

KNZB Hoofdklasse Competitie #3  
Kampen, 9-2-2019



Programmanr. 1  
9-2-2019 - 16:45

Jongens, 4 x 100m vrije slag

Junioren 4 en later  
Resultaten

| rang | vereniging       | intijd  | tijd           | RT                                       |
|------|------------------|---------|----------------|--|
| 1.   | Deltasteur 1     | 3:58.46 | <b>3:53.67</b> |  |
|      | 04 28.26         | 59.88   | 06 29.12       | 1:01.42                                  |
|      | 04 27.55         | 57.17   | 03 25.98       | 55.20                                    |
|      |                  |         |                | Christian van der Werf<br>Kylan Heederik |
| 2.   | Dedemsvaart-AC 1 | 4:02.53 | <b>4:09.91</b> |  |
|      | 04 29.78         | 1:03.01 | 03 29.84       | 1:03.03                                  |
|      | 03 31.11         | 1:05.89 | 03 27.55       | 57.98                                    |
|      |                  |         |                | Frank Tibben<br>Niels Kragt              |
| 3.   | DWK 1            | 4:35.01 | <b>4:28.77</b> |  |
|      | 04 32.00         | 1:08.67 | 05 31.50       | 1:06.26                                  |
|      | 04 33.65         | 1:11.39 | 04 28.90       | 1:02.45                                  |
|      |                  |         |                | Bjorn Hueting<br>Rick de Kreek           |

Programmanr. 3  
9-2-2019 - 16:50

Meisjes, 4 x 100m vrije slag

Junioren 3 en later  
Resultaten

| rang | vereniging       | intijd  | tijd           | RT                                    |
|------|------------------|---------|----------------|---------------------------------------|
| 1.   | Deltasteur 1 1   | 4:28.14 | <b>4:30.02</b> |                                       |
|      | 05 30.74         | 1:05.66 | 06 33.44       | 1:09.98                               |
|      | 05 31.34         | 1:05.42 | 06 32.16       | 1:08.96                               |
|      |                  |         |                | Julia van den Bosch<br>Eline van Unen |
| 2.   | Dedemsvaart-AC 1 | 4:43.14 | <b>4:44.91</b> |                                       |
|      | 06 32.99         | 1:10.76 | 06 35.39       | 1:15.41                               |
|      | 07 32.12         | 1:08.54 | 06 32.82       | 1:10.20                               |
|      |                  |         |                | Lianne Spaan<br>Marlies Dijsselhof    |
| 3.   | DWK 1            | 5:04.88 | <b>5:04.62</b> |                                       |
|      | 06 35.60         | 1:15.77 | 06 36.33       | 1:17.01                               |
|      | 05 37.81         | 1:19.82 | 06 33.98       | 1:12.02                               |
|      |                  |         |                | Marthe Versteeg<br>Yanou Vaessen      |

Programmanr. 5  
9-2-2019 - 16:56

Heren, 50m vlinderslag

Senioren Open  
Resultaten

| rang  | naam             | vereniging     | intijd | tijd      | RT           |
|-------|------------------|----------------|--------|-----------|--------------|
| 1.    | Thomas Kappe     | DWK            | 25.62  | 199805141 | <b>25.59</b> |
| 2.    | Sepp Kalter      | Dedemsvaart-AC | 26.14  | 199704327 | <b>26.17</b> |
| 3.    | Ardi Knol        | DWK            | 26.07  | 199603447 | <b>26.42</b> |
| 4.    | Jari Hofsink     | Deltasteur 1   | 26.40  | 199700535 | <b>26.55</b> |
| 5.    | Gert Norg        | Deltasteur 1   | 26.99  | 199401735 | <b>26.97</b> |
| 6.    | Peter de Boer    | Dedemsvaart-AC | 27.48  | 199206199 | <b>27.41</b> |
| 7.    | Gert van t Oever | Deltasteur 1   | 26.75  | 198702403 | <b>27.59</b> |
| 8.    | Jesper Kloek     | Dedemsvaart-AC | 27.78  | 199001585 | <b>28.26</b> |
| 9.    | Arjan Prins      | Dedemsvaart-AC | 28.80  | 198201383 | <b>28.37</b> |
| 10.   | Raymond van Unen | Deltasteur 1   | 29.73  | 200000523 | <b>29.64</b> |
| 11.   | Jauke Hamstra    | Deltasteur 1   | 28.92  | 198601089 | <b>29.85</b> |
| 12.   | Jarno van Lagen  | DWK            | 29.79  | 200001737 | <b>30.49</b> |
| 13.   | Dennis de Heus   | DWK            | 31.85  | 200005481 | <b>32.22</b> |
| AFGEM | Robert Dekker    | Dedemsvaart-AC | 28.37  | 198400443 |              |

Programmanr. 6  
9-2-2019 - 16:59

Dames, 100m vrije slag

Senioren Open  
Resultaten

| rang | naam               | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |
|------|--------------------|----------------|---------|-----------|----------------|-------|---------|
| 1.   | Pauline Gouwens    | DWK            | 58.97   | 198400790 | <b>58.86</b>   | 28.09 | 58.86   |
| 2.   | Annet van Stratum  | Deltasteur 1   | 58.28   | 199003640 | <b>59.29</b>   | 28.27 | 59.29   |
| 3.   | Marit Boxum        | Deltasteur 1   | 59.76   | 200000068 | <b>59.91</b>   | 28.46 | 59.91   |
| 4.   | Naomi Hofsink      | Deltasteur 1   | 59.30   | 199402508 | <b>1:00.28</b> | 28.67 | 1:00.28 |
| 5.   | Michelle Zomerdijk | Dedemsvaart-AC | 59.75   | 200003196 | <b>1:00.28</b> | 28.34 | 1:00.28 |
| 6.   | Sanne Ditzel       | DWK            | 1:00.66 | 199901092 | <b>1:01.54</b> | 29.26 | 1:01.54 |
| 7.   | Laura Compagner    | Dedemsvaart-AC | 1:01.40 | 199804602 | <b>1:01.56</b> | 29.35 | 1:01.56 |
| 8.   | S. Dekker-Bergsma  | Dedemsvaart-AC | 1:01.57 | 199203374 | <b>1:01.56</b> | 29.46 | 1:01.56 |

Programmanr. 6, Dames, 100m vrije slag, Senioren Open

| rang  | naam                 | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |         |
|-------|----------------------|----------------|---------|-----------|----------------|-------|---------|---------|
| 9.    | Eline Dankelman      | Dedemsvaart-AC | 1:01.53 | 200204804 | <b>1:02.29</b> | 29.96 | 1:02.29 |         |
| 10.   | Lindi Bos            | DWK            | 1:04.15 | 200101256 | <b>1:03.41</b> | 30.28 | 1:03.41 |         |
| 11.   | Lotte Rougoor        | Dedemsvaart-AC | 1:03.62 | 200000774 | <b>1:03.52</b> | 29.99 | 1:03.52 |         |
| 12.   | Cheyenne van de Port | DWK            | 1:04.90 | 199804718 | <b>1:03.69</b> | 30.41 | 1:03.69 |         |
| 13.   | Linde Kolkman        | Dedemsvaart-AC | 1:01.03 | 200001114 | <b>1:04.50</b> | 30.39 | 1:04.50 |         |
| 14.   | Maaïke Doornwaard    | Deltasteur 1   | 1:01.00 | 199800264 | <b>1:05.40</b> | FJ 1  | 30.95   | 1:05.40 |
| 15.   | Ilse Volkers         | DWK            | 1:02.51 | 200301580 | <b>1:05.40</b> | FJ 2  | 31.09   | 1:05.40 |
| 16.   | Marleen Welten       | Deltasteur 1   | 1:05.72 | 199701526 | <b>1:05.77</b> | 31.48 | 1:05.77 |         |
| 17.   | Marleen Snapper      | DWK            | 1:08.87 | 199805214 | <b>1:06.02</b> | 31.45 | 1:06.02 |         |
| 18.   | Joyce Mennink        | Dedemsvaart-AC | 1:06.29 | 199601180 | <b>1:06.19</b> | 31.29 | 1:06.19 |         |
| 19.   | Thirza van de Kraats | DWK            | 1:04.73 | 200200392 | <b>1:09.62</b> | 32.95 | 1:09.62 |         |
| AFGEM | Joëlle van der Veen  | Dedemsvaart-AC | 1:05.72 | 200201176 |                |       |         |         |

