06.91 |

Programmanr. 85
16-12-2018 - 18:04

Heren, 4 x 100m vrije slag

All-in
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|-------------------------------|---------|----------------|---------|
| 1. | De IJsselmeewen | 4:02.74 | 4:00.88 | |
| | Felix Vrolijk 03 29.39 | 1:02.24 | 00 28.33 | 1:00.15 |
| | Friso Ron 01 27.87 | 59.62 | 90 27.13 | 58.87 |
| 2. | Aquapoldro | 4:09.80 | 4:14.27 | |
| | Jurrian Buienhuis 99 29.25 | 1:01.31 | 01 31.08 | 1:05.98 |
| | Niels Calés 03 29.70 | 1:04.70 | 00 29.84 | 1:02.28 |
| 3. | ZVV 1 | 4:19.49 | 4:16.96 | |
| | David van Laarhoven 05 32.32 | 1:10.53 | 94 29.00 | 1:00.38 |
| | Michiel Koele 02 30.43 | 1:04.27 | 98 28.28 | 1:01.78 |
| 4. | De IJsselmeewen 2 | 4:25.72 | 4:20.77 | |
| | Splinter Doombos 04 31.31 | 1:05.58 | 01 31.12 | 1:05.85 |
| | Christopher Scheffer 03 33.67 | 1:08.70 | 03 29.22 | 1:00.64 |
| 5. | WWV Winterswijk 1 | 5:04.16 | 4:47.72 | |
| | Nick de Vries 00 30.67 | 1:03.46 | 06 35.17 | 1:14.60 |
| | Milan Visser 06 36.96 | 1:18.37 | 03 33.07 | 1:11.29 |

Programmanr. 86
16-12-2018 - 18:09

Dames, 4 x 100m wisselslag

All-in
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|--------------------------------|---------|----------------|---------|
| 1. | WWV Winterswijk | 4:57.63 | 4:57.76 | |
| | Milena Vlot 00 35.67 | 1:13.93 | 98 34.42 | 1:17.00 |
| | Renée Duenk 02 38.29 | 1:23.04 | 04 30.05 | 1:03.79 |
| 2. | De IJsselmeewen | 5:00.10 | 5:01.49 | |
| | Zara Govaers 04 34.26 | 1:12.46 | 03 36.12 | 1:17.38 |
| | Welmoed Doombos 02 40.58 | 1:27.88 | 95 30.07 | 1:03.77 |
| 3. | De Berkelduikers 1 | 5:14.59 | 5:05.78 | |
| | Marlieke Scholten 97 38.03 | 1:18.25 | 02 34.30 | 1:14.48 |
| | Isa van Ditshuizen 02 39.32 | 1:24.34 | 03 32.91 | 1:08.71 |
| 4. | NDD 1 | 4:56.43 | 5:06.31 | |
| | Fleur Arendsen 02 38.91 | 1:19.04 | 99 33.57 | 1:13.74 |
| | Amber Jacobs 04 40.00 | 1:26.30 | 01 32.14 | 1:07.23 |
| 5. | ZV De Meer 1 | 5:14.82 | 5:16.25 | |
| | Merel van den Heuvel 02 36.71 | 1:17.60 | 94 36.00 | 1:16.84 |
| | Juline van Meeteren 03 44.67 | 1:34.70 | 95 30.99 | 1:07.11 |
| 6. | De Vrije Slag 1 | 5:18.38 | 5:20.02 | |
| | Arine van Holland 87 34.48 | 1:11.83 | 05 40.64 | 1:28.04 |
| | Myrthe van der Knijff 04 41.66 | 1:30.28 | 02 32.86 | 1:09.87 |
| 7. | NDD 2 | 5:15.95 | 5:20.65 | |
| | Nicole Seegers 02 38.77 | 1:20.60 | 04 36.35 | 1:20.92 |
| | Milena Keurentjes 04 42.51 | 1:32.04 | 03 32.03 | 1:07.09 |
| 8. | De IJsselmeewen 2 | 5:12.00 | 5:20.75 | |
| | Katja Bontsema 03 37.82 | 1:17.60 | 03 38.80 | 1:27.03 |
| | Aniek Heinen 05 38.34 | 1:24.91 | 04 33.55 | 1:11.21 |
| 9. | Octopus 3 | 5:17.29 | 5:22.17 | |
| | Kim van der Stege 06 40.16 | 1:22.17 | 05 35.11 | 1:18.29 |
| | Amber Westerink 04 42.03 | 1:31.19 | 02 33.26 | 1:10.52 |
| 10. | Aquapoldro 1 | 5:14.23 | 5:23.48 | |
| | Daphne van Rees 03 38.85 | 1:20.18 | 01 37.98 | 1:23.80 |
| | Leonie Veldhuis 03 43.50 | 1:33.38 | 99 30.98 | 1:06.12 |
| 11. | ZVV 1 | 5:38.12 | 5:38.05 | |
| | Tamar van der Beek 02 36.48 | 1:15.82 | 06 42.51 | 1:32.23 |
| | Ilse Wild 04 45.69 | 1:36.95 | 05 34.88 | 1:13.05 |
| 12. | DWK 1 | 5:59.63 | 5:44.66 | |
| | Yanou Vaessen 06 40.62 | 1:23.59 | 98 35.59 | 1:20.11 |
| | Meia Stam 05 46.18 | 1:40.87 | 06 37.91 | 1:20.09 |



Gelderse B-Kampioenschappen korte baan 2018
Zutphen -- 15,16 dec 2018



Programmanr. 86, Dames, 4 x 100m wisselslag, All-in

| rang | vereniging | intijd | tijd | RT |
|-----------------|------------|---------|------|----|
| AFGEM EZ & PC 1 | EZ & PC | 5:22.23 | | |
| AFGEM DWV 1 | DWV | 5:22.72 | | |