Programmanr. 7  
9-2-2019 - 17:06

Jongens, 200m wisselslag

Jeugd 2 en later  
Resultaten

| rang  | naam              | vereniging     | intijd  | tijd      | RT             | 50m   | 100m | 150m | 200m    |
|-------|-------------------|----------------|---------|-----------|----------------|-------|------|------|---------|
| 1.    | Leon van den Hof  | Dedemsvaart-AC | 2:14.54 | 200203269 | <b>2:12.42</b> | 27.98 |      |      | 2:12.42 |
| 2.    | Raphael Mennen    | DWK            | 2:20.35 | 200103049 | <b>2:20.45</b> | 29.79 |      |      | 2:20.45 |
| 3.    | Dylan Donkersteeg | DWK            | 2:23.43 | 200202217 | <b>2:22.12</b> | 29.14 |      |      | 2:22.12 |
| 4.    | Gjalt Panjer      | DWK            | 2:26.37 | 200201943 | <b>2:22.98</b> | 31.23 |      |      | 2:22.98 |
| 5.    | Edwin Kanis       | Deltasteur 1   | 2:23.64 | 200200505 | <b>2:23.88</b> | 29.63 |      |      | 2:23.88 |
| 6.    | Ruth Vahl         | Deltasteur 1   | 2:24.71 | 200101087 | <b>2:27.45</b> | 31.00 |      |      | 2:27.45 |
| 7.    | Tristan Scholten  | Dedemsvaart-AC | 2:24.00 | 200201683 | <b>2:28.27</b> | 28.14 |      |      | 2:28.27 |
| 8.    | Frank Tibben      | Dedemsvaart-AC | 2:39.46 | 200303321 | <b>2:39.78</b> | 32.67 |      |      | 2:39.78 |
| 9.    | Dave Stitselaar   | DWK            | 2:45.39 | 200202219 | <b>2:42.79</b> | 34.46 |      |      | 2:42.79 |
| 10.   | Sem Wellenberg    | Dedemsvaart-AC | 2:52.20 | 200301301 | <b>3:01.59</b> | 42.80 |      |      | 3:01.59 |
| 11.   | Torben Rijkels    | Dedemsvaart-AC | NT      | 200404603 | <b>3:07.08</b> | 40.93 |      |      | 3:07.08 |
| 12.   | Dirk-Johan Wyma   | DWK            | 3:00.39 | 200201051 | <b>3:12.41</b> | 40.58 |      |      | 3:12.41 |
| AFGEM | Jesse Zweers      | Dedemsvaart-AC | 2:11.76 | 200100399 |                |       |      |      |         |

Programmanr. 8  
9-2-2019 - 17:15

Dames, 200m vlinderslag

Senioren 2 en later  
Resultaten

| rang  | naam               | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|-------|--------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1.    | Isabel Aardema     | DWK            | 2:42.97 | 200100364 | <b>2:35.90</b> | 33.60 | 1:14.02 |      | 2:35.90 |
| 2.    | Hanne te Velthuis  | Dedemsvaart-AC | 3:13.98 | 200201324 | <b>2:36.18</b> | 31.67 | 1:08.32 |      | 2:36.18 |
| 3.    | Manon Compagner    | Dedemsvaart-AC | 2:37.22 | 200101710 | <b>2:37.64</b> | 29.60 | 1:06.20 |      | 2:37.64 |
| 4.    | Nora Brouwer       | DWK            | 2:41.07 | 200300480 | <b>2:39.81</b> | 33.00 | 1:12.62 |      | 2:39.81 |
| 5.    | Tessa van de Belt  | Dedemsvaart-AC | NT      | 200102056 | <b>2:45.24</b> | 35.24 | 1:16.78 |      | 2:45.24 |
| 6.    | Manon de Man       | Deltasteur 1   | 3:01.45 | 200201458 | <b>2:49.63</b> | 34.68 | 1:16.48 |      | 2:49.63 |
| 7.    | Tara Schuurman     | Deltasteur 1   | NT      | 200400386 | <b>2:55.72</b> | 36.32 | 1:20.50 |      | 2:55.72 |
| 8.    | Harma van der Meer | DWK            | 3:10.99 | 200200714 | <b>3:13.51</b> | 37.12 | 1:25.06 |      | 3:13.51 |
| AFGEM | Marieke de Jong    | DWK            | 3:20.59 | 200200390 |                |       |         |      |         |

Programmanr. 11  
9-2-2019 - 17:23

Jongens, 100m rugslag

Junioren 2 en later  
Resultaten

| rang | naam                   | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |
|------|------------------------|----------------|---------|-----------|----------------|-------|---------|
| 1.   | Thijs ten Koppel       | Deltasteur 1   | 1:11.55 | 200500357 | <b>1:07.87</b> | 33.42 | 1:07.87 |
| 2.   | Christian van der Werf | Deltasteur 1   | 1:08.51 | 200600191 | <b>1:08.53</b> | 33.31 | 1:08.53 |
| 3.   | Hielke Jan Penninkhof  | Deltasteur 1   | 1:20.30 | 200500569 | <b>1:12.99</b> | 35.32 | 1:12.99 |
| 4.   | Gijs Vrieling          | Dedemsvaart-AC | 1:25.32 | 200503811 | <b>1:14.09</b> | 36.05 | 1:14.09 |
| 5.   | Bjorn Hueting          | DWK            | 1:14.98 | 200502829 | <b>1:15.18</b> | 37.03 | 1:15.18 |
| 6.   | Dennis Mosterman       | Dedemsvaart-AC | 1:24.82 | 200501283 | <b>1:21.28</b> | 39.13 | 1:21.28 |
| 7.   | Lucas Leeuwis          | DWK            | 1:40.07 | 200603301 | <b>1:39.40</b> | 47.99 | 1:39.40 |

Programmanr. 13  
9-2-2019 - 17:28

Meisjes, 200m schoolslag

Junioren 3 en later  
Resultaten

| rang naam              | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|------------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Eline van Unen      | Deltasteur 1   | 2:59.03 | 200600520 | <b>3:05.09</b> | 41.30 | 1:28.53 |      | 3:05.09 |
| 2. Demi Westendorp     | Deltasteur 1   | 3:13.56 | 200500262 | <b>3:07.67</b> | 41.76 | 1:30.21 |      | 3:07.67 |
| 3. Senna Geerdink      | Deltasteur 1   | 3:28.64 | 200500026 | <b>3:09.90</b> | 43.00 | 1:31.87 |      | 3:09.90 |
| 4. Marlies Dijsselhof  | Dedemsvaart-AC | 3:11.53 | 200601046 | <b>3:10.32</b> | 42.16 | 1:30.72 |      | 3:10.32 |
| 5. Julia van den Bosch | Deltasteur 1   | 3:44.24 | 200600232 | <b>3:15.01</b> | 43.41 | 1:33.89 |      | 3:15.01 |
| 6. Carmen van der Laan | Deltasteur 1   | 3:27.51 | 200600234 | <b>3:18.61</b> | 44.97 | 1:35.74 |      | 3:18.61 |
| 7. Senna Levering      | DWK            | 3:24.99 | 200603892 | <b>3:18.91</b> | 45.05 | 1:35.99 |      | 3:18.91 |
| 8. Floor Werger        | Dedemsvaart-AC | 3:21.49 | 200602114 | <b>3:21.26</b> | 44.42 | 1:35.68 |      | 3:21.26 |
| 9. Leyona Lichtendonk  | Dedemsvaart-AC | NT      | 200700010 | <b>3:26.56</b> | 46.80 | 1:39.68 |      | 3:26.56 |
| 10. Meike Fix          | Dedemsvaart-AC | 3:32.51 | 200600962 | <b>3:37.02</b> | 49.54 | 1:45.93 |      | 3:37.02 |
| 11. Iris Sportel       | Dedemsvaart-AC | NT      | 200601048 | <b>3:38.19</b> | 48.11 | 1:43.29 |      | 3:38.19 |
| 12. Marit Welhuis      | Dedemsvaart-AC | 3:58.71 | 200502816 | <b>3:39.53</b> | 49.81 | 1:46.50 |      | 3:39.53 |
| 13. Marthe Versteeg    | DWK            | 3:48.63 | 200601310 | <b>3:42.34</b> | 50.55 | 1:48.33 |      | 3:42.34 |
| 14. Yanou Vaessen      | DWK            | 3:41.46 | 200603666 | <b>3:42.41</b> | 49.93 | 1:47.87 |      | 3:42.41 |
| 15. Rebecca Reurink    | Dedemsvaart-AC | NT      | 200602112 | <b>3:50.20</b> | 51.15 | 1:49.81 |      | 3:50.20 |
| 16. Debora Spijker     | DWK            | NT      | 200604410 | <b>3:56.28</b> | 54.70 | 1:56.12 |      | 3:56.28 |
| DIS Meia Stam          | DWK            | 3:40.50 | 200504408 |                |       |         |      |         |

SL - Het keer- en/of eindpunt met één hand aangetikt.

Programmanr. 15  
9-2-2019 - 17:40

Heren, 200m rugslag

Senioren Open  
Resultaten

| rang naam            | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m    | 200m    |
|----------------------|----------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1. Luuk Nijland      | DWK            | 2:04.45 | 199700333 | <b>2:05.33</b> | 29.00 | 1:00.79 |         | 2:05.33 |
| 2. Niek Heethaar     | DWK            | 2:04.99 | 199900999 | <b>2:08.06</b> | 28.78 | 1:01.06 |         | 2:08.06 |
| 3. Kevin Eltink      | DWK            | 2:06.53 | 199100589 | <b>2:09.68</b> | 30.47 | 1:03.04 |         | 2:09.68 |
| 4. Jari Hofsink      | Deltasteur 1   | 2:11.71 | 199700535 | <b>2:12.11</b> | 30.02 | 1:02.57 |         | 2:12.11 |
| 5. Sepp Kalter       | Dedemsvaart-AC | NT      | 199704327 | <b>2:15.25</b> | 31.14 | 1:05.71 |         | 2:15.25 |
| 6. Stijn Boertien    | Dedemsvaart-AC | 2:16.57 | 200100719 | <b>2:16.41</b> | 31.47 | 1:05.53 |         | 2:16.41 |
| 7. Max Voortman      | DWK            | 2:15.82 | 199902923 | <b>2:16.46</b> | 31.35 | 1:05.96 |         | 2:16.46 |
| 8. Gert van t Oever  | Deltasteur 1   | 2:17.37 | 198702403 | <b>2:21.71</b> | 32.30 | 1:07.10 |         | 2:21.71 |
| 9. Arjan Prins       | Dedemsvaart-AC | 2:25.85 | 198201383 | <b>2:24.00</b> | 32.70 | 1:08.45 |         | 2:24.00 |
| 10. Raymond van Unen | Deltasteur 1   | 2:29.31 | 200000523 | <b>2:27.91</b> | FJ 1  | 33.03   | 1:10.61 | 2:27.91 |
| 11. Jesper Kloek     | Dedemsvaart-AC | 2:21.92 | 199001585 | <b>2:27.91</b> | FJ 2  | 34.53   | 1:11.80 | 2:27.91 |
| AFGEM Robert Dekker  | Dedemsvaart-AC | 2:19.07 | 198400443 |                |       |         |         |         |

Programmanr. 16  
9-2-2019 - 17:47

Heren, 100m rugslag

Senioren Open  
Resultaten

| rang naam        | vereniging | intijd  | tijd      | RT  | 50m            | 100m |       |         |
|------------------|------------|---------|-----------|-----|----------------|------|-------|---------|
| 1. Lars Jacobsen | DWK        | 1:13.64 | 199705453 | S14 | <b>1:14.11</b> | 622  | 35.27 | 1:14.11 |

Programmanr. 17  
9-2-2019 - 17:48

Dames, 200m schoolslag

Senioren Open  
Resultaten

| rang naam                | vereniging     | intijd  | tijd      | RT | 50m            | 100m  | 150m    | 200m    |
|--------------------------|----------------|---------|-----------|----|----------------|-------|---------|---------|
| 1. Birgit van Buiten     | DWK            | 2:34.04 | 200200498 |    | <b>2:35.80</b> | 35.03 | 1:14.90 | 2:35.80 |
| 2. Maaïke van Veen       | Dedemsvaart-AC | 2:45.71 | 199700292 |    | <b>2:42.11</b> | 36.41 | 1:17.66 | 2:42.11 |
| 3. Michelle Zomerdijk    | Dedemsvaart-AC | 2:54.85 | 200003196 |    | <b>2:50.75</b> | 38.51 | 1:22.20 | 2:50.75 |
| 4. Marit Boxum           | Deltasteur 1   | 2:55.26 | 200000068 |    | <b>2:52.03</b> | 38.64 | 1:22.40 | 2:52.03 |
| 5. Marleen Welten        | Deltasteur 1   | 2:50.81 | 199701526 |    | <b>2:52.67</b> | 39.15 | 1:22.84 | 2:52.67 |
| 6. Celine Schoenmaker    | DWK            | 2:51.85 | 199801976 |    | <b>2:57.79</b> | 38.28 | 1:23.64 | 2:57.79 |
| 7. Anoeska van de Kraats | DWK            | 2:53.19 | 199701284 |    | <b>2:58.84</b> | 39.86 | 1:24.84 | 2:58.84 |
| 8. Maud Kuipers          | Dedemsvaart-AC | 2:55.66 | 200201894 |    | <b>3:04.96</b> | 41.65 | 1:29.24 | 3:04.96 |

Programmanr. 18  
9-2-2019 - 17:55

Dames, 100m schoolslag

Senioren Open  
Resultaten

| rang | naam        | vereniging | intijd  |           | tijd               | RT  | 50m   | 100m    |
|------|-------------|------------|---------|-----------|--------------------|-----|-------|---------|
| 1.   | Iris Onnink | DWK        | 1:34.97 | 200301836 | SB9 <b>1:35.83</b> | 617 | 45.02 | 1:35.83 |

Programmanr. 19  
9-2-2019 - 17:58

Jongens, 100m schoolslag

Minioren 6 en later  
Resultaten

| rang | naam            | vereniging     | intijd  |           | tijd           | RT | 50m   | 100m    |
|------|-----------------|----------------|---------|-----------|----------------|----|-------|---------|
| 1.   | Emiel de Bruijn | Dedemsvaart-AC | 1:41.89 | 200700953 | <b>1:40.79</b> |    | 48.44 | 1:40.79 |
| 2.   | Duuk Harms      | Dedemsvaart-AC | 2:01.22 | 200900201 | <b>1:56.18</b> |    | 55.10 | 1:56.18 |
| 3.   | Mart Tempelman  | Dedemsvaart-AC | 2:03.36 | 200801075 | <b>2:01.54</b> |    | 56.58 | 2:01.54 |

Programmanr. 20  
9-2-2019 - 18:00

Meisjes, 50m rugslag

Junioren 1 en later  
Resultaten

| rang  | naam               | vereniging     | intijd |           | tijd         | RT |
|-------|--------------------|----------------|--------|-----------|--------------|----|
| 1.    | Lily Zandstra      | Dedemsvaart-AC | 41.69  | 200701418 | <b>40.83</b> |    |
| 2.    | Esmé Sportel       | Dedemsvaart-AC | 44.57  | 200900682 | <b>42.87</b> |    |
| 3.    | Sofie Kragt        | Dedemsvaart-AC | 42.88  | 200701020 | <b>43.20</b> |    |
| 4.    | Esther Dijsselhof  | Dedemsvaart-AC | 47.88  | 200800784 | <b>44.02</b> |    |
| 5.    | Jinte van Ginkel   | DWK            | 43.54  | 200701286 | <b>44.60</b> |    |
| 6.    | Karlijn Bredenoort | Dedemsvaart-AC | 47.78  | 200800340 | <b>47.54</b> |    |
| AFGEM | Lieke van den Berg | DWK            | 44.35  | 200702356 |              |    |

Programmanr. 22  
9-2-2019 - 18:03

Jongens, 400m wisselslag

Junioren 4 en later  
Resultaten

| rang  | naam  | vereniging     | intijd        |               | tijd           | RT            |
|-------|---|----------------|---------------|---------------|----------------|---------------|
| 1.    | Kylian Heederik                                     | Deltasteur 1   | 4:45.22       | 200300353     | <b>4:56.34</b> |               |
|       | 50m: 29.51  | 29.51          | 150m: 34.70   | 250m: 2:20.32 | 350m: 3:44.17  | 400m: 4:56.34 |
|       | 100m: 1:04.21                                       |                | 200m: 2:20.32 | 300m: 3:44.17 |                |               |
| 2.    | Quinn Heederik                                      | Deltasteur 1   | 5:12.20       | 200400093     | <b>5:06.18</b> |               |
|       | 50m: 31.32  | 31.32          | 150m: 36.58   | 250m: 2:25.92 | 350m: 3:58.25  | 400m: 5:06.18 |
|       | 100m: 1:07.90                                       |                | 200m: 2:25.92 | 300m: 3:58.25 |                |               |
| 3.    | Niels Kragt   | Dedemsvaart-AC | 5:09.88       | 200300155     | <b>5:06.27</b> |               |
|       | 50m: 31.13  | 31.13          | 150m: 36.72   | 250m: 2:28.31 | 350m: 3:58.08  | 400m: 5:06.27 |
|       | 100m: 1:07.85                                       |                | 200m: 2:28.31 | 300m: 3:58.08 |                |               |
| 4.    | Matthew Critchell                                   | Deltasteur 1   | 5:30.20       | 200403011     | <b>5:29.37</b> |               |
|       | 50m: 35.56  | 35.56          | 150m: 43.69   | 250m: 2:40.67 | 350m: 4:15.31  | 400m: 5:29.37 |
|       | 100m: 1:19.25                                       |                | 200m: 2:40.67 | 300m: 4:15.31 |                |               |
| 5.    | Robert Dragt  | Deltasteur 1   | NT            | 200400239     | <b>5:29.98</b> |               |
|       | 50m: 34.38  | 34.38          | 150m: 41.91   | 250m: 2:39.12 | 350m: 4:20.60  | 400m: 5:29.98 |
|       | 100m: 1:16.29                                       |                | 200m: 2:39.12 | 300m: 4:20.60 |                |               |
| 6.    | Rick de Kreek                                       | DWK            | 5:38.83       | 200400201     | <b>5:34.07</b> |               |
|       | 50m: 34.40  | 34.40          | 150m: 40.27   | 250m: 2:39.75 | 350m: 4:17.06  | 400m: 5:34.07 |
|       | 100m: 1:14.67                                       |                | 200m: 2:39.75 | 300m: 4:17.06 |                |               |
| 7.    | Leonardo Hassing                                    | Dedemsvaart-AC | NT            | 200402377     | <b>5:49.95</b> |               |
|       | 50m: 35.32  | 35.32          | 150m: 44.99   | 250m: 2:45.74 | 350m: 4:27.63  | 400m: 5:49.95 |
|       | 100m: 1:20.31                                       |                | 200m: 2:45.74 | 300m: 4:27.63 |                |               |
| 8.    | Teun van Essen                                      | DWK            | NT            | 200403051     | <b>6:34.86</b> |               |
|       | 50m: 40.51  | 40.51          | 150m: 56.00   | 250m: 3:18.80 | 350m: 5:03.90  | 400m: 6:34.86 |
|       | 100m: 1:36.51                                       |                | 200m: 3:18.80 | 300m: 5:03.90 |                |               |
| DIS   | Marnix Leeuwis                                      | DWK            | NT            | 200404491     |                |               |
|       | <i>AE - De aangegeven zwemslag niet uitgevoerd.</i> |                |               |               |                |               |
| AFGEM | Chiel Kootstra                                      | Dedemsvaart-AC | 5:36.30       | 200301463     |                |               |

KNZB Hoofdklasse Competitie #3  
Kampen, 9-2-2019



Programmanr. 24  
9-2-2019 - 18:16

Meisjes, 100m vrije slag

Jeugd 2 en later  
Resultaten

| rang | naam              | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |
|------|-------------------|----------------|---------|-----------|----------------|-------|---------|
| 1.   | Vera Renshof      | DWK            | 57.60   | 200301582 | <b>59.01</b>   | 28.54 | 59.01   |
| 2.   | Ismay Lichtendonk | Dedemsvaart-AC | 59.51   | 200400622 | <b>1:00.11</b> | 28.68 | 1:00.11 |
| 3.   | Alessia Sluis     | Dedemsvaart-AC | 1:01.81 | 200300896 | <b>1:01.69</b> | 29.17 | 1:01.69 |
| 4.   | Milou ten Koppel  | Deltasteur 1   | 1:02.55 | 200302572 | <b>1:01.83</b> | 29.64 | 1:01.83 |
| 5.   | Lena Minderaa     | DWK            | 1:01.10 | 200300252 | <b>1:02.27</b> | 28.90 | 1:02.27 |
| 6.   | Amy Lynn Zweers   | Dedemsvaart-AC | 59.55   | 200300390 | <b>1:02.66</b> | 29.40 | 1:02.66 |
| 7.   | Monica Faber      | Deltasteur 1   | 1:04.42 | 200400388 | <b>1:03.30</b> | 30.78 | 1:03.30 |
| 8.   | Meghan Mulder     | Dedemsvaart-AC | 1:04.62 | 200301734 | <b>1:04.47</b> | 30.32 | 1:04.47 |
| 9.   | Tessa Sportel     | Dedemsvaart-AC | 1:05.04 | 200401644 | <b>1:04.96</b> | 30.84 | 1:04.96 |
| 10.  | Aleid te Velthuis | Dedemsvaart-AC | 1:07.78 | 200401470 | <b>1:07.75</b> | 32.24 | 1:07.75 |
| 11.  | Manon Tiggelaar   | Dedemsvaart-AC | 1:07.11 | 200400394 | <b>1:07.95</b> | 32.06 | 1:07.95 |
| 12.  | Sanne van Dijk    | Deltasteur 1   | 1:10.52 | 200301908 | <b>1:08.37</b> | 32.75 | 1:08.37 |
| 13.  | Iris Kootstra     | Dedemsvaart-AC | 1:11.97 | 200404424 | <b>1:11.40</b> | 34.02 | 1:11.40 |
| 14.  | Jade Hazeleger    | DWK            | 1:13.24 | 200403394 | <b>1:11.71</b> | 33.77 | 1:11.71 |
| 15.  | Ilona Kosse       | Dedemsvaart-AC | 1:12.78 | 200401966 | <b>1:11.91</b> | 35.04 | 1:11.91 |
| 16.  | Lyanne Spaan      | Dedemsvaart-AC | 1:13.54 | 200600216 | <b>1:12.61</b> | 34.52 | 1:12.61 |
| 17.  | Iris Welhuis      | Dedemsvaart-AC | 1:12.62 | 200403678 | <b>1:13.01</b> | 34.65 | 1:13.01 |
| 18.  | Annet Hartholt    | Dedemsvaart-AC | 1:13.94 | 200401646 | <b>1:13.85</b> | 34.56 | 1:13.85 |

Programmanr. 26  
9-2-2019 - 18:21

Heren, 200m schoolslag

Senioren Open  
Resultaten

| rang | naam                | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|------|---------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1.   | Serginni Marten     | DWK            | 2:15.98 | 199307281 | <b>2:18.39</b> | 31.44 | 1:07.37 |      | 2:18.39 |
| 2.   | Stijn Boertien      | Dedemsvaart-AC | 2:15.10 | 200100719 | <b>2:18.56</b> | 30.69 | 1:05.22 |      | 2:18.56 |
| 3.   | Ardi Knol           | DWK            | 2:18.43 | 199603447 | <b>2:25.41</b> | 30.39 | 1:05.50 |      | 2:25.41 |
| 4.   | Kevin Eltink        | DWK            | 2:23.23 | 199100589 | <b>2:26.69</b> | 31.60 | 1:08.88 |      | 2:26.69 |
| 5.   | Ruben Koek          | DWK            | 2:28.20 | 199701187 | <b>2:27.07</b> | 31.62 | 1:08.60 |      | 2:27.07 |
| 6.   | Jurre Stammes       | DWK            | 2:30.19 | 199701843 | <b>2:27.54</b> | 31.97 | 1:09.05 |      | 2:27.54 |
| 7.   | Sepp Kalter         | Dedemsvaart-AC | 2:33.95 | 199704327 | <b>2:34.33</b> | 34.14 | 1:13.30 |      | 2:34.33 |
| 8.   | Gert Norg           | Deltasteur 1   | 2:28.32 | 199401735 | <b>2:36.05</b> | 34.20 | 1:12.87 |      | 2:36.05 |
| 9.   | Jauke Hamstra       | Deltasteur 1   | 2:39.57 | 198601089 | <b>2:41.12</b> | 36.03 | 1:16.62 |      | 2:41.12 |
| 10.  | Jari Hofsink        | Deltasteur 1   | 2:37.07 | 199700535 | <b>2:42.16</b> | 34.64 | 1:15.02 |      | 2:42.16 |
| 11.  | Raymond van Unen    | Deltasteur 1   | 2:49.29 | 200000523 | <b>2:50.04</b> | 38.03 | 1:21.34 |      | 2:50.04 |
| 12.  | Dennis de Heus      | DWK            | 2:54.76 | 200005481 | <b>3:01.61</b> | 39.52 | 1:25.93 |      | 3:01.61 |
|      | AFGEM Robert Dekker | Dedemsvaart-AC | 2:42.20 | 198400443 |                |       |         |      |         |

Programmanr. 27  
9-2-2019 - 18:31

Heren, 100m schoolslag

Senioren Open  
Resultaten

| rang | naam          | vereniging | intijd  | tijd      | RT                  | 50m | 100m  |
|------|---------------|------------|---------|-----------|---------------------|-----|-------|
| 1.   | Lars Jacobsen | DWK        | 1:31.78 | 199705453 | SB14 <b>1:31.25</b> | 405 | 41.01 |

Programmanr. 28  
9-2-2019 - 18:33

Dames, 200m rugslag

Senioren Open  
Resultaten

| rang | naam              | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|------|-------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1.   | Birgit van Buiten | DWK            | 2:16.03 | 200200498 | <b>2:17.07</b> | 32.36 | 1:06.80 |      | 2:17.07 |
| 2.   | Maaïke van Veen   | Dedemsvaart-AC | 2:22.46 | 199700292 | <b>2:23.42</b> | 33.45 | 1:09.74 |      | 2:23.42 |
| 3.   | Ilse Volkers      | DWK            | 2:19.32 | 200301580 | <b>2:23.58</b> | 33.11 | 1:09.19 |      | 2:23.58 |
| 4.   | Sanne Ditzel      | DWK            | 2:24.06 | 199901092 | <b>2:26.59</b> | 33.86 | 1:10.32 |      | 2:26.59 |
| 5.   | Marit Boxum       | Deltasteur 1   | 2:24.32 | 200000068 | <b>2:27.08</b> | 33.86 | 1:10.94 |      | 2:27.08 |
| 6.   | Annet van Stratum | Deltasteur 1   | 2:31.73 | 199003640 | <b>2:30.61</b> | 35.66 | 1:13.94 |      | 2:30.61 |
| 7.   | S. Dekker-Bergsma | Dedemsvaart-AC | 2:28.92 | 199203374 | <b>2:34.51</b> | 35.39 | 1:14.03 |      | 2:34.51 |
| 8.   | Maud Kuipers      | Dedemsvaart-AC | 2:32.75 | 200201894 | <b>2:35.97</b> | 35.96 | 1:15.66 |      | 2:35.97 |



Programmanr. 28, Dames, 200m rugslag, Senioren Open

| rang naam                 | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|---------------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 9. Cheyenne van de Port   | DWK            | 2:42.59 | 199804718 | <b>2:36.97</b> | 37.60 | 1:17.27 |      | 2:36.97 |
| 10. Lotte Rougoor         | Dedemsvaart-AC | 2:30.98 | 200000774 | <b>2:37.12</b> | 36.40 | 1:16.66 |      | 2:37.12 |
| 11. Laura Compagner       | Dedemsvaart-AC | 2:33.80 | 199804602 | <b>2:39.22</b> | 37.40 | 1:18.08 |      | 2:39.22 |
| 12. Maaïke Doornwaard     | Deltasteur 1   | 2:29.99 | 199800264 | <b>2:40.01</b> | 36.88 | 1:16.87 |      | 2:40.01 |
| 13. Joyce Mennink         | Dedemsvaart-AC | 2:37.89 | 199601180 | <b>2:40.71</b> | 36.07 | 1:16.00 |      | 2:40.71 |
| 14. Lindi Bos             | DWK            | 2:34.86 | 200101256 | <b>2:41.96</b> | 35.51 | 1:16.38 |      | 2:41.96 |
| 15. Eline Dankelman       | Dedemsvaart-AC | 2:44.49 | 200204804 | <b>2:44.08</b> | 37.92 | 1:19.19 |      | 2:44.08 |
| AFGEM Joëlle van der Veen | Dedemsvaart-AC | 2:39.57 | 200201176 |                |       |         |      |         |

Programmanr. 29  
9-2-2019 - 18:43

Dames, 100m rugslag

Senioren Open  
Resultaten

| rang naam      | vereniging | intijd  | tijd      | RT                 | 50m | 100m  |         |
|----------------|------------|---------|-----------|--------------------|-----|-------|---------|
| 1. Iris Onnink | DWK        | 1:30.11 | 200301836 | S10 <b>1:32.20</b> | 255 | 44.24 | 1:32.20 |

Programmanr. 30  
9-2-2019 - 18:45

Jongens, 200m vlinderslag

Jeugd 2 en later  
Resultaten

| rang naam             | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|-----------------------|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Leon van den Hof   | Dedemsvaart-AC | 2:20.47 | 200203269 | <b>2:18.37</b> | 30.40 | 1:05.68 |      | 2:18.37 |
| 2. Luc de Kreek       | DWK            | 2:22.71 | 200101661 | <b>2:20.07</b> | 30.34 | 1:05.61 |      | 2:20.07 |
| 3. Dylan Donkersteeg  | DWK            | 2:31.19 | 200202217 | <b>2:27.76</b> | 30.48 | 1:08.01 |      | 2:27.76 |
| 4. Gjal't Panjer      | DWK            | 2:33.89 | 200201943 | <b>2:30.15</b> | 32.29 | 1:10.84 |      | 2:30.15 |
| 5. Tristan Scholten   | Dedemsvaart-AC | 2:34.57 | 200201683 | <b>2:32.77</b> | 31.06 | 1:08.64 |      | 2:32.77 |
| 6. Raphael Mennen     | DWK            | NT      | 200103049 | <b>2:38.11</b> | 31.23 | 1:09.31 |      | 2:38.11 |
| 7. Edwin Kanis        | Deltasteur 1   | NT      | 200200505 | <b>2:39.18</b> | 31.41 | 1:10.71 |      | 2:39.18 |
| 8. Ruth Vahl          | Deltasteur 1   | 3:12.95 | 200101087 | <b>2:42.27</b> | 32.49 | 1:12.65 |      | 2:42.27 |
| 9. Dave Stitselaar    | DWK            | 3:10.02 | 200202219 | <b>2:59.70</b> | 35.33 | 1:18.86 |      | 2:59.70 |
| AFGEM Jesse Zweers    | Dedemsvaart-AC | 2:24.59 | 200100399 |                |       |         |      |         |
| AFGEM Dirk-Johan Wyma | DWK            | 3:29.89 | 200201051 |                |       |         |      |         |

Programmanr. 33  
9-2-2019 - 18:52

Dames, 200m wisselslag

Senioren 2 en later  
Resultaten

| rang naam                | vereniging     | intijd  | tijd      | RT             | 50m   | 100m | 150m | 200m    |
|--------------------------|----------------|---------|-----------|----------------|-------|------|------|---------|
| 1. Isabel Aardema        | DWK            | 2:25.38 | 200100364 | <b>2:28.29</b> | 32.11 |      |      | 2:28.29 |
| 2. Tessa van de Belt     | Dedemsvaart-AC | 2:29.95 | 200102056 | <b>2:28.95</b> | 32.43 |      |      | 2:28.95 |
| 3. Hanne te Velthuis     | Dedemsvaart-AC | 2:33.68 | 200201324 | <b>2:29.03</b> | 30.73 |      |      | 2:29.03 |
| 4. Manon Compagner       | Dedemsvaart-AC | 2:27.30 | 200101710 | <b>2:31.01</b> | 28.94 |      |      | 2:31.01 |
| 5. Nora Brouwer          | DWK            | 2:33.71 | 200300480 | <b>2:35.68</b> | 32.48 |      |      | 2:35.68 |
| 6. Manon de Man          | Deltasteur 1   | 2:40.05 | 200201458 | <b>2:36.94</b> | 33.97 |      |      | 2:36.94 |
| 7. Tara Schuurman        | Deltasteur 1   | 2:41.42 | 200400386 | <b>2:40.98</b> | 35.10 |      |      | 2:40.98 |
| 8. Harma van der Meer    | DWK            | 2:41.86 | 200200714 | <b>2:46.60</b> | 36.46 |      |      | 2:46.60 |
| 9. Aleid te Velthuis     | Dedemsvaart-AC | 2:45.03 | 200401470 | <b>2:47.43</b> | 35.82 |      |      | 2:47.43 |
| 10. Thirza van de Kraats | DWK            | 2:41.05 | 200200392 | <b>2:50.55</b> | 35.49 |      |      | 2:50.55 |
| 11. Meghan Mulder        | Dedemsvaart-AC | 2:49.54 | 200301734 | <b>2:51.37</b> | 37.00 |      |      | 2:51.37 |
| 12. Iris Kootstra        | Dedemsvaart-AC | 3:01.64 | 200404424 | <b>3:00.35</b> | 41.83 |      |      | 3:00.35 |
| 13. Ilona Kosse          | Dedemsvaart-AC | 3:02.44 | 200401966 | <b>3:02.21</b> | 42.46 |      |      | 3:02.21 |
| 14. Annet Hartholt       | Dedemsvaart-AC | 3:05.97 | 200401646 | <b>3:08.12</b> | 42.34 |      |      | 3:08.12 |
| 15. Iris Welhuis         | Dedemsvaart-AC | 3:13.66 | 200403678 | <b>3:13.98</b> | 45.00 |      |      | 3:13.98 |
| AFGEM Marieke de Jong    | DWK            | 2:54.56 | 200200390 |                |       |      |      |         |

KNZB Hoofdklasse Competitie #3  
Kampen, 9-2-2019



Programmanr. 34  
9-2-2019 - 19:02

Jongens, 200m schoolslag

Junioren 2 en later  
Resultaten

| rang naam   | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    | 150m | 200m    |
|---|----------------|---------|-----------|----------------|-------|---------|------|---------|
| 1. Thijs ten Koppel   | Deltasteur 1   | 2:47.73 | 200500357 | <b>2:45.34</b> | 35.92 | 1:18.60 |      | 2:45.34 |
| 2. Christian van der Werf   | Deltasteur 1   | 3:28.70 | 200600191 | <b>3:01.37</b> | 39.76 | 1:26.94 |      | 3:01.37 |
| 3. Bjorn Hueting  | DWK            | 3:09.60 | 200502829 | <b>3:08.37</b> | 41.93 | 1:30.11 |      | 3:08.37 |
| 4. Hielke Jan Penninkhof  | Deltasteur 1   | 3:30.87 | 200500569 | <b>3:09.23</b> | 41.32 | 1:30.03 |      | 3:09.23 |
| 5. Dennis Mosterman   | Dedemsvaart-AC | 3:36.00 | 200501283 | <b>3:27.73</b> | 46.42 | 1:39.65 |      | 3:27.73 |
| DIS Gijs Vrieling   | Dedemsvaart-AC | NT      | 200503811 |                |       |         |      |         |
| <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>  |                |         |           |                |       |         |      |         |
| DIS Lucas Leeuwis   | DWK            | NT      | 200603301 |                |       |         |      |         |
| <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.</i> |                |         |           |                |       |         |      |         |

Programmanr. 36  
9-2-2019 - 19:11

Meisjes, 100m rugslag

Junioren 3 en later  
Resultaten

| rang naam   | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |
|---|----------------|---------|-----------|----------------|-------|---------|
| 1. Demi Westendorp  | Deltasteur 1   | 1:07.59 | 200500262 | <b>1:08.95</b> | 33.62 | 1:08.95 |
| 2. Iris Sportel   | Dedemsvaart-AC | 1:19.29 | 200601048 | <b>1:16.22</b> | 36.81 | 1:16.22 |
| 3. Senna Geerdink   | Deltasteur 1   | 1:16.56 | 200500026 | <b>1:16.69</b> | 37.90 | 1:16.69 |
| 4. Julia van den Bosch  | Deltasteur 1   | 1:16.41 | 200600232 | <b>1:17.75</b> | 37.97 | 1:17.75 |
| 5. Marlies Dijsselhof   | Dedemsvaart-AC | 1:23.51 | 200601046 | <b>1:17.82</b> | 38.21 | 1:17.82 |
| 6. Carmen van der Laan  | Deltasteur 1   | 1:17.95 | 200600234 | <b>1:18.41</b> | 38.56 | 1:18.41 |
| 7. Leyona Lichtendonk   | Dedemsvaart-AC | 1:17.86 | 200700010 | <b>1:20.16</b> | 39.16 | 1:20.16 |
| 8. Yanou Vaessen  | DWK            | 1:23.47 | 200603666 | <b>1:22.28</b> | 40.12 | 1:22.28 |
| 9. Eline van Unen   | Deltasteur 1   | 1:27.60 | 200600520 | <b>1:23.24</b> | 41.19 | 1:23.24 |
| 10. Senna Levering  | DWK            | 1:27.32 | 200603892 | <b>1:23.41</b> | 41.69 | 1:23.41 |
| 11. Rebecca Reurink   | Dedemsvaart-AC | 1:31.66 | 200602112 | <b>1:25.15</b> | 41.00 | 1:25.15 |
| 12. Lyanne Spaan  | Dedemsvaart-AC | 1:29.74 | 200600216 | <b>1:27.29</b> | 42.98 | 1:27.29 |
| 13. Meike Fix   | Dedemsvaart-AC | 1:35.88 | 200600962 | <b>1:27.69</b> | 43.67 | 1:27.69 |
| 14. Marit Welhuis   | Dedemsvaart-AC | 1:35.49 | 200502816 | <b>1:33.70</b> | 46.84 | 1:33.70 |
| 15. Meia Stam   | DWK            | 1:42.04 | 200504408 | <b>1:35.79</b> | 46.59 | 1:35.79 |
| 16. Debora Spijker  | DWK            | 1:40.11 | 200604410 | <b>1:36.25</b> | 46.20 | 1:36.25 |
| 17. Marthe Versteeg   | DWK            | 1:39.54 | 200601310 | <b>1:36.67</b> | 46.39 | 1:36.67 |
| DIS Floor Werger  | Dedemsvaart-AC | 1:34.00 | 200602114 |                |       |         |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> |                |         |           |                |       |         |

Programmanr. 38  
9-2-2019 - 19:17

Heren, 100m vrije slag

Senioren Open  
Resultaten

| rang naam            | vereniging     | intijd | tijd      | RT           | 50m   | 100m  |
|----------------------|----------------|--------|-----------|--------------|-------|-------|
| 1. Luuk Nijland      | DWK            | 48.94  | 199700333 | <b>50.92</b> | 24.70 | 50.92 |
| 2. Serginni Marten   | DWK            | 51.08  | 199307281 | <b>51.64</b> | 24.40 | 51.64 |
| 3. Niek Heethaar     | DWK            | 52.18  | 199900999 | <b>51.91</b> | 24.30 | 51.91 |
| 4. Thomas Kappe      | DWK            | 51.45  | 199805141 | <b>52.01</b> | 24.52 | 52.01 |
| 5. Sepp Kalter       | Dedemsvaart-AC | 53.95  | 199704327 | <b>52.32</b> | 25.35 | 52.32 |
| 6. Peter de Boer     | Dedemsvaart-AC | 53.36  | 199206199 | <b>53.77</b> | 26.11 | 53.77 |
| 7. Jurre Stammes     | DWK            | 54.58  | 199701843 | <b>53.98</b> | 26.29 | 53.98 |
| 8. Max Voortman      | DWK            | 53.46  | 199902923 | <b>54.50</b> | 25.49 | 54.50 |
| 9. Stijn Boertien    | Dedemsvaart-AC | 52.88  | 200100719 | <b>55.26</b> | 25.64 | 55.26 |
| 10. Gert van t Oever | Deltasteur 1   | 52.86  | 198702403 | <b>55.96</b> | 26.44 | 55.96 |
| 11. Jari Hofsink     | Deltasteur 1   | 54.60  | 199700535 | <b>56.02</b> | 25.94 | 56.02 |
| 12. Jesper Kloek     | Dedemsvaart-AC | 55.71  | 199001585 | <b>56.40</b> | 26.34 | 56.40 |
| 13. Jarno van Lagen  | DWK            | 57.80  | 200001737 | <b>57.85</b> | 27.33 | 57.85 |
| 14. Raymond van Unen | Deltasteur 1   | 58.52  | 200000523 | <b>58.81</b> | 27.43 | 58.81 |

KNZB Hoofdklasse Competitie #3  
Kampen, 9-2-2019



Programmanr. 39  
9-2-2019 - 19:22

Dames, 50m vlinderslag

Senioren Open  
Resultaten

| rang | naam                     | vereniging     | intijd | tijd      | RT           |
|------|--------------------------|----------------|--------|-----------|--------------|
| 1.   | Pauline Gouwens          | DWK            | 28.69  | 198400790 | <b>28.56</b> |
| 2.   | Annet van Stratum        | Deltasteur 1   | 29.34  | 199003640 | <b>29.71</b> |
| 3.   | Marit Boxum              | Deltasteur 1   | 29.56  | 200000068 | <b>30.07</b> |
| 4.   | Maaïke van Veen          | Dedemsvaart-AC | 29.92  | 199700292 | <b>30.22</b> |
| 5.   | Stéphanie Dekker-Bergsma | Dedemsvaart-AC | 29.41  | 199203374 | <b>30.27</b> |
| 6.   | Laura Compagner          | Dedemsvaart-AC | 30.35  | 199804602 | <b>30.41</b> |
| 7.   | Michelle Zomerdijk       | Dedemsvaart-AC | 31.46  | 200003196 | <b>30.51</b> |
| 8.   | Celine Schoenmaker       | DWK            | 30.38  | 199801976 | <b>30.85</b> |
| 9.   | Amy Lynn Zweers          | Dedemsvaart-AC | 29.90  | 200300390 | <b>30.94</b> |
| 10.  | Naomi Hofsink            | Deltasteur 1   | 31.34  | 199402508 | <b>31.13</b> |
| 11.  | Linde Kolkman            | Dedemsvaart-AC | 30.45  | 200001114 | <b>31.21</b> |
| 12.  | Lotte Rougoor            | Dedemsvaart-AC | 30.38  | 200000774 | <b>32.27</b> |
| 13.  | Maud Kuipers             | Dedemsvaart-AC | 31.50  | 200201894 | <b>32.33</b> |
| 14.  | Maaïke Doornwaard        | Deltasteur 1   | 30.77  | 199800264 | <b>32.80</b> |
| 15.  | Anoeska van de Kraats    | DWK            | 32.22  | 199701284 | <b>33.55</b> |
| 16.  | Marleen Snapper          | DWK            | 34.27  | 199805214 | <b>33.86</b> |
| 17.  | Marleen Welten           | Deltasteur 1   | 31.95  | 199701526 | <b>33.98</b> |

Programmanr. 40  
9-2-2019 - 19:25

Jongens, 50m rugslag

Minioren 6 en later  
Resultaten

| rang | naam            | vereniging     | intijd | tijd      | RT           |
|------|-----------------|----------------|--------|-----------|--------------|
| 1.   | Emiel de Bruijn | Dedemsvaart-AC | 40.31  | 200700953 | <b>38.84</b> |
| 2.   | Mart Tempelman  | Dedemsvaart-AC | 45.69  | 200801075 | <b>45.19</b> |
| 3.   | Duuk Harms      | Dedemsvaart-AC | 45.38  | 200900201 | <b>45.68</b> |

Programmanr. 41  
9-2-2019 - 19:26

Meisjes, 100m schoolslag

Junioren 1 en later  
Resultaten

| rang  | naam               | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|--------------------|----------------|---------|-----------|----------------|-------|---------|
| 1.    | Lily Zandstra      | Dedemsvaart-AC | 1:42.84 | 200701418 | <b>1:41.76</b> | 47.29 | 1:41.76 |
| 2.    | Esther Dijsselhof  | Dedemsvaart-AC | 1:44.68 | 200800784 | <b>1:42.33</b> | 48.49 | 1:42.33 |
| 3.    | Sofie Kragt        | Dedemsvaart-AC | 1:46.48 | 200701020 | <b>1:48.15</b> | 51.14 | 1:48.15 |
| 4.    | Esmé Sportel       | Dedemsvaart-AC | 1:53.82 | 200900682 | <b>1:48.23</b> | 52.03 | 1:48.23 |
| 5.    | Jinte van Ginkel   | DWK            | 1:55.36 | 200701286 | <b>1:53.48</b> | 53.07 | 1:53.48 |
| 6.    | Karlijn Bredenoort | Dedemsvaart-AC | 1:58.41 | 200800340 | <b>1:57.83</b> | 55.24 | 1:57.83 |
| AFGEM | Lieke van den Berg | DWK            | 1:44.93 | 200702356 |                |       |         |

Programmanr. 43  
9-2-2019 - 19:31

Jongens, 100m vrije slag

Junioren 4 en later  
Resultaten

| rang  | naam              | vereniging     | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|-------------------|----------------|---------|-----------|----------------|-------|---------|
| 1.    | Kylian Heederik   | Deltasteur 1   | 57.39   | 200300353 | <b>55.81</b>   | 26.45 | 55.81   |
| 2.    | Robert Dragt      | Deltasteur 1   | 59.89   | 200400239 | <b>57.40</b>   | 27.41 | 57.40   |
| 3.    | Niels Kragt       | Dedemsvaart-AC | 58.52   | 200300155 | <b>58.06</b>   | 27.71 | 58.06   |
| 4.    | Quinn Heederik    | Deltasteur 1   | 1:01.87 | 200400093 | <b>1:00.53</b> | 29.07 | 1:00.53 |
| 5.    | Matthew Critchell | Deltasteur 1   | 1:01.16 | 200403011 | <b>1:00.63</b> | 28.79 | 1:00.63 |
| 6.    | Frank Tibben      | Dedemsvaart-AC | 1:01.35 | 200303321 | <b>1:03.07</b> | 30.02 | 1:03.07 |
| 7.    | Rick de Kreek     | DWK            | 1:03.40 | 200400201 | <b>1:03.13</b> | 29.82 | 1:03.13 |
| 8.    | Leonardo Hassing  | Dedemsvaart-AC | 1:01.86 | 200402377 | <b>1:03.54</b> | 29.70 | 1:03.54 |
| 9.    | Sem Wellenberg    | Dedemsvaart-AC | 1:04.65 | 200301301 | <b>1:05.32</b> | 31.71 | 1:05.32 |
| 10.   | Marnix Leeuwis    | DWK            | 1:12.17 | 200404491 | <b>1:08.99</b> | 32.26 | 1:08.99 |
| 11.   | Teun van Essen    | DWK            | 1:12.45 | 200403051 | <b>1:11.14</b> | 34.12 | 1:11.14 |
| 12.   | Torben Rijnkels   | Dedemsvaart-AC | 1:17.22 | 200404603 | <b>1:12.93</b> | 34.15 | 1:12.93 |
| AFGEM | Chiel Kootstra    | Dedemsvaart-AC | 1:00.80 | 200301463 |                |       |         |



Programmanr. 45  
9-2-2019 - 19:36

Meisjes, 400m wisselslag

Jeugd 2 en later  
Resultaten

| rang | naam   | vereniging                                   | intijd            | tijd                                     | RT |
|------|--|--|-------------------|--|----|
| 1.   | Ismay Lichtendonk<br>50m: 31.47<br>100m: 1:09.83 | Dedemsvaart-AC<br>31.47 150m:<br>38.36 200m: | 5:07.03 200400622 | <b>5:14.92</b><br>350m:<br>400m: 5:14.92 |    |
| 2.   | Milou ten Koppel<br>50m: 32.68<br>100m: 1:13.02  | Deltasteur 1<br>32.68 150m:<br>40.34 200m:   | 5:21.98 200302572 | <b>5:18.14</b><br>350m:<br>400m: 5:18.14 |    |
| 3.   | Alessia Sluis<br>50m: 33.72<br>100m: 1:14.08     | Dedemsvaart-AC<br>33.72 150m:<br>40.36 200m: | 5:27.13 200300896 | <b>5:25.29</b><br>350m:<br>400m: 5:25.29 |    |
| 4.   | Lena Minderaa<br>50m: 32.23<br>100m: 1:11.90     | DWK<br>32.23 150m:<br>39.67 200m:            | 5:33.19 200300252 | <b>5:28.36</b><br>350m:<br>400m: 5:28.36 |    |
| 5.   | Tessa Sportel<br>50m: 34.54<br>100m: 1:18.61     | Dedemsvaart-AC<br>34.54 150m:<br>44.07 200m: | 5:30.80 200401644 | <b>5:33.02</b><br>350m:<br>400m: 5:33.02 |    |
| 6.   | Monica Faber<br>50m: 35.74<br>100m: 1:18.71      | Deltasteur 1<br>35.74 150m:<br>42.97 200m:   | NT 200400388      | <b>5:33.51</b><br>350m:<br>400m: 5:33.51 |    |
| 7.   | Sanne van Dijk<br>50m: 37.95<br>100m: 1:22.09    | Deltasteur 1<br>37.95 150m:<br>44.14 200m:   | NT 200301908      | <b>5:37.80</b><br>350m:<br>400m: 5:37.80 |    |
| 8.   | Vera Renshof<br>50m: 34.17<br>100m: 1:17.18      | DWK<br>34.17 150m:<br>43.01 200m:            | 5:33.98 200301582 | <b>5:42.89</b><br>350m:<br>400m: 5:42.89 |    |
| 9.   | Manon Tiggelaar<br>50m: 36.01<br>100m: 1:19.93   | Dedemsvaart-AC<br>36.01 150m:<br>43.92 200m: | 5:38.14 200400394 | <b>5:44.64</b><br>350m:<br>400m: 5:44.64 |    |
| 10.  | Jade Hazeleger<br>50m: 38.36<br>100m: 1:27.65    | DWK<br>38.36 150m:<br>49.29 200m:            | 6:44.73 200403394 | <b>6:18.13</b><br>350m:<br>400m: 6:18.13 |    |

Programmanr. 47  
9-2-2019 - 19:50

Heren, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang | vereniging   | intijd   | tijd                       | RT             |
|------|--|--|----------------------------|----------------|
| 1.   | DWK 1<br>Serginni Marten 93 25.30<br>Niek Heethaar 99              | 3:23.65<br>52.59 Thomas Kappe<br>51.05 Luuk Nijland    | <b>3:27.91</b><br>98<br>97 | 53.90<br>50.37 |
| 2.   | Dedemsvaart-AC 1<br>Stijn Boertien 01 25.31<br>Leon van den Hof 02 | 3:32.31<br>53.62 Sepp Kalter<br>52.83 Peter de Boer    | <b>3:31.59</b><br>97<br>92 | 52.04<br>53.10 |
| 3.   | DWK 2<br>Max Voortman 99 25.68<br>Dylan Donkersteeg 02             | 3:33.94<br>54.13 Jurre Stammes<br>53.29 Kevin Eltink   | <b>3:34.07</b><br>97<br>91 | 53.77<br>52.88 |
| 4.   | Deltasteur 1 1<br>Gert van t Oever 87 26.76<br>Jari Hofsink 97     | 3:40.55<br>56.85 Gert Norg<br>55.82 Kylian Heederik    | <b>3:45.73</b><br>94<br>03 | 56.03<br>57.03 |
| 5.   | Dedemsvaart-AC 2<br>Arjan Prins 82 27.32<br>Jesper Kloek 90        | 3:40.38<br>58.90 Niels Kragt<br>56.66 Tristan Scholten | <b>3:48.56</b><br>03<br>02 | 58.09<br>54.91 |

Programmanr. 49  
9-2-2019 - 19:54

Dames, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang | vereniging  | intijd                           | tijd   | RT   |
|------|---|----------------------------------|--|--|
| 1.   | Dedemsvaart-AC 1<br>Maaïke van Veen<br>Hanne te Velthuis        | Dedemsvaart-AC<br>97 29.11<br>02 | 3:56.92<br>1:00.77 Michelle Zomerdijk<br>58.50 Manon Compagner | <b>3:57.60</b><br>00 59.45<br>01 58.88     |
| 2.   | Deltasteur 1 1<br>Annet van Stratum<br>Marit Boxum              | Deltasteur 1<br>90 28.45<br>00   | 4:00.03<br>59.42 Manon de Man<br>59.59 Naomi Hofsink           | <b>4:00.31</b><br>02 1:01.91<br>94 59.39   |
| 3.   | DWK 1<br>Birgit van Buiten<br>Isabel Aardema                    | DWK<br>02 29.19<br>01            | 3:57.25<br>1:00.95 Vera Renshof<br>1:01.58 Pauline Gouwens     | <b>4:01.76</b><br>03 1:00.89<br>84 58.34   |
| 4.   | Dedemsvaart-AC 2<br>Eline Dankelman<br>Stéphanie Dekker-Bergsma | Dedemsvaart-AC<br>02 29.24<br>92 | 4:05.76<br>1:01.24 Laura Compagner<br>1:02.07 Amy Lynn Zweers  | <b>4:09.33</b><br>98 1:03.18<br>03 1:02.84 |
| 5.   | DWK 2<br>Nora Brouwer<br>Sanne Ditzel                           | DWK<br>03 30.25<br>99            | 4:05.76<br>1:04.71 Celine Schoenmaker<br>1:03.69 Lena Minderaa | <b>4:19.76</b><br>98 1:03.34<br>03 1:08.02 